
SPIRITUAL GROWTH MINISTRIES



Resources for the Spiritual Journey

2022 Calendar

Website: www.sgm.org.nz

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

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SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

This Calendar outlines retreats and other events which individuals may find of benefit in their spiritual journey. However Spiritual Growth Ministries Trust does not give warranty as to the suitability of a particular event for a particular individual. Individuals considering attending an event are responsible for making their own judgement as to whether the event will be suitable for them. Views, teaching or statements at the events are not necessarily those of either Spiritual Growth Ministries Workgroup or Spiritual Growth Ministries Trust.

SPIRITUAL GROWTH MINISTRIES TRUST

Spiritual Growth Ministries is a network of people from diverse Christian traditions and experience who find depth and meaning through the Christian heritage of contemplative spirituality. SGM aims to enable people to develop spiritual resources for their life and work by deepening their relationship with God in Jesus Christ through spiritual direction, training, retreats and other experiences of prayer.

SPIRITUAL GROWTH MINISTRIES TRUST WORKGROUP

Jane Wilkinson	Anglican/Baptist, Wellington (Convenor)
Fran Francis	Vineyard, (Formation Programme Co-ordinator)
David Crawley	Anglican, Auck. (Assistant Prog. Co-ordinator)
Adrienne Bruce	Anglican, Dannevirke (Administrator)
Jo Anastasiadis	AOG, Wellington
Joanne Garton	Non-denominational, Auckland.
Diane Gilliam-Weeks	Presbyterian, Wellington.
Bruce Maden	Te Aroha Noa, Palmerston North
Trish O'Donnell	Catholic, Christchurch
Vicki Roberts	Changepoint, Tauranga

HOW YOU CAN HELP SGM

1. Contact the Convenor if you can assist our work in your area.
2. The Spiritual Directors Formation Programme is funded from fees and donations, and SGM seeks continued support both in prayer and financial assistance for this work.
3. The Spiritual Growth Ministries Trust has been established to secure the future work of SGM. Financial gifts to the Trust are most welcome and can be made by
 - online internet banking to **03-0166-0198782-00**
 - with Westpac (our SGM bank – account number above). **If you do not have an internet banking option**, your bank should be able to assist with a manual deposit. Take the **bank account number** above to your bank and ask the teller to put **your name & town** as a **reference**. Also send the administrator a note (or email) with your name and address requesting a receipt (see details on page 3). This will help the administrator identify your deposit. We are endeavouring **to build an email database** so we can email your tax-deductible receipts whenever possible so emailing us is appreciated.Your tax-deductible receipt requires your **name** and **address**.

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- the SGM website www.sgm.org.nz - but do please note that a small percentage is deducted from your donation by the business providing this service to us.
4. Friends of SGM contribute regularly to our work. Some prefer to make a regular commitment with an Automatic Payment to the SGM Bank Account (see No. 3 above). If you choose this option, you will receive a tax-deductible receipt as soon as possible after 31st March each year.
 5. Update your will to include a bequest to Spiritual Growth Ministries Trust.
 6. Be on our mailing list. Send your name and address to the Administrator (see details below).

SGM ADDRESSES

Website: www.sgm.org.nz

Administrator: Adrienne Bruce
P.O. Box 33, Dannevirke 4942
Email: admin@sgm.org.nz
Phone: (021) 432 768

Editor of Refresh: Anna Johnstone,
Flat 2, 143A Manuka Road, Bayview, Auckland 0629
Email: annajay@xtra.co.nz

Spiritual Directors Formation Programme Co-ordinator:

Fran Francis
14 Oruamo Place, Beach Haven, Auckland 0626
Email: fran.francis@sgm.org.nz

SGM JOURNAL - REFRESH

The SGM Journal, **Refresh**, is produced twice a year around a particular theme of contemplative spirituality. The Journal is available from the Administrator: admin@sgm.org.nz and can also be viewed online at the SGM website www.sgm.org.nz

No charge is made for postage of the Journal, but an annual donation of \$20 would be appreciated to help with costs.

Editor: Anna Johnstone - see above for contact details

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FORMATION PROGRAMME FOR SPIRITUAL DIRECTORS

SGM's two-year programme offers comprehensive formation and training in both the theory and practice of spiritual direction. The course includes

- the regular giving of spiritual direction under supervision
- reading and written assignments
- attendance at regular workshops - five single days in each year
- a week-long residential event in the first year, and
- a residential weekend at the end of the second year

This programme prepares graduates to apply for associate membership of the Association of Christian Spiritual Directors in Aotearoa New Zealand (ACSD). After completing a further fifty hours of giving spiritual direction with regular supervision, associate members may apply for full membership.

Formation Programme applicants are expected to have

- experience of receiving regular spiritual direction over at least twelve months
- experience of attending silent, directed retreats
- a degree of maturity based on life and faith experience
- a grasp of the spiritual life, Scripture, and theology
- some understanding of human developmental psychology
- a capacity to listen empathetically and sensitively

Pre- or co-requisites for the programme include:

- gaining familiarity with personality type theory through a Myers-Briggs workshop
- attendance at an Enneagram workshop is a pre-requisite
- participating in a workshop on Christian Dreamwork
- completing a 5-day silent directed retreat
- NZ participants - a Treaty of Waitangi Workshop

Formation Programme costs

Costs for 2022/23 Programme: *(all figures include GST)*

Application fee before 20 Sept:	\$ 50.00
Late applications, after 20 Sept:	\$ 100.00
Programme fee Year One, 2022:	\$ 3,825.00
N.B. the Y1 fee includes \$695 costs for the Residential Week	
Programme fee Year Two, 2022:	\$ 3,050.00 <i>(2021-2022 cohort)</i>
Programme fee Year Two, 2023:	\$ 3,130.00 <i>(2022-2023 cohort)</i>
Closing Weekend 2022:	\$ 300.00 (approx.)

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A subsidy of \$500 may be available for New Zealand citizens.

Options include paying by monthly automatic payments or in 3 instalments.

Additional costs include: Supervision fee - \$70 per session approx. (varies according to individual supervisors), books, travel to workshops, and personal monthly spiritual direction. Second year additional costs also include a Closing Weekend retreat (see above).

Due to Covid-19 we will not be offering the programme to overseas participants until further notice.

SGM has a 'Donor Sponsorship Fund' from donations generously given by individuals specifically to assist NZ resident programme participants who face financial hardship with fees or travel costs. Participants may request more information about this at the time of their interview.

Please note that all enquirers are treated individually according to their experience, so, if you:

- are interested in helping others grow in their relationship with God
- already have people approaching you to talk about their spiritual life
- sense God's invitation to consider this area of ministry
- have been receiving regular spiritual direction for at least twelve months

Find out more or complete an online application: www.sgm.org.nz

For further enquiries email the National Co-ordinator: fran.francis@sgm.org.nz

Phone: (027) 4817016

EARLY BIRD APPLICATIONS CLOSE 20 SEPT **BUT** LATE APPLICATIONS ARE WELCOME

SPIRITUAL DIRECTION

Spiritual direction offers quality listening and assistance in hearing God's voice, reflecting on the journey and facing into the movements of grace in our lives.

The **Association of Christian Spiritual Directors** in Aotearoa New Zealand (ACSD) has members in most parts of the country. Enquiries can be made through: www.acsd.org.nz

The SGM Administrator may also be able to help with contacts in your area: admin@sgm.org.nz (021) 432 768

RETREATS

While the term "retreat" is sometimes loosely used to include conferences, church camps or business strategy and team-building events, none of those is what we mean by the term! A retreat is a time set aside to be with God. It is a time to lay aside our agenda and many of the normal things that fill our lives and our minds, and to focus more completely on God's agenda for us. It is a time to hear God's word of love. It is a time to experience forgiveness and cleansing. It is a time to hear the Lord's call and to sort out our priorities. It is a time for healing and challenge. It's a time to journey further in "the way".

RETREATS ARE LISTED UNDER THE APPROPRIATE REGION.
REQUESTS FOR INFORMATION AND REGISTRATION SHOULD BE MADE TO THE CONTACT PERSON LISTED.

ACCESSIBILITY INFORMATION

Where we have received the information, we have indicated events that have wheelchair access. This is a guide. People with particular accessibility needs are welcome to enquire with the contact person listed for specific events.

SGM SPECIAL INTEREST PAPERS

A list of selected special interest papers written by participants of SGM's Spiritual Directors Formation Programme is available on our website. New papers are added throughout the year so check the website periodically for the latest details. www.sgm.org.nz

This section of the Calendar publicises events organised both nationally and locally in various parts of the country. For further information and registrations for these events communicate with the local contact person(s) listed for each event.

NATIONAL/ONLINE EVENTS

We have made a few changes to our layout in this edition due to Covid-19 and the rise in the use of Zoom, Skype and other online methods of connecting. Events on Zoom etc. will appear here and where appropriate will also be noted in the appropriate region/s. Do check out all the sections of this Calendar of Events – we would hate you to miss out!

March to November

June to February **WALKING THE MYSTICAL PATH** A nine-month 'at home' contemplative living programme

This is an 'at home' programme for those wishing to integrate a contemplative dimension into their lives. The programme offers resource material for reading, reflection, spiritual practices, and includes individual spiritual companionship as well as group reflection sessions via zoom. During the programme we look at five strands of the contemplative path: theology, prayer/contemplation, compassion, co-creation and social justice through teachings and practices of contemporary mystics such as Merton, Newell, Bourgeault, Baxter, Rohr, Fox, Doherty, Finley, Aubert, Cowley to name a few. This is an experiential programme to support your own knowing of the contemplative Spirit.

Facilitator: Agnes Hermans, ACSD, and a coordinator of the Contemplative Network Aotearoa.

Cost: \$340 for materials and spiritual companionship sessions.

Enquiries/registration: There are now two opportunities during the year to commence this programme. Please contact Agnes on (027) 202 6077 or amhermans@xtra.co.nz by 6th March for the March 2022 start date or 5th June for the June 2022 start date.

April to November – 30 WEEK IGNATIAN RETREAT following the Spiritual Exercises of Ignatius.

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and

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post-retreat follow-up is included. The purchase of a resource book is required – ‘Draw me into your friendship – the Spiritual exercises’ by David L Fleming S.J.

Facilitator: Rev’d Arthur Bruce ACSD **Cost:** Negotiable

Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype, Zoom or phone.

Enquiries/registration: by 31st March 2022 to Arthur (021) 432 928 or arthurlbruce@gmail.com

April 2022 to March 2023 – WISDOM SCHOOL – the beauty of stumbling Home

This twelve-month Wisdom School (WS) offers an opportunity for personal and collective journeying Home to our deeper, truer selves. It is based on the premise that our lives are not straight forward, that we seem to stumble along, moving through cycles of dependence, independence, and inter-dependence or as Rohr says, through phases of order, disorder, and reorder (Covid 19 is major ‘disorder’). In time there is a shift from an outward focus to an inward one and ultimately focusing out again from our innermost selves. These experiences are poetry in motion, and we may sense them through experiences such as: reading a book several decades apart and getting a whole new meaning from it; finding that we’re gentler with ourselves or noticing ragged beauty where once we might have passed it by. Gradually, slowly, almost imperceptibly, we find ourselves more able to truly let life be as it is - unattached to outcome. We find that we know from a quiet and deep inner place and, rather than relying on others’ ideas, we begin to trust and appreciate these stumblings as our way Home. This WS will have monthly readings and bi-monthly 90-minute zoom sessions so we can check in as a community and learn with, from, and for each other. It will conclude with a five-day residential WS at the Te Moata Retreat Centre on the 16th - 20th March 2023. It will be helpful, and not essential to have attended a Wisdom School before or taken the Walking the Mystical Path programme – and to be open to where the year may lead you...

This WS will be facilitated by Pat Neuwelt and Pip Nicholls and will be open to 23 others so we can all fit within the one zoom screen. If more people are interested, we may have two groups up to a maximum of 37 (that’s how many can stay at Te Moata).

Venue: From home until the residential (starting 16th March 2023)

Dates: First zoom on the 1st April 2022

Cost: Fee for first 12 months: \$150.00. Residential fee WS at Te Moata is additional.

Further Information/registration: by the 1st February 2022 to: pat.neuwelt@gmail.com

February to November MONTHLY SPIRITUAL DIRECTION VIRTUAL SUPPORT GROUP

This group meets monthly gathering Spiritual Directors from both New Zealand and abroad, meeting monthly by Zoom, with participants taking turns to contribute the various elements of

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the hour-long session: devotions, professional development topics, sharing resources and how their spiritual direction practice is going.

When: monthly on the first Tuesday of each month – February to November by Zoom

Contact: Petra Corbett (021) 738 675 or petracorbett@gmail.com

WELLINGTON CAMINO - Waikanae to Wellington Pilgrimage

Walk 90km Waikanae Beach to Island Bay mainly (with some adjustments) along Te Araroa route. April 2nd to 9th.

For all details see Wellington Region – page 24-25 CHECK THIS

SENSIBLE SHOES ONLINE GROUP

Sharon Garlough Brown's book 'Sensible Shoes' follow four women who are drawn into a spiritual formation journey. The Study Guide discusses their journey and provides an opportunity to try out the spiritual practices they engage in. Would you like to be a member of a small online group that engages in 12 weeks of Scripture, prayer, and reflection questions to help you grow deeper in Christ?

For more information contact Marven Harkness: marven.harkness@omfmail.com or (022) 042 4933

ONLINE AND LOCALITY-BASED CONTEMPLATIVE PRACTICE GROUPS

The Contemplative Network Aotearoa (www.contemplative.org.nz) offers practice-based opportunities for people interested in exploring the Christian contemplative tradition through a number of online and locality-based groups which are open to contemplatives from any tradition. Occasional retreats, wisdom schools and newsletters are also offered. Please visit the website above for further information.

Oct ‘BECOMING THE BELOVED’

24-31 *Retreat in Daily Life by Zoom*

Nov The retreatants will meet by zoom each Monday 9.30-11.00am.

7, 14 Henri Nouwen’s book ‘Life of the Beloved’ will be the springboard for reflection.

Attendees to purchase for use as part of their week’s reflection.

The zoom meeting on Mondays will introduce the topic for the day/week reflection:

Dates: October 24th *Taken*

October 31st *Blessed*

November 7th *Broken*

November 14th *Given*

Cost: \$100 plus koha if you want spiritual direction

Facilitators: Jeannie Martin Blaker and Eamon Butler

Registration: jmartin.blaker@gmail.com

REGIONAL EVENTS

NORTHLAND

In Northland we have a network of people offering various programmes and events including:

- quiet days using the arts (such as clay, paint, mosaics, collage) as a vehicle to deepen the reflective process
- opportunities to develop contemplative practices such as Christian meditation, centering prayer, chant, lectio divina (sacred reading)
- talks and seminars with input from guest presenters, either live or DVD / audio
- day or weekend retreats
- ad hoc book study groups
- Retreats in the Midst of Daily Life

These events tend to be planned and promoted 4-8 weeks prior to commencement and promoted via email networks. To link into the communications network around these people and events, please contact Anne McCracken annemc2@outlook.com and request that your name be added to the email group for this information.

ST ISAAC'S RETREAT HOUSE OPONONI

St Isaac's is an ecumenical place of prayer and quiet set among the Hokianga hills. The ancient Prayer of the Church is prayed twice daily. Communion from the reserved sacrament is celebrated on Wednesday (visiting Clergy are welcome to celebrate if your stay is over a Wednesday). There is a well-stocked library, and the extensive grounds include the Stations of the Cross and several bush walks. Accommodation - in self-contained houses. We can accommodate small groups in individual rooms up to 6 or larger groups with some sharing up to 9. The Warden's House is furnished for groups to self-cater and share kai together. Or consider making St. Isaac's a place for your private annual retreat. Maranu Gascoigne looks forward to your email stisaacs.wardens@xtra.co.nz Phone: (09) 405 8349 / (021) 071 7033 Waitemarama Gorge Road, P.O. Box 93 OPONONI 0445

CHAPEL HOUSE RETREAT

27 Woodward Road, Whatitiri, RD9 Whangārei, ph: (09) 434 6630
Chapel House, set within the scenic volcanic region of Maungatapere, 20 minutes' drive from Whangārei city, offers peace, quiet and a prayerful atmosphere within a garden, bush and countryside environment. A suitable venue for small group quiet days or similar related activity. Accommodation for longer retreats, as well as spiritual direction, also available. Contact Rosemary for further inquiry at Rosemary.Blackwell@xtra.co.nz

SPIRITUAL DIRECTORS NETWORK

Northland-based spiritual directors meet twice annually, in May and October, for mutual encouragement, information and up-skilling. Venues to be confirmed. For further information, contact Anne McCracken annemc2@outlook.com

WHANGAREI LABYRINTHS

There are two outdoor labyrinths in Whangārei that are available for public use. St Stephen's Anglican Church, Church Street, Neriah.
A Chartres style labyrinth at the back of Marion Ross' home at 1 Memorial Drive, Riverside. Just turn up and walk. Koha appreciated.

AUCKLAND

VAUGHAN PARK ANGLICAN RETREAT AND CONFERENCE CENTRE – 1043 Beach Road, Long Bay, Auckland 0630

Vaughan Park Anglican Retreat and Conference Centre is a beautiful, restful and refreshing space and place at Long Bay on the North Shore of Tāmaki Makaurau, Auckland.

We offer an inclusive, welcoming and gracious oasis of peace, prayer and generous hospitality to individuals, churches, communities, charitable and corporate groups.

We gift international Scholarships to writers, academics, artists, musicians and creatives and offer an encouraging gateway for those who want to publish, share and showcase their work on our Moments page <https://vaughanpark.nz/moments>

You can find out more about what we offer @ www.vaughanpark.org.nz and/or email us at admin@vaughanpark.org.nz

LABYRINTH – MT EDEN

The Labyrinth at Eden Community Church, Corner of Alderley Road and View Road, Mt Eden, Auckland is available for anyone at any time to use. If you wish to use it as a group, please book through the church office: admin@edencommunitychurch.org
Entry is on Alderley Road, through the church carpark.

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LABYRINTH – CAMPBELL’S BAY

The Anglican Church of Saint John the Evangelist has a Lavender Labyrinth in the pattern of the labyrinth of Chartres Cathedral.

All are welcome to visit. It is still under construction but is being used for meditation and prayer and will eventually have lavenders throughout. The church and group room are available for retreat days for up to 15 people. We are happy to lead retreat days for groups. For further details contact Rev’d Dr Kay Brightley, Vicar, St John’s Anglican Church 327 Beach Road, Campbells Bay North Shore, Auckland (021) 275 6763 or email: kdhbrightley@xtra.co.nz

PEACEMAKERS CONTEMPLATIVE COMMUNITY AND RETREAT CENTRE

116 Fordyce Road, Parakai, Auckland

Come to a quiet, restful and healing Oasis for time out in the unforced rhythms of grace.

Create your own retreat or have me, Susannah Connolly, assist you.

Five-day retreats on request designed for you personally and for your small group.

Spiritual Direction and Supervision is available.

Spiritual Directors - come and create your own retreats for your own groups, at affordable prices.

Phone Susannah Connolly 027 2861264 or email: counselling@safetynet.co.nz

Silent Retreats: Two days/one week available with Susannah Connolly on request, designed together. Come alone or bring a small group of up to 8.

Five - and Seven-day silent retreats for SGM participants, directed by Susannah Connolly.

Contemplative Workshops in 2022: Spiritual Abuse and how to work with it in SD.

Spiritual Formation groups to be announced next year, send us your email and we will keep you on our list. MBTI possibilities and Creative, silent and experiential retreats happening: sleeping under the stars.

SPIRITUAL DIRECTORS’ NETWORK - AUCKLAND

All Spiritual directors, and those in training, are most welcome to be part of this support group which holds meetings throughout the year. Guest speakers are selected for each gathering where there is opportunity for professional development, spiritual refreshment and fellowship with other spiritual directors. Please come and join us!

Refresher Day 2022

Saturday 19 February 9am – 3.30 pm at the Eden Community Church.

Topic: God’s Creativity. A day of variety to enrich and develop us as spiritual directors.

Other meetings throughout the 2022 year

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May Zoom evening (date to be announced) – Spiritual Direction & Clergy - Jane Wilkinson and Vic Francis

August 13 – Saturday morning at the Friary – guest speakers on various topics (to be announced)

October evening – speaker: Mary Betz (date and location to be announced)

For further information or to join our email list please contact:

Jeannie Martin Blaker: jmartin.blaker@gmail.com (09) 629 3082

or Jo Garton: joannegeoff@xtra.co.nz (021) 136 7743

Please note our website for up-to-date info: www.sdnetworkauckland.org

PIRINGA DEBRIEFING CENTRE –

is situated in Algies Bay (just out of Warkworth) and provides a residential personal debrief especially for those involved in different ministry/missions/church contexts. We seek to provide a safe place for people to process the events of the past in order to grow emotionally, mentally, physically and spiritually, so they can move forward into the future in more healthy ways. We believe it is God’s desire for each individual to experience deeper wholeness in all areas of our lives, this is especially important in times of transition. People come and stay (self-catering) for a week – arriving Sunday evening and leaving mid-day the following Friday. We only have one unit (e.g. single/couple/family) at a time.

For more information please go to our website www.piringa.org.nz

Gavin and Michelle McConnell.

SENSIBLE SHOES ONLINE GROUP

Sharon Garlough Brown's book 'Sensible Shoes' follow four women who are drawn into a spiritual formation journey. The Study Guide discusses their journey and provides an opportunity to try out the spiritual practices they engage in. Would you like to be a member of a small online group that engages in 12 weeks of Scripture, prayer, and reflection questions to help you grow deeper in Christ?

For more information contact Marven Harkness: ph (022) 042 4933

marven.harkness@omfmail.com

TITIRANGI TIME-OUT

A native forest setting/5 min walk to Titirangi beach - comfortable quiet BnB space available for singles/couple to have reflective time-out or retreat (1-5 days). Bush walks, forest and shore birds. Spirituality/theology library. Meals and spiritual direction available. Koha. Mary Betz (ACSD – see <https://acsd.org.nz/spiritual-director/mary-betz/>) is a spiritual director and writer and gives workshops and retreats in the areas of ecology, justice and spirituality. She has worked around New Zealand and in Canada in the fields of environment, adult faith education and social justice. Her PhD (Otago 2004) explored images of God.

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She welcomes people who have lots of questions or who simply want stillness.

Contact Mary at maabetz@gmail.com or (09) 817 2151 or (021) 0278 3232.

Feb 19 SPIRITUAL DIRECTORS' SUPPORT GROUP REFRESHER DAY

Don't miss this popular annual event offered by the Auckland Spiritual Directors' Network. Spiritual Directors, and those in training, from all regions are welcome to this day of professional development, spiritual refreshment, and general good times with people we don't see nearly enough of.

Topic: God's Creativity: A day of variety to enrich and develop us as spiritual directors.

Date: Saturday 19th February 9.00am – 3.30pm

Cost: \$30 Bring your own lunch. Tea and coffee provided.

Venue: Eden Community Church - cnr 74 View Rd and Alderley Rd, Mt Eden, Auckland (car park entry on Alderley Road).

For more information and registration contact -

Jeannie Martin Blaker: jmartin.blaker@gmail.com (09) 629 3082

or Jo Garton: joannegeoff@xtra.co.nz (021) 136 7743

Apr 22-27 DEEPER – A SILENT, DIRECTED RETREAT

Jesus said, "Go out into deeper water and let down your nets". Is the invitation to go deeper resonating with you? Enjoy the restful rhythms of silence, solitude, and simplicity, supported by daily spiritual direction with experienced directors at St Francis Retreat Centre, Auckland while exploring this mysterious invitation. A daily rhythm of morning communal silence and evening prayer focussed on the retreat theme gives generous space for your own encounter with God.

Created and led by Fran Francis of Spiritual Growth Ministries, supported by local spiritual directors. Spaces are limited and your place will be secured once your \$50 non-refundable deposit is received.

NB. This retreat meets the requirements of the SGM Spiritual Directors Formation Programme for a guided silent retreat.

Dates: 22-27 April (5 nights) 5pm Friday 22nd to 11am Wednesday 27th.

Venue: St Francis Retreat Centre, 50 Hillsborough Rd, Hillsborough, Auckland.

Cost: \$735.00 (less the non-refundable deposit of \$50.00)

Your spiritual direction is NOT included. Please allow \$300.00 for your 4 sessions (for your director's time, mileage & post-retreat supervision as part of ethical practice) also deposited to SGM at the time of payment (Total amount \$1,035)

PAY: online SGM Westpac 03-0166-0198782-00 ref code **Rtreat** and email admin@sgm.org.nz with your name and address.

Also REGISTER: online www.sgm.org.nz or contact fran@sgm.org.nz

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May 6-8 SACRED PATHWAYS SILENT RETREAT WEEKEND

This silent retreat is an opportunity to relax, rest, reflect and pray in a quiet & beautiful setting. Devotionals on the theme 'Journey to Surrender' and two Spiritual Direction sessions will be offered.

Venue: St Francis Retreat Centre, 50 Hillsborough Road.

Time: Friday 7 pm 6 May to 3pm Sunday 8 May

Cost: \$320 (Includes \$30 registration.) All linen & meals provided.

Please register by 22nd April 2022.

For more information or to register contact:

Jo Garton: joannegeoff@xtra.co.nz (021) 136 7743

or Audrey Burt: da.burt@outlook.com (09) 521 0960

or Jeannie Martin Blaker: jmartin.blaker@gmail.com

May 14 GOD'S SPACE DAY RETREAT – Long Bay

Time: 9.00am – 5.00pm, Saturday 14th May

Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

Cost: \$65 (includes lunch)

Contact: Marion Baker, (021) 054 8183. Email: godspace@xtra.co.nz

May 23-26 SUPERVISION OF SPIRITUAL DIRECTORS

Interested in developing your supervision skills for spiritual directors? SGM offers 4 days of training in 3 modalities with Jeannie Martin-Blaker and SGM.

Date: 23-26 May 2022

Time: 9.00-4.30pm

Venue: St Francis Anglican Church, 96 Park Ave, Titirangi

Cost: \$585.00 incl course materials & refreshments. Lunch BYO or buy locally.

PAY: online SGM Westpac 03-0166-0198782-00 ref code **Supvn** and email admin@sgm.org.nz with your name and address.

Also REGISTER: online www.sgm.org.nz or contact fran@sgm.org.nz

Jul 15-22 SILENT 7-DAY PRIVATE RETREAT FOR SPIRITUAL DIRECTORS – Long Bay

Date: 12.00pm Friday 15th July – 10.00am Friday 22nd July

Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

Contact: For more information, please contact Marion Baker (021) 054 8183, email: godspace@xtra.co.nz

Aug 19-21 GOD'S SPACE WEEKEND RETREAT – Long Bay

Time: 7.00pm Friday 19th August – 3.00pm Sunday 21st August 2022.

Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

Cost: registration \$50 (non-refundable) + \$330.

Contact: Marion Baker, (021) 054 8183 godspace@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

- Oct** **'BECOMING THE BELOVED'**
24-31 *Retreat in Daily Life by Zoom*
Nov The retreatants will meet by zoom each Monday 9.30-11.00am.
7, 14 Henri Nouwen's book 'Life of the Beloved' will be the springboard for reflection. Attendees to purchase for use as part of their week's reflection. The zoom meeting on Mondays will introduce the topic for the day/week reflection:
Dates: October 24th *Taken* October 31st *Blessed*
November 7th *Broken* November 14th *Given*
Cost: \$100 plus koha if you want spiritual direction
Facilitators: Jeannie Martin Blaker and Eamon Butler
Registration: jmartin.blaker@gmail.com
- Nov 19** **ONE DAY GOD'S SPACE RETREAT – Hillsborough**
Time: 9.00am – 5.00pm Saturday 19th November
Venue: St Francis Retreat Centre, Hillsborough, Auckland.
Cost: \$60 (includes lunch.)
Contact: Marion Baker, (021) 054 8183 or godspace@xtra.co.nz

WAIKATO REGION

PEACEFUL RURAL SETTING IN NORTHERN HAMILTON

with easy access to SH1, suitable for small group (max 10) Quiet Days, and single/couple desiring some personal down time (1-3 days) to be still and quiet before God.

We offer guided retreats, spiritual direction and or/meals.

Contact: Lin Chu (021) 655 822; email: hweelimlooi@gmail.com

Lin Chu is a spiritual director and supervisor with ACSO and has been facilitating retreats for a number of years. She loves feeding people - spiritually and otherwise...

Cost: Koha

MORNINGS OF REFLECTION AND PRAYER

Second Friday of each month February to November

Facilitator: Jan Sampson

Time: 9:30am - 12pm

Venue: Saint James, 82 Nixon St, Hamilton East

Cost: \$10 appreciated

BYO journal, Bible. Morning tea provided.

You are welcome to bring your lunch to eat together after our morning.

Registration: Jan Sampson (027) 480 5188 or spiritualdirector3@gmail.com

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

- May** **WEEKEND RETREAT 1**
7-8 We experience change all the time. Some of these are major events while others happen in the quiet of our daily life. In this retreat we will explore how we navigate these changes so that we can find ourselves flourishing.
Date: Saturday 7th May 10am - Sunday 8th May
Venue: Tyburn Monastery, Ngakuru (near Rotorua)
Facilitator: Jan Sampson
Cost: \$200 includes a single room with en suite, linen & all meals.
Registration: spiritualdirector3@gmail.com
This retreat will provide time to reflect on our experiences. Much of it will be in silence, but over meals and in the evening there will be opportunity for those that wish to talk together.
- May** **WEEKEND RETREAT 2**
20-22 We experience change all the time. Some of these are major events while others happen in the quiet of our daily life. In this retreat we will explore how we navigate these changes so that we can find ourselves flourishing.
Date: Friday 20th May 4pm - Sunday 22nd May
Venue: Tyburn Monastery, Ngakuru (near Rotorua)
Facilitator: Jan Sampson
Cost: \$200 includes a single room with en suite, linen & all meals.
Registration: spiritualdirector3@gmail.com
This retreat will provide time to reflect on our experiences. Much of it will be in silence, but over meals and in the evening there will be opportunity for those that wish to talk together.
- Nov** **WEEKEND RETREAT 3**
25-27 Time to reflect on how this year has unfolded and shaped us. We will also turn our gaze ahead to 2023 and explore what will allow us to move into the abundance and life offered to us.
Date: Friday 25th November 4pm to Sunday 27th November 3pm
Venue: Tyburn Monastery, Ngakuru (near Rotorua)
Facilitator: Jan Sampson
Cost: \$200 includes a single room with en suite, linen & all meals.
Registration: spiritualdirector3@gmail.com
This retreat will provide time and space to reflect. Much of it will be in silence, but over meals and in the evening, there will be opportunity for those that wish to talk together.

SOUTHERN WAIKATO REGION

REST & RECREATION WITH GOD

Step away from the usual to make space for reflection & attention to God. After a short time of biblical input there will be a personal, quiet, relaxed time alone with God in the silent company of others.

- When:** First Saturday of the month February to November (where the Saturday is a statutory holiday, we meet the following Saturday)
- Facilitators:** Jim & Petra Corbett – petracorbett@gmail.com for more information
- Time:** 9.30 – 11.30 am
- Venue:** Usually Rotary House, Storey Place, Taupō
- Cost:** gold coin donation
- BYO:** Bible & journal if you wish, but everything you need will be on hand.

May RETREAT DAY FOR MEN - 1

21 Repurposing in the Second Half of Life - An examination of Moses' Call.

- Facilitator:** Jim Corbett
- Time:** 9 am - 4 pm
- Venue:** (to be advised) in Taupō
- Cost:** \$40 or koha if cost is prohibitive
- Contact:** Petra Corbett 021738675 or petracorbett@gmail.com for further details.

Sept RETREAT DAY FOR MEN -2

17 Sitting with the Psalms - Drawing life from those who walk their life in the God-lane.

- Facilitator:** Jim Corbett
- Time:** 9 am - 4 pm
- Venue:** (to be advised) in Taupō
- Cost:** \$40 or koha if cost is prohibitive
- Contact:** Petra Corbett 021738675 or petracorbett@gmail.com for further details.

BAY OF PLENTY

TITOKI CHRISTIAN HEALING CENTRE

Titoki is a place of retreat for people to set aside time with the Lord and for themselves; to rest in the peace-filled environment away from life's pressures. Christian Counselling, Theophostic Prayer Ministry and Debriefing are available at Titoki.

The centre is situated 10 minutes from Whakatāne and is based around a charming homestead set in spacious grounds of mature trees and gardens. There are single and double guestrooms available, some with en suite facilities. Delicious meals are included.

For further details or bookings, ph (07) 308-6503 or email: info@titoki.org.nz

REST & RECREATION WITH GOD

Step away from the usual to make space for reflection & attention to God. After a short time of biblical input there will be a personal, quiet, relaxed time alone with God in the silent company of others.

- When:** First Saturday of the month February to November (where the Saturday is a statutory holiday, we meet the following Saturday)
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- Venue:** (to be advised) in Taupō
- Cost:** \$40 or koha if cost is prohibitive
- Contact:** Petra Corbett 021738675 or petracorbett@gmail.com for further details.

TARANAKI

RŌPU HOA WAIRUA O TARANAKI

- THE TARANAKI SPIRITUAL COMPANIONS GROUP

We plan to continue to offer individual spiritual direction, guided silent prayer mornings, guided reflective quiet days and residential retreats in various venues across Taranaki during 2022. Please get in touch with Heather Lofthouse: heather1349@gmail.com or phone (021) 617 894 for dates and further details.

EAST COAST

LABYRINTH – ON THE NAPIER-TAUPŌ HIGHWAY

A Labyrinth in the classical seven-ring design has been created on Moonwatch Lawn at Trelinnoe Park, a magnificent private garden off the Napier-Taupō Highway near Te Pōhue. The Garden is open all year (\$15 entry charge).

April to November – 30 WEEK IGNATIAN RETREAT

following the Spiritual Exercises of Ignatius.

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Rev'd Arthur Bruce ACSD **Cost:** Negotiable

Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype, Zoom or phone

Enquiries/registration: by 31st March 2022 to Arthur (021) 432 928 or arthurlbruce@gmail.com

MANAWATU/WHANGANUI

AREA CONTACTS:

Feilding:

Elsa McInnes (06) 323 9276 elsamcinnnes@inspire.net.nz (021) 0728382

Palmerston North: Ruth Rosser (06) 350 3055 rrpeace@inspire.net.nz

Foxton/Levin: Hannah Rowan (027) 215 8544 revdeaconhannah@gmail.com

MANAWATU SPIRITUAL DIRECTORS SUPPORT GROUP

A spiritual directors' support group meets bi-monthly 12.30 to 2.30 pm generally in Feilding. The group's purpose includes opportunity for collegiality, nourishment, refreshment, peer supervision, meditation, reflection and discussion around an agreed theme and prayer. Spiritual directors and those in training to become spiritual directors are invited to join the group. For further information contact Elsa McInnes: (06) 323 9276 or (021) 072 8382 or any of the Association members in Feilding, Palmerston North, Levin or Whanganui.

SPIRITUAL DIRECTORS' PROFESSIONAL DEVELOPMENT (MANAWATU)

Occasional training days for spiritual directors in the central region are held 2 - 3 times a year generally on Saturdays for about 3-4 hours. Dates and topics are not yet set for 2022, however if you are interested in being on the email list for information about these training days, please contact Pauline Simonsen at: rpsimonsen@inspire.net.nz

LISTENING SPACE

A quiet morning - time to draw aside from our busy worlds and have space for reflection and being attuned to God's invitations to us.

We meet on the 3rd Monday morning of each month from 9.30am until 12.30pm at various venues in Palmerston North and further afield. It is open to all comers, men and women, is non-denominational, and not affiliated to any particular church.

Someone facilitates a short reflection for about 30mins. The next two hours we spend in silence and gather together at 12.00 noon where we have an opportunity to share with each other. Morning tea & reflection resources are provided. A small koha of \$5 helps cover expenses.

For more information contact: Bev Marsh: bevw@inspire.net.nz or Anne Bennett: benedicta@xtra.co.nz

JOSEPHITE RETREAT CENTRE

Mt St Joseph, 14 Hillside Tce, Whanganui (Wheelchair Access)

A full printed programme is available on request or visit www.marymackillop.org.nz
Monthly Liturgies – 3rd Sunday of month from February to December 4pm to 5pm
See September listing a 2-day event.

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

RANGIMARIE RETREAT

A self-contained one-bedroom flat on the beachfront at Waitarere is now available.

Sleeps 2-4. POA. Spiritual Direction available on request. Enquiries welcome. Hannah Rowan revdeaconhannah@gmail.com (027) 215 8544

HOME-BASED RETREATS

Family-home based retreat space in Palmerston North - We have well-appointed guest quarters and a secluded garden grove which is available for individuals or a couple on retreat. Could include spiritual direction if desired. Meals available with family or as negotiated.

Contact John Marquet - johnmmarquet@gmail.com

April to November – 30 WEEK IGNATIAN RETREAT

following the Spiritual Exercises of Ignatius.

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Rev'd Arthur Bruce ACSD **Cost:** Negotiable

Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype, Zoom or phone

Enquiries/registration: by 31st March 2022 to Arthur (021) 432 928 or arthurlbruce@gmail.com

'PRAYING WITH THE ELEMENTS' - a series of contemplative days; attend one or all!

Registrations appreciated a week before each event.

Dates: 26 January Brother Wind
23 February Brother Fire
23 March Sister Water
27 April Sister Earth

Time: 9.30 am until 12 midday

Venue: Palmerston North home; or from your own via zoom

Cost: \$30 for each morning; please ask for flexible pricing if needed

Registration and further details, please contact Anne on anne_chrisp@me.com or (021) 406 409.

Based on Christine Valters Paintner's book Water, wind, earth & fire

[not necessary to buy your own copy]

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

May SACRED PATHWAYS RETREAT WEEKEND

13-15 PRAYING WITH PAUL

An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks. This is a silent directed retreat.

7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

All meals provided. Cost \$250 (\$50 on registration)

For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR Esmae Goodwin on (022) 091 8608 esmaeg@outlook.co.nz

May AN INTRODUCTION TO DREAM WORK

14 This workshop provides a background and theory on working with dreams, using Christian and Jungian principles.

Date: 14 May 9.30 am until 12 noon

Venue: Palmerston North home; or from your own via zoom

Cost: \$30

Registrations by 7 May.

For further details, please contact Anne on anne_chrisp@me.com or (021) 406 409.

Jun SACRED PATHWAYS RETREAT WEEKEND

10-12 PRAYING WITH PAUL

Please see advert for May 13-15 above

Jun WORKING WITH DREAMS

11 This workshop builds on the introduction to dream work. It is practical and applied: participants will be invited to bring their own dream to work with, and to join in assisting others to unpack the meaning of a dream.

Date: 11 June

Time: 9.30 am until 12

Venue: Palmerston North home; or from your own via zoom

Cost: \$30

Registrations by 4 June.

For further details, please contact Anne on anne_chrisp@me.com or (021) 406 409.

Jul/ Aug ENNEAGRAM WORKSHOP

A full day workshop introducing the Enneagram, its types, underlying motivations and path to healing, will be offered if sufficient demand.

Time: 9.30am – 4 pm

Cost: \$40

Expressions of interest: anne_chrisp@me.com

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

- Sep 3-4 WELLBEING – A SPIRITUALITY OF PASTORAL CARE - 2 DAYS**
Saturday 3rd September 9am – 3.30pm – Part 1
Exploring a Gospel Context for Care of self and others
Sunday 4th September 9am – 3.30pm – Part 2
An exploration of Micah 6:8 as a Context for discerning the Gift and Shadow in our life and ministry.
With Sr Christina Neunzerling rsj
Venue: Josephite Retreat Centre - Mt St Joseph, 14 Hillside Tce, Whanganui (Wheelchair Access)
Contact: Pam Hopper pam.hopper@sosj.org.au (06) 345 5047 ext 3

- Sep 9-11 SACRED PATHWAYS RETREAT WEEKEND
A PLANTING OF THE LORD**
An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks. This is a silent directed retreat.
7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.
All meals provided. Cost \$250 (\$50 on registration)
For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR Esmac on (022) 091 8608 esmaeg@outlook.co.nz

- Oct 28-30 SACRED PATHWAYS RETREAT WEEKEND
A PLANTING OF THE LORD**
Please see advert for Sep 9-11 above

KAPITI COAST – WELLINGTON

Any additions to the Greater Wellington region programme will be placed on the SGM website, www.sgm.org.nz or the Wellington SGM website, <http://www.sgmwellington.nz>

If you would like to be added to the Wellington SGM database and kept informed of events and any additions to this Programme please contact Alice Wood email: alicespiritualdirector@gmail.com

Facilitators for Quiet Days, Retreats, Group Discernment, and individual Spiritual Direction are available in the Wellington area. Please phone one of the following for more details: Jo Anastasiadis (04) 384 4991 email: mail4jo@xtra.co.nz or Helen Tripp (04) 586 4626 email: helen.tripp@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

Wellington/Kapiti Coast Labyrinths

There are three labyrinths in the Greater Wellington area that are available for public use.

- The Frederic & Margaret Wallis Labyrinth at Hutt Hospital
<http://www.labyrinthsnz.com/lower-hutt-wellington> A Chartres style labyrinth
- The Johnsonville Labyrinth at Johnsonville Uniting Church, 18 Dr Taylor Terrace, Johnsonville <http://www.juc.org.nz>
- The Labyrinth in Porirua Hospital grounds (Ratonga Rua-o-Porirua Campus), Upper Main Drive, next to the Chapel.

STILLNESS IN YOUR BUSY DAY

Centering Prayer TOGETHER

When: First Thursday every month except February, 12:30 to 1:00 pm

Venue: St Andrew's on the Terrace Rainbow Room

Facilitated by Diane Gilliam-Weeks (027) 497 8374 dianegw@outlook.com

Mar 7-DAY SILENT RETREAT

11-18 A seven day, silent, directed retreat in a peaceful rural setting.

Venue: Magnificat Community, South Wairarapa.

See: www.magnificat.org.nz for details of the venue.

Time: Friday 11th March at 7.30pm to Friday 18th March after lunch.

Cost: \$735 (\$50 non-refundable with registration, balance \$685 on arrival)

We gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.

Retreat Team: Lew Marsh, Judith Wigglesworth, John Axcell and Jo Anastasiadis.

This retreat is already full. A wait list has been established should there be cancellations, or for advance enquiries about a likely retreat in February/March 2023, contact: Jo Anastasiadis: mail4jo@xtra.co.nz or (04) 384 4991

Apr 2 - 9 WELLINGTON CAMINO - Waikanae to Wellington Pilgrimage

Walk 90 km Waikanae Beach to Island Bay mainly (with some adjustments) along Te Araroa route.

Walking days: 3rd to 8th April

Camino-style: carry our own packs; buy our food en route; stay in varied pre-booked accommodation (campsite cabins/backpackers); 14 – 20km per day; Shared reflections at the end of each day.

Moderate degree of fitness and stamina required

Costs: Pay as you go

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

Accommodation: average \$45/night/pp
Food: buy as you go
Led by Kathryn Fernando and Bev Phillips, both of whom have overseas 'pilgrim' experience.
Contact: Kathryn Fernando for more details and/or to express interest.
Email Kathryn at kathryn@kapiti.xyz or phone (027) 348 7288

May 13-15 SACRED PATHWAYS RETREAT WEEKEND PRAYING WITH PAUL

An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks. This is a silent directed retreat.
7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.
All meals provided. Cost \$250 (\$50 on registration)
For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR
Esmae Goodwin on (022) 091 8608 esmaeg@outlook.co.nz

Jun TBA QUIET DAY - Wonder as I wander - a journey with Peter

Come as you are, and be open to wonder, as you wander.
This day is for those who would like to connect with God in creative ways, as we make the journey along with Peter
There will be gentle guidance for some creative processes using collage, clay or paint. There will be multiple options for you to engage with the material in whatever way you feel comfortable. This day is for you to feel free to create but no pressure to share your creation with anyone but God. Come and spend the day wander with God, in wonder.

Venue and date: to be confirmed – a Saturday in June
Time: 10am-4pm
Cost: \$50, all materials provided, including a simple lunch
Registration: alicespiritualdirector@gmail.com
Website: <https://creativeprayer.space/>

Jun 10-12 SACRED PATHWAYS RETREAT WEEKEND PRAYING WITH PAUL

Please see advert for May 13th -15th above

Jun 19-23 4 DAY GUIDED SILENT RETREAT

Dates: Sunday night – June 19th to Thursday midday – 23rd June
Venue: Gilead - set in the country in Longbush, Wairarapa. Gilead offers a peaceful, private getaway amongst spacious surroundings, including a vineyard, pond, garden,

sunny decks, shady verandas and abundant birdlife. It has a large country home with 8 bedrooms and two bathrooms. Only 2 of the rooms are downstairs, meaning accommodation is limited to those with mobility Issues. It is an hour and a half from Wellington and 2 hours from Palmerston North.

Cost: \$450

Queries: contact Helen Tripp - helen.tripp@xtra.co.nz or (04) 586 4626

Registrations: contact: Jo Anastasiadis: mail4jo@xtra.co.nz or (04) 384 4991

Jul 16 QUIET DAY: THE 'I AM'S' OF JESUS

Jesus makes some bold declarations about who he is. This day will be an opportunity to spend a relaxed day with Jesus and some of his "I Am" statements. Much of the day will be for your own time of reflection, with a variety of ways to spend time with Jesus being offered, using both Scripture and creativity. If you are looking for a day of refreshing or simply some space from the usual 'noise' of the week, this day is for you.

Date: Saturday 16th July 2022, 9.30am to 3.30pm

Venue: Home of Compassion, 2 Rhine St (off Murray St), Island Bay

Cost: \$40 includes tea/coffee, please bring your own lunch. If cost is an issue, please let me know. I would be sad if cost prevented you from attending.

Facilitator: Jo Anastasiadis Contact Jo: (04) 384 4991 or mail4jo@xtra.co.nz

Sep 9-11 SACRED PATHWAYS RETREAT WEEKEND A PLANTING OF THE LORD

An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks. This is a silent directed retreat.

7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

All meals provided. Cost \$250 (\$50 on registration)

For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR
Esmae on (022) 091 8608 esmaeg@outlook.co.nz

Oct TBA TWO-FIVE DAY DIRECTED RETREATS

Dates: Still to be confirmed

Venue: Still to be confirmed – hopefully Our Lady's Home of Compassion, Island Bay, Wellington

Maybe you have not been on retreat before? Maybe you are wondering about attending one? Our October retreat offers you three varied times and duration that will surely fit in with your other activities. We encourage you to consider taking the

step of lifting yourself out of your current routine and encountering a different rhythm for a few days.

This retreat offers:

Two Day Option: (Fri night to Sun afternoon)

Three Day Option: (Sun afternoon to Weds morning)

Five Day Option: (Fri night to Weds morning)

Cost is yet to be determined. We do gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.

For more up to date details or to Register go to:

<http://www.sgmwellington.nz/retreats.html>

Queries Contact: Jo Anastasiadis: mail4jo@xtra.co.nz or (04) 384 4991

Oct 7-9 AWHI MAI – holding ourselves/being held
We can be so taken by the beauty of the world coming to us through sights, sounds, tastes, smells, and touches. At the same time, life – the world, has been variously described by different religious traditions as one of: suffering, a cross to bear, an exile, maya (a veiling of the truth), and ignorance. Each of us will have known these ‘pain-full’ experiences – whether we’ve lived through the loss of a loved one, faced serious health problems, or been overwhelmed by the pandemic and other global events. Life can be truly tough-going...

And while we know these sufferings, and the stories associated with them, we can also live as Openness to all of life as it is... Openness that has no story attached and is a gift of grace gently holding us in freedom, even while difficulties will continue to be present. For many of us, facing into our own physical death maybe one more ‘cross’ to bear. Yet it is the same Openness – which never dies, that enables us to do just that. As Rumi said, to ‘die before we die’... to fearlessly open to what is, without a story attached. Just Openness...

This silent retreat will support us to awhi mai our own physical death through a combination of simple teachings, poems, reflections, and practices. It will be facilitated by Pat Neuwelt and Pip Nicholls both of whom have attended Richard Rohr’s Living School and have a special interest in spirituality and dying, having worked in hospice care over a number of years.

Venue: The Home of Compassion, 2 Rhine St., Island Bay, Wellington

Dates: 7pm on Friday 7th October to 2pm on Sunday the 9th October....

Fee: \$325 residential, \$200 non-residential

Further information/registration by the 1st August 2022 to: pip.nicholls@xtra.co.nz

**Oct 28-30 SACRED PATHWAYS RETREAT WEEKEND
A PLANTING OF THE LORD**

Please see advert for Sep 9-11 above

NELSON / TASMAN AREA

AREA CONTACT:

Ilene Allan

Ph. (021) 102 6778

athlene16@gmail.com

CONTEMPLATIVE DAYS ASIDE:

We continue to offer a Day Aside monthly to “Be still and know that I am God.”

These are held on the last Friday of the month from February to November at different venues. We begin at 9.30am with a cuppa. The leader introduces the theme and provides possibilities for the day. We finish at 2.30pm.

All venues have splendid landscapes to enjoy beauty, peace and space in God’s creation and to relax with a listening heart in God’s presence.

Art materials are available.

It is important to register if you are planning to come. It helps to have an indication of numbers and to confirm the venue, directions and arrange car-pooling if needed.

Please bring \$10 and your lunch. Tea, coffee and morning tea are provided.

You may like to bring your Bible, journal, pen, camera, sun hat and suitable footwear if you wish to walk.

VENUES

Venues for 2021 are from Atawhai to Brightwater.

CONTACT PEOPLE

Ilene Allan

Stoke

(021)102 6778

athlene16@gmail.com

Maria Park

Nelson

(03) 548 8576

mjparkmaria@gmail.com

SPIRITUAL DIRECTION

Sue Cunningham

(027) 698 7055

sue.spiritualdirection@gmail.com

Gabrielle Daly-Fong

(021) 112 6804

compassio@xtra.co.nz

Karen Moynagh

(03) 544 0551

karen@moynagh.co.nz

Watiri Maina

(021) 707 370

watiri.maina@gmail.com

Ilene Allan

(021) 102 6778

athlene16@gmail.com

We are available to lead retreat days and/or weekends for your church or group. Please contact Ilene Allan (021) 102 6778 athlene16@gmail.com

SILVAN – 205 Champion Road, Nelson

Silvan is a 10-acre garden/park setting with established trees, several lakes and places to sit and reflect. It may be used for individual or group retreats and days of prayer.

Facilities:

- Summerhouse (indoors) available for up to 9 people, but still intimate for one - overlooks the lake.
- Deck accessible below the Summerhouse, with table and seating area overlooking the Lake. Toilet facilities in garden.
- Garden Gazebo: Indoor sitting area for 4
- Table for 8, under trees and bench seats in garden

For all enquiries contact: Rick and Sarah Griffin sarahgriffin053@gmail.com or (021) 172 0310

COMPASSIO Services at TASMAN BAYS/NELSON, “Top of the South”

Spiritual Direction, Professional Supervision, Counselling, and Psychotherapy are offered by Gabi [Gabrielle] Daly in Nelson environs, and further afield by request.

Journaling workshops continue monthly in Motueka as a secular group with spiritual aspects, at the Senior Citizen’s Centre.

Retreats in parishes can be arranged with Gabi – either a half day, a one day, or a weekend retreat. You get to choose the theme.

HAPPENINGS:

Survivors of sexual abuse by church leaders can confidently contact Gabi for on-going care and support. Gabi is approved by the Catholic Archdiocese of Wellington to offer this mahi. No cost initially, yet a koha is invited for ongoing or long-term support. Support will include gentle processes, confidentiality, person-centred counselling, spiritual companionship, and some quiet creative progressions.

ENNEAGRAM:

Gabi continues to facilitate Introduction to The Enneagram workshops in NELSON and RICHMOND and has an Intermediate workshop on “Enneagram Harmonics” for communities and staff groups, assisting them to work together in harmony with a sense of living and behaving within God’s Spirit.

The Advanced Workshop on The Enneagram Personality Types will be offered again in NELSON or RICHMOND, for those living the Enneagram Wisdom already: this will be comprised of a Morning Workshop on the Stages of Faith and The Enneagram; plus an Afternoon Enneagram Retreat, guided and silent on “The Soul-Child” based on Richard Rohr’s (fsm) writings.

A first novel “Time Will Tell” by Gabrielle Bernice Daly, is a social study of the Enneagram, and includes spiritual questions and wonderings. It has been suggested as a good example of a study guide of the Types. Please contact Gabi to purchase a copy.

CONTACT: Gabrielle/Gabi on compassio@xtra.co.nz (021) 112 6804

SKYPE meetings are available for most services; fair-trade fees can be considered on a sliding or rising scale.

WEST COAST

CONTEMPLATIVE COASTERS

We are a small group of people living in various parts of the West Coast meeting together for quiet days exploring a variety of activities based around scripture. For 2022 we plan to begin the last Saturday in February and continue bi-monthly from there. We meet in Greymouth Westport or Reefton. 10am-2pm. Please bring your lunch, Bible, Journal and koha.

Art materials are provided but you may like to bring your own.

For further details please contact

Sharryn McAuliffe mj.sp.mcauliffe@outlook.com Greymouth

Margaret Young krimaawa@gmail.com Hector

ALL YEAR: 1 TO 5-DAY SILENT, DIRECTED OR SELF- DIRECTED RETREAT

Also available as a venue for reflective days or part days. Meets requirements for SDFP guided retreat.

Do you often meet God in nature? Beach? River; Bush walks; native flora and fauna? Rustic? Quirky?

Kawatiri Karakia Korero Kai Koha provides bedroom with en suite; small private Chapel – ‘The Sanctuary’; local bush, river and beach walks; kereru, tui and weka; quaint village – and two small dogs. Comprehensive library; gardens and reflective places around the garden. Linen provided. Catered or self-catered – simple, home cooking. Check FB page for photos. Fully separate, self-catered, accommodation is also available in the St Peter’s (Granity) church flat, adjacent to Granity beach, and a short cycle ride from 5 River Road.

Fee on application.

Contact: Margaret Young with your requirements. Happy to customise and negotiate longer time if needed.

Venue: 5 River Road, Hector, 7822. 30 minutes north of Westport; 3 hours from Nelson; 4 hours from Picton ferry. Happy to pick up from Westport airport or bus depot.

Cost: Koha. This can be negotiated. We trust God - and you – to do what is appropriate to your circumstances and ours.

Booking: email Margaret Young krimaawa@gmail.com or (021) 236 5831 or (03) 280 8013

KAWATIRI KARAKIA KORERO KAI KOHA is located at 5 River Road, Hector, 7822. Spiritual Direction and Clinical Supervision available at “The Sanctuary” on site. This Prayer room/Chapel is also available for your own Quiet Day. Accommodation available if required. K5 is also available as a venue for day retreats. Fully separate, self-catered, accommodation is also available in the St Peter’s (Granity) church flat, adjacent to Granity beach, and a short cycle ride from 5 River Road. Fee on application (see contact above).

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

Hector, Kawatiri Distinct, West Coast.

Monthly Awe and Wonder-ful Wednesdays.

2nd Wednesday of the month. 10am-2pm

A morning to creatively contemplate.

Come for the morning or stay at K5 before and after, for a personal retreat.

Contact: Margaret Young (021) 236 5831. krimaawa@gmail.com

Koha.

You may like to purchase the following book: The Gift of Wonder - Creative Practices for delighting in God. Christine Aroney-Sine. Available from Fishpond.co.nz or Book Depository.

CANTERBURY

SISTER EVELEEN RETREAT HOUSE

Sister Eveleen Retreat House (SERH) is a house of Spiritual Help and Prayer nestled among native trees on Scarborough Hill, Christchurch. All are welcome to visit SERH and spend time in prayer and contemplation. There is a daily rhythm of prayer that people are invited to join without any prior arrangement. Our mission is to maintain SERH as a space for people to come and take time to get to themselves and God in a peaceful setting. We have a beautiful balcony and garden which is a wonderful place to stop and rest. There is also a small in-house chapel where people can reflect and pray. This is a house for renewal, refreshment, and prayer. SERH offers 12 beds in nine rooms, with a range of accommodation choices and prices. All rooms are heated and have captivating views of Pegasus Bar. We are open for prayer (7am, 12pm, 6pm Mon - Fri), quiet days, individual stays, and privately run retreats. Our director, Eddie O'Connor, also runs themed retreats throughout the year.

Web: www.sistereretreat.com | Ph: (022) 563 6879 | E: sister.e.retreat@gmail.com

Guided Retreats Calendar for 2022 are below. Please note retreat dates may change due to unforeseen circumstances. See our website for more details.

If you wish to attend a retreat, but the cost is prohibitive for you, please contact Eddie to discuss how we might assist you.

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

ROSARY HOUSE SPIRITUAL LIFE CENTRE

Rosary House Spiritual Life Centre is at 22 Gracefield Avenue, Christchurch, close to the centre of Christchurch City. This gracious two-storied house is tucked away in a quiet, tree-lined street. People who come for spiritual direction are provided with a sense of solitude which is consistent with the objectives of the Centre. Sisters of Mercy, Mary Catherwood and Anna Clarke, provide spiritual direction along with other spiritual directors.

The Centre is also available to people who wish to have a day of prayer and reflection and to individual people who wish to make a personal guided retreat. We are able to provide room space for small group programmes run by ourselves and others, while for bigger groups we have access to Te Manawa Atawhai Catherine McAuley Centre, Upper Riccarton or the Mary Potter Community Centre which is a short distance away. A six-day silent, residential Directed Retreat will be offered in Timaru (late April 2022). A five-day non-residential Guided Retreat is provided annually in Spring at Villa Maria College (3-7 October 2022). The Sisters of Mercy are delighted to continue this important ministry in a very suitable and stable environment.

To find out more or to request a copy of the 2022 programme (lists events and profiles of spiritual directors) ring Rosary House: (03)379 1298 or email roho@xtra.co.nz or see website: www.sistersofmercy.org.nz

TE WAIORA HOUSE - Hororata, Canterbury

Te Waiora House is situated in the country village of Hororata, opposite St John's Church, on the outskirts of Canterbury. The modern purpose-built house is surrounded by beautiful and spacious gardens and rural countryside. The house is available to be booked for overnight stays and day visits for times of rest, refreshment and retreats by individuals, church, corporate and community groups. Residential accommodation for up to 10 guests is provided in five en suite rooms (1 double and 4 twin), with a spacious and homely lounge and dining room, as well as a beautiful chapel seating up to thirty. Fully catered and self-catered options for meals are available. Modest fees are requested, but subsidies may be available if needed. Contact Te Waiora House by: Phone (03) 318 0789 Email: tewaiorahouse@xtra.co.nz visit our website: www.tewaiorahouse.org.nz/ or search for Te Waiora House on Facebook.

TREETOPS RETREAT – LITTLE RIVER, BANKS PENINSULA.

In this fast-paced world it is valuable to draw aside so that we might slow down to reconnect more deeply with ourselves, one another, and God. This is particularly important when we are or have been going through challenging circumstances.

Treetops rests in a forested valley on Banks Peninsula, and provides bush walks, magnificent views, and rich birdsong as well as gentle river sounds from the valley below. Treetops provides a self-contained cottage for individuals or couples as well as space for small groups to make retreat.

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

Lex and Barbara McMillan offer a mature blend of spiritual direction and counselling, distilled through 25 years of working in the education, ministry, and therapeutic worlds. At Treetops we offer 1–5-day personalised guided retreats. Our focus is on assisting people to tune in, discern what God is inviting, develop creative ways to pray, and engage life in response.

For more information contact Barbara at barbara.mcmillan7@gmail.com or (021)144 6178

Four Retreat Days planned for Treetops, Little River – see below

April 30 th	Tuning in to God who speaks
June 25 th	Companioning people through times of difficulty
July 30 th	Social God, Relational selves
October 29 th	Deepening relationship with God through engaging beauty

JOURNEY CENTRE CHRISTCHURCH (JCC)

Journey Centre is an association of spirituality centres, whose main goal is to create space for people to encounter the Holy. These spaces are based on contemplative spirituality, engaging a holistic approach to the spiritual needs around us.

JCC aims to be a safe, welcoming and helpful place for all who are spiritually thirsty, no matter what path they have chosen or where they are at in their journey. We offer resources (online and in person), events, gatherings and opportunities that are both Christ-centred and respectful of all spiritual pathways.

We endeavour to be a hub for the encouragement of the Contemplative way of life by teaching and resourcing anyone interested in this approach to prayer, retreats, materials etc. In Christchurch, we are a small team, endeavouring to follow God's lead in establishing ourselves as a Journey Centre, creating spaces and opportunities for people to encounter the Holy. This will take on many forms, and we are pleased to start with workshops, retreats and pilgrimages.

Contacts: Aluminé Andrew alumineandrew@gmail.com
Jo van den Bogaert jovandenbog@gmail.com
Journey Centre journeycentrechch@gmail.com

Facebook link: <https://www.facebook.com/Journey-Centre-Christchurch-102237434582151/>

CHRISTCHURCH SPIRITUALITY NETWORK (CSN)

Meets on the 2nd Friday of February, April, June, August, October, plus the last Friday of November.

We meet at the Arahura Counselling Centre, Barrington Street, from 12.00 – 2.00.

BYO lunch from 12.00 followed by input and discussion from 12.30 pm on some aspect of Christian Spiritual Direction.

Contact: Glenda Hicks. gmhicks@snap.net.nz (027) 711 4166

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

CONTEMPLATIVE PRAYER DAYS 2022

These are quiet days for reflection and prayer around a theme.

Theme for 2022: Flourishing in the Seasons of Life

Dates: 12 February, 9 April, 11 June, 13 August, 8 October, 26 November

Time: 10.00am – 3.00pm

Location: Hornby Community Ministries, 23 Manurewa Street, Hei Hei, Christchurch. [Wheelchair access] Bring your own lunch and koha.

Contacts:

Trish O'Donnell: trish.willem@gmail.com

Barbara Sampson: barbara.sampson.nz@gmail.com

A repeat of each of the above days will be held subsequently at two other locations:

West Coast:

Contact: Sharryn McAuliffe sharryn.mcauliffe@salvationarmy.org.nz
Margaret Young (021) 236 5831. krimaawa@gmail.com

Sumner, Christchurch:

Dates: 12 March, 14 May, 16 July, 10 September

Contacts: Trish O'Donnell trish.willem@gmail.com

Alumine Andrew alumineandrew@gmail.com

SEASONS SOULCARE SERVICES

Here at "seasons Soulcare" we are about living a soulful and intentional life.

I offer some tools and gentle re remembering of this by way of

- one to one companioning (Spiritual Direction)
- Spa body Treatments
- Lifestyle guidance
- Workshops and retreats

Over the year of 2022 the following workshops will be offered

- Enneagram an introduction
- Greening - a day with Saint Hildegard of Bingen
- Our sacred feminine heart- a Belle Coeur exploration
- The pilgrims soul
- Plus, seasonal reflection mornings and Lent and Advent season reflections.

Venue: Central Christchurch, Dallington – for locations, see Facebook page & website

Dates: See Facebook page and Website

- Facebook.com/EllySeasons

- SeasonsSoulcareServices.com

Contact: Elinor Galbraith at seasonssoulcareservices@gmail.com (027) 648 1396

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

- Jan 21-23** **MEISTER ECKHART SILENT RETREAT**
A weekend of silence, regular contemplative prayer, and the teachings of Meister Eckhart. Led by SERH Director Eddie O'Connor. Cost: \$220 – see Sister Eveleen Retreat House (SERH) above for more contact details.
- Jan 28** **CONTEMPLATING RETIREMENT Retreat Day**
Date: Friday 28th January 2022 10.00 am – 3.00 pm
Venue: Sr Eveleen Retreat House: 6 Whitewash Head Rd, Sumner, Christchurch
A retreat day to help you explore
a) Some key Questions
b) Some Spiritual Tasks for our later years.
Retirement presents changes, challenges, opportunities.
We face questions around Belonging, Purpose, Security, Spiritual journey...
Come and explore these questions together, with God.
Registration and Queries: Rev'd Glenda Hicks: gmhicks@snap.net.nz
Phone: (027) 711 4166
BYO lunch, Bible, journal. Hot drinks and juice provided.
- Feb 6-12** **UNPLUGGED 7-DAY YOUNG ADULTS RETREAT**
– SAINTS AND MYSTICS
A young adults' retreat aimed at those wanting a deeper experience of silence in our beautiful seaside retreat house. Each day will include a talk on a different saint or Christian mystic, regular contemplative prayer, and individual spiritual direction. Led by SERH Director Eddie O'Connor. Cost: \$560 – see Sister Eveleen Retreat House (SERH) above for more contact details.
- Feb 25-27** **SUMMER CREATIVE RETREAT**
Come away and rest awhile in this creative and contemplative silent retreat led by Glenda Joy. The retreat will use the simple mediums of texture, colour, and movement to reflect and envision the season of summer and how it informs and shapes new life and creation in our lives. Cost: \$220 – see Sister Eveleen Retreat House (SERH) above for more contact details.
- Mar 5** **KEEPING THE SABBATH WHOLLY: what might this mean for you?**
A Quiet Day for the beginning of Lent.
Date: Saturday 5th March, from 10.00am – 3.00pm
In tune with our society, many Christians have forgotten how to rest. And yet, 'There is great healing when we get into the rhythm of setting aside every 7th day all our efforts to provide for ourselves and make our way in the world. We learn to let God take care of us.'

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

- This is an invitation to explore God's gift and calling to Shabbat – Sabbath Rest, and how we can build this calling into our lives. There is a booklet to take away and work with further as a Lenten discipline.
Venue: St David's Anglican Church, 829 Main North Road, Belfast, Christchurch.
Registration and queries: to Rev'd Glenda Hicks; gmhicks@snap.net.nz or (027) 711 4166, by Wednesday 2nd March.
BYO lunch. Hot drinks provided. Suggested koha: \$25.00
- Mar 6-12** **JULIAN OF NORWICH 7-DAY SILENT RETREAT**
A popular silent retreat on Julian of Norwich led by Spiritual Director Glenda Prosser. Each day will include a talk on Julian, regular contemplative prayer, and individual spiritual direction. Cost: \$590 – see Sister Eveleen Retreat House (SERH) above for more contact details.
- Apr 1-3** **SILENT RETREAT WITH ANNE SHAVE**
Join spiritual director Anne Shave for a silent retreat of guided personal reflection, contemplative prayer, and individual spiritual direction. Cost \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.
- Apr 13-17** **HOLY WEEK 5-DAY SILENT RETREAT**
A truly unique Holy Week experience. Over 5 days we'll walk through the Easter story silently, in the company of God and one another. This retreat will be led by house director Eddie O'Connor and include individual spiritual direction. Cost: \$430 - see Sister Eveleen Retreat House (SERH) above for more contact details.
- Apr 30** **TUNING INTO GOD WHO SPEAKS**
A day of retreat focussed on developing practices of listening prayer.
Time: Saturday April 30th 9.30am - 3.30pm
Location: 160 Reynolds Valley Road, Little River
Cost: \$95
Facilitator: Barbara McMillan (ACSD)
Barbara lives in Little River and works as a spiritual director and supervisor.
For further enquiries and registration email: barbara.mcmillan7@gmail.com
[Bring your own food, tea/coffee provided.]
- May 6-8** **ST HILDEGARD OF BINGEN SILENT RETREAT**
A weekend of silence, regular contemplative prayer, and the life and work of the 12th century saint and mystic, Hildegard of Bingen. Led by SERH Director Eddie O'Connor and Spiritual Director Alumine Andrew Cost: \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

- May 20-22** **TERESA OF AVILA SILENT RETREAT**
A silent retreat on the spirituality of Teresa of Avila led by Spiritual Director Glenda Prosser. Cost: \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.
- Jun 3-5** **CONTEMPLATIVE WRITING RETREAT**
A 2-day writing retreat led by SERH Director Eddie O'Connor. Eddie completed a Masters of Writing at the University of Canterbury in 2020, and in this retreat combines what he learnt with contemplative prayer. Each day includes regular contemplative prayer, workshops, peer review, and plenty of time to write. Cost: \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.
- Jun 17-19** **MID-WINTER SILENT RETREAT**
Join SERH Director Eddie O'Connor and Spiritual Director Alumine Andrew for our second Mid-Winter silent retreat. This is a truly unique way to experience the Christmas story in the season it was intended. Mulled-wine guaranteed! Cost: \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.
- Jun 25** **COMPANIONING PEOPLE THROUGH TIMES OF DIFFICULTY**
A day of professional development for spiritual directors and other carers. This workshop offers 5 takeaways that I believe we, in helping professions, need to keep in mind as we companion those who have been knocked off their feet by really challenging experiences.
Time: Saturday June 25th 9.30am-3.30pm
Location: Treetops, 160 Reynolds Valley Road, Little River
Cost: \$95
Facilitator: Barbara McMillan (ACSD)
Barbara lives in Little River and works as a spiritual director and supervisor. For further enquiries and registration email: barbara.mcmillan7@gmail.com
Numbers will be limited. [Bring your own food, tea/coffee provided.]
- Jul 1-3** **WINTER CREATIVE RETREAT**
Come away and rest awhile in this creative and contemplative silent retreat led by Glenda Joy. The retreat will use the simple mediums of texture, colour, and movement to reflect and envision the season of winter and how it informs and shapes new life and creation in our lives. Cost: \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

- Jul 22-24** **CONTEMPLATIVE WRITING RETREAT**
A 2-day writing retreat led by SERH Director Eddie O'Connor. Eddie completed a Master of Writing at the University of Canterbury in 2020 and combines what he learnt with contemplative prayer. Each day will involve regular contemplative prayer, workshops, peer review, and plenty of time to write. Cost: \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.
- Jul 30** **SOCIAL GOD, RELATIONAL SELVES**
Recognising God as relational frees us from legalism and opens us to recognising the invitation to orientate our lives around the practices of love. Sounds easy, but while we long for deep connection with ourselves, others, and God, we also fear being seen. In this retreat I introduce four practices of love and offer contemplative space for reflection and prayer.
Time: Saturday July 30th 9am-4pm
Location: 160 Reynolds Valley Road, Little River
Cost: \$95
Facilitator: Lex McMillan
Lex has taught in, and led, the counselling programme at Laidlaw College, provided relationship counselling and mediation for the family court, and counselled in private practice now for twenty-five years. He is a registered counsellor with NZAC. For further enquiries and registration email: barbara.mcmillan7@gmail.com
[Bring your own food, tea/coffee provided.]
- Aug 5-7** **BEGINNER'S GUIDE TO CONTEMPLATION**
Join spiritual director Alumine Andrew for this weekend retreat dedicated to the Christian contemplative tradition. This retreat is perfect for anyone wanting a gentle introduction to the contemplative approach to Christianity, as well as those already familiar with the tradition but want to remind themselves of the basics. Cost: \$220 See Sister Eveleen Retreat House (SERH) above for more contact details.
- Aug 19-21** **2-DAY SILENT RETREAT - THEME TO BE CONFIRMED**
See Sister Eveleen Retreat House (SERH) above for more contact details.
- Sep 2-4** **2-DAY SILENT RETREAT - THEME TO BE CONFIRMED**
See Sister Eveleen Retreat House (SERH) above for more contact details.
- Oct 2-8** **7-DAY SPIRITUALITY OF CINEMA SILENT RETREAT**
Join Eddie O'Connor and Alumine Andrew for a silent retreat centred around contemplation and the spirituality of cinema. Each day of this retreat will focus on a film which will be used to introduce different themes and how they relate to our

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

spiritual lives. Spiritual direction, regular contemplative prayer, and shared meals will also be part of the daily rhythm. Cost \$590 - see Sister Eveleen Retreat House (SERH) above for more contact details.

Oct 28-30 ST IGNATIUS OF LOYOLA: THE DISCERNMENT OF SPIRITS
This silent retreat is an introductory look at the life of St Ignatius and his Spiritual Exercises. Ideal for someone looking to learn more about St Ignatius and Ignatian spirituality without committing to the entire Spiritual Exercises. Led by SERH Director Eddie O'Connor. Cost: \$220 - see Sister Eveleen Retreat House (SERH) above for more contact details.

Oct 29 DEEPENING RELATIONSHIP WITH GOD THROUGH ENGAGING BEAUTY
Feeding our souls with beauty is as necessary to us as bread and water. Beauty revitalises and energises us, it blesses and sanctifies us, it moves us toward the holy, and reminds us of a greater goodness. This is a day where we will slow down and engage with beauty in creation, in scripture, and in our everyday lives.
Time: Saturday October 29th 9.30am-3.30pm
Location: 160 Reynolds Valley Road, Little River
Cost: \$95
Facilitator: Barbara McMillan (ACSD)
Barbara lives in Little River and works as a spiritual director and supervisor. For further enquiries and registration email: barbara.mcmillan7@gmail.com
[Bring your own food, tea/coffee provided.]

Nov 13-19 DESERT FATHERS AND MOTHERS 7-DAY SILENT RETREAT
A 7-Day silent retreat dedicated to the first Christian monks and nuns. Each day will include a talk on the Christian Fathers and Mothers, regular contemplative prayer, and individual spiritual direction. Cost: \$590 - see Sister Eveleen Retreat House (SERH) above for more contact details.

Dec 9-11 2-DAY SILENT RETREAT - THEME TO BE CONFIRMED
See Sister Eveleen Retreat House (SERH) above for more contact details.

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

OTAGO / SOUTHLAND

Area contact:

John Franklin (021) 708 991 john.franklin94@gmail.com
or Maureen Harley (021) 107 1401 or (03) 456 0573 maugernz@gmail.com

RETREAT DAYS AND GATHERINGS 2022

Hilary Oxford Smith (North Otago) is offering a varied programme of retreats for 2022 in various venues across the region - in-person and online. There will be opportunities for reflective time and space, silence and stillness, reflection and conversation, music and creativity, personal support and spiritual accompaniment.
Visit www.spiritofbradan.com to stay in touch and to register for email updates.

QUIET DAYS FOR PERSONAL RETREATS 2022

Take time apart with God in the lovely environment of St Margaret's Anglican Church and Retreat Centre (4 Seaview Terrace) Brighton. This is your time of personal quiet with God in community.

Friday	January 28 th	10am to 4pm
Friday	March 25 th	10am to 4pm
Friday	April 22 nd	10am to 4pm
Friday	June 24 th	10am to 3pm
Friday	July 22 nd	10am to 3pm
Friday	August 26 th	10am to 3pm
Friday	September 23 rd	10am to 4pm
Friday	October 28 th	10am to 4pm

We begin and end our time with a brief sharing and the rest of the time is spent in silence. Some reflections will be available. Each one uses the time and facilities as best works for him/her. Bring your own lunch. Koha appreciated.
Under Covid-19 uncertainty it is essential to register your intent to participate as numbers may be restricted. Please contact Maureen Harley (021) 107 1401 or (03) 456 0573 maugernz@gmail.com

GUIDED RETREAT DAYS

At St Margaret's Brighton (Otago). Quiet reflections based round special times of the Church year under the guidance of a Spiritual Leader.

Saturday	February 26 th	Lenten Guided Retreat Day	10am to 4pm
Saturday	May 28 th	Pentecost Guided Retreat Day	10am to 4pm
Saturday	November 26 th	Advent Guided Retreat Day	10am to 4pm

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

Under Covid 19 uncertainty it is essential to register your intent to participate as numbers may be restricted. For details and to register contact Maureen Harley at (021) 107 1401 or (03) 456 0573 or maugernz@gmail.com
Koha for leader and facility appreciated.

* St Margaret's may be available at other times for use of groups and individuals. Please contact Christine Shaw, Warden St Margaret's Ph (03) 481 1477

MEDITATION

Our weekly quiet Meditation is on each Wednesday 6.00pm - 6.30 (note change of time), at the residence of Sr Mary Hepburn in South Dunedin.
All welcome - for details and to register interest please contact Maureen Harley (021) 107 1401 or (03) 456 0573 or maugernz@gmail.com

Feb 6-DAY SILENT RETREAT, Orangapai

20-25 A 6-day silent directed retreat in the vast open spaces of the Maniatoto.

Date: 20th February – 25th February

Venue: En Hakkore, Orangapai (near Ranfurly)

Time: Sunday 20th February 11.00am to Friday 25th February, lunchtime.

Cost: \$530. Registration closes 11th February. Max 30.

Retreat Team: Barbara McMillan, Kelvin Wright, John Franklin & Lex McMillan

Registrations and enquiries to Trish Franklin, franklytrish@gmail.com

Oct CENTERING PRAYER RETREAT, Orangapai

1-3 A 2-day teaching retreat which will give clear instruction and guided practice in Centering Prayer and equip retreatants to deepen their spiritual life and draw on the deep wells of our Christian meditative tradition.

Date: 1st – 3rd October 2022

Venue: En Hakkore, Orangapai (near Ranfurly)

Time: Saturday 1st October at 11.00am to Monday 3rd October, lunchtime.

Cost: \$200. Registration closes Friday 23rd September 2022.

Retreat Team: Kelvin Wright & John Franklin

Registrations and enquiries to Trish Franklin, franklytrish@gmail.com

SPIRITUAL GROWTH MINISTRIES 2022 CALENDAR

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