
SPIRITUAL GROWTH MINISTRIES



Resources for the Spiritual Journey

2021 Calendar

Website: www.sgm.org.nz

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

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SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

This Calendar outlines retreats and other events which individuals may find of benefit in their spiritual journey. However Spiritual Growth Ministries Trust does not give warranty as to the suitability of a particular event for a particular individual. Individuals considering attending an event are responsible for making their own judgement as to whether the event will be suitable for them. Views, teaching or statements at the events are not necessarily those of either Spiritual Growth Ministries Workgroup or Spiritual Growth Ministries Trust.

SPIRITUAL GROWTH MINISTRIES TRUST

Spiritual Growth Ministries is a network of people from diverse Christian traditions and experience who find depth and meaning through the Christian heritage of contemplative spirituality. SGM aims to enable people to develop spiritual resources for their life and work by deepening their relationship with God in Jesus Christ through spiritual direction, training, retreats and other experiences of prayer.

SPIRITUAL GROWTH MINISTRIES TRUST WORKGROUP

Jane Wilkinson	Anglican/Baptist, Wellington (Convenor)
Fran Francis	Vineyard, (Formation Programme Co-ordinator)
David Crawley	Anglican, Auck. (Assistant Prog. Co-ordinator)
Adrienne Bruce	Anglican, Dannevirke (Administrator)
Jo Anastasiadis	AOG, Wellington
Joanne Garton	Non-denominational, Auckland.
Diane Gilliam-Weeks	Presbyterian, Wellington. (Refresh Editor)
Bruce Maden	Te Aroha Noa, Palmerston North
Trish O'Donnell	Catholic, Christchurch
Vicki Roberts	Changepoint, Tauranga

HOW YOU CAN HELP SGM

1. Contact the Convenor if you can assist our work in your area.
2. The Spiritual Directors Formation Programme is funded from fees and donations, and SGM seeks continued support both in prayer and financial assistance for this work.
3. The Spiritual Growth Ministries Trust has been established to secure the future work of SGM. Financial gifts to the Trust are most welcome and can be made by
 - online internet banking to **03-0166-0198782-00**
 - with Westpac (our SGM bank) cheques being phased out by June 25, 2021 we will no longer be able to deposit cheque donations. **If you do not have an internet banking option**, your bank should be able to assist with a manual deposit. Take the **bank account number** above to your bank and ask the teller to put **your name & town** as a **reference**. Also send the administrator a note (or email) with your name and address requesting a receipt (see details on page 3). This will help the administrator identify your deposit. Your tax-deductible receipt requires your **name** and **address**.
 - the SGM website www.sgm.org.nz but do please note that a small percentage is Deducted from your donation by the business providing this service to us.

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4. Friends of SGM contribute regularly to our work. Some prefer to make a regular commitment with an Automatic Payment to the SGM Bank Account (see No. 3 above).
5. Update your will to include a bequest to Spiritual Growth Ministries Trust.
6. Be on our mailing list. Send your name and address to the Administrator.

SGM ADDRESSES

Website: www.sgm.org.nz

Administrator: Adrienne Bruce
P.O. Box 33, Dannevirke 4942
Email: admin@sgm.org.nz
Phone: (021) 432 768

Editor of Refresh: Diane Gilliam-Weeks,
32 Kauri St, Eastbourne, Lower Hutt 5013
Email: dianegw@outlook.com

Spiritual Directors Formation Programme Co-ordinator:
Fran Francis
14 Oruamo Place, Beach Haven, Auckland 0626
Email: fran.francis@sgm.org.nz

AREA CONTACTS

As we seek to encourage more local initiative in our work, we include area contacts who may be able to suggest themes and facilitators if you wish to run an event or short retreat.

Otago	John Franklin	(021) 708 991	john.franklin94@gmail.com
Canterbury	Lorraine Jansen	(03) 384 4322	rblajan@xtra.co.nz
Nelson	Ilene Allan	(021)102 6778	athlene16@gmail.com
Wellington	Jo Anastasiadas	(04) 384 4991	mail4jo@xtra.co.nz
Manawatu	Elsa McInnes	(06) 323 9276	elsamcinnnes@inspire.net.nz
Taranaki	Heather Lofthouse	(021) 617 894	heather1349@gmail.com
Waikato	Kathleen Gavin	(027) 416 8515	bkgavin@xtra.co.nz
Auckland	David Crawley	(09) 816 8713	davidrcrawley@gmail.com
Northland	Anne McCracken	(09) 438 1145	annemc2@outlook.com

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

SGM JOURNAL - REFRESH

The SGM Journal, **Refresh**, is produced twice a year around a particular theme of contemplative spirituality. The Journal is available from the Administrator: admin@sgm.org.nz and can also be viewed online at the SGM website www.sgm.org.nz

No charge is made for postage of the Journal, but an annual donation of \$20 would be appreciated to help with costs.

Editor: Diane Gilliam-Weeks, 32 Kauri St, Eastbourne, Lower Hutt, dianegw@outlook.com

FORMATION PROGRAMME FOR SPIRITUAL DIRECTORS

SGM's two-year programme offers comprehensive formation and training in both the theory and practice of spiritual direction. The course includes

- the regular giving of spiritual direction under supervision
- reading and written assignments
- attendance at regular workshops - five single days in each year
- a week-long residential event in the first year, and
- a residential weekend at the end of the second year

This programme prepares graduates to apply for associate membership of the Association of Christian Spiritual Directors in Aotearoa New Zealand (ACSD). After completing a further fifty hours of giving spiritual direction with regular supervision, associate members may apply for full membership.

Formation Programme applicants are expected to have

- experience of receiving regular spiritual direction over at least twelve months
- experience of attending silent, directed retreats
- a degree of maturity based on life and faith experience
- a grasp of the spiritual life, Scripture, and theology
- some understanding of human developmental psychology
- a capacity to listen empathetically and sensitively

Pre- or co-requisites for the programme include:

- gaining familiarity with personality type theory through a Myers-Briggs workshop
- attendance at an Enneagram workshop is a pre-requisite
- participating in a workshop on Christian Dreamwork
- completing a 5-day silent directed retreat
- NZ participants - a Treaty of Waitangi Workshop

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

Formation Programme costs

Costs for 2021/22 Programme:

Application fee before 20 Sept:	\$ 50.00
Late applications, after 20 Sept:	\$ 100.00

Programme fee Year One, 2021:	\$ 3,720.00
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N.B. the Y1 fee includes \$670 costs for the Residential Week

Programme fee Year Two, 2022:	\$ 3,050.00
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(All figures include GST)

A subsidy of \$500 may be available for NZ citizens.

Options include paying by monthly automatic payments or in 3 instalments.

Additional costs include: Supervision fee - \$70 per session approx. (varies according to individual supervisors), books, travel to workshops, and personal monthly spiritual direction. Second year additional costs also include a Closing Weekend retreat.

Due to Covid-19 we will not be offering the programme to overseas participants until further notice.

SGM has a 'Donor Sponsorship Fund' from donations generously given by individuals specifically to assist NZ resident programme participants who face financial hardship with fees or travel costs. Participants may request more information about this at the time of their interview.

Please note that all enquirers are treated individually according to their experience, so, if you:

- are interested in helping others grow in their relationship with God
- already have people approaching you to talk about their spiritual life
- sense God's invitation to consider this area of ministry
- have been receiving regular spiritual direction for at least twelve months

Find out more or complete an online application: www.sgm.org.nz

For further enquiries email the National Co-ordinator: fran.francis@sgm.org.nz

Phone: (027) 4817016

EARLY BIRD APPLICATIONS CLOSE 20 SEPT **BUT** LATE APPLICATIONS ARE WELCOME

SPIRITUAL DIRECTION

Spiritual direction offers quality listening and assistance in hearing God's voice, reflecting on the journey and facing into the movements of grace in our lives.

Each section of the Calendar lists local contacts who can assist you to find a spiritual director.

The **Association of Christian Spiritual Directors** in Aotearoa New Zealand (ACSD) has members in most parts of the country. Enquiries can be made through: www.acsd.org.nz

The SGM Administrator will also be able to help with contacts in your area:
admin@sgm.org.nz (021) 432 768

RETREATS

While the term "retreat" is sometimes loosely used to include conferences, church camps or business strategy and team-building events, none of those is what we mean by the term! A retreat is a time set aside to be with God. It is a time to lay aside our agenda and many of the normal things that fill our lives and our minds, and to focus more completely on God's agenda for us. It is a time to hear God's word of love. It is a time to experience forgiveness and cleansing. It is a time to hear the Lord's call and to sort out our priorities. It is a time for healing and challenge. It's a time to journey further in "the way".

RETREATS ARE LISTED UNDER THE APPROPRIATE REGION.
REQUESTS FOR INFORMATION AND REGISTRATION SHOULD BE MADE TO THE
CONTACT PERSON LISTED.

ACCESSIBILITY INFORMATION

Where we have received the information, we have indicated events that have wheelchair access. This is a guide. People with particular accessibility needs are welcome to enquire with the contact person listed for specific events.

SGM SPECIAL INTEREST PAPERS

A list of selected special interest papers written by participants of SGM's Spiritual Directors Formation Programme is available on our website. New papers are added throughout the year so check the website periodically for the latest details. www.sgm.org.nz

This section of the Calendar publicises events organised both nationally and locally in various parts of the country. For further information and registrations for these events communicate with the local contact person(s) listed for each event. The Area Contacts listed earlier in the Calendar are people to approach if you would like to arrange a short event or retreat in your Church or area, or you wish to enquire about spiritual direction.

NATIONAL EVENTS

**March to November – WALKING THE MYSTICAL PATH -
CONTEMPORARY MYSTICS SHOW US THE WAY**
Contemplative Living programme undertaken at home.

This is available as an 'at home' programme of resource material for: reading, reflection, spiritual practices, and action. It includes four 1-1 spiritual companionship sessions by skype or phone, and three online group meetings for reflection and integration. During the programme we look at five strands of the contemplative path: theology, prayer/contemplation, compassion, co-creation and social justice through teachings and practices of contemporary mystics such as Merton, Newell, Bourgeault, Baxter, Rohr, Fox, Doherty, Finley, Aubert, Cowley to name a few.

This is an experiential programme to deepen and support your own knowing of the contemplative Spirit.

Facilitator: Agnes Hermans, ACSD

Cost: \$340 for materials and spiritual companionship sessions

Enquiries/registration by 12th March to: Agnes on 027 2026077 or amhermans@xtra.co.nz

April to November – 30 WEEK IGNATIAN RETREAT

following the Spiritual Exercises of Ignatius.

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Arthur Bruce ACSD Cost: Negotiable

Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype or phone

Enquiries/registration: by 31st March 2021 to Arthur (021) 432 928 or arthurlbruce@gmail.com

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

THREE SKILL DEVELOPMENT WORKSHOPS FOR SPIRITUAL DIRECTORS – ATTEND ONE OR ATTEND ALL!

Call it Professional Development or Post-formation training – the fresh content, new topics and input from skilled practitioners will support your work with directees. Three dates - August, September and October and one great price or take your pick and attend whichever suits you. The first two will be on Zoom then come to Auckland for 29th October to be together for this last, significant and difficult topic. Workshops led by Fran Francis & David Crawley (Co-ordinators of the SGM Spiritual Directors Formation Programme) joined by skilled practitioners in mental health.

N.B *Unfortunately this is not open to general attendance. It is for development of trained spiritual directors.*

27 August	Tuning In: Contemplative listening in spiritual direction
24 September	Staying With: Following the movement of God in spiritual direction
29 October	Hearing the Cries: Mental illness and trauma in spiritual direction

Dates:	as above
Venue:	Zoom for August and September. Auckland venue for October TBC
Cost:	\$95.00 per workshop or \$230.00 for three.
Payment:	Online banking to SGM 03-0166-0198782-00 reference: 3days
Booking:	Email fran.francis@sgm.org.nz for a registration details

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REGIONAL EVENTS

NORTHLAND

In Northland we have a network of people offering various programmes and events including:

- quiet days using the arts (such as clay, paint, mosaics, collage) as a vehicle to deepen the reflective process
- opportunities to develop contemplative practices such as Christian meditation, centering prayer, chant, lectio divina (sacred reading)
- talks and seminars with input from guest presenters, either live or DVD / audio
- day or weekend retreats
- ad hoc book study groups
- Retreats in the Midst of Daily Life

These events tend to be planned and promoted 4-8 weeks prior to commencement and promoted via email networks. To link into the communications network around these people and events, please contact Anne McCracken annemc2@outlook.com and request that your name be added to the email group for this information.

ST ISAAC'S RETREAT HOUSE OPONONI

St Isaac's is an ecumenical place of prayer and quiet set among the Hokianga hills. The ancient Prayer of the Church is prayed twice daily. Communion from the reserved sacrament is celebrated on Wednesday (visiting Clergy are welcome to celebrate if your stay is over a Wednesday). There is a well-stocked library, and the extensive grounds include the Stations of the Cross and several bush walks. Accommodation - in self-contained houses. We can accommodate small groups in individual rooms up to 6 or larger groups with some sharing up to 9. The Wardens House is furnished for groups to self-cater and share kai together. Or consider making St. Isaac's a place for your private annual retreat. Maranu Gascoigne looks forward to your email stisaacs.wardens@xtra.co.nz Phone: (09) 405 8349 / (021) 071 7033 Waiotemarama Gorge Road, P.O. Box 93 OPONONI 0445

CHAPEL HOUSE RETREAT

27 Woodward Road, Whatitiri, RD9 Whangarei, ph: (09) 434 6630
Chapel House, set within the scenic volcanic region of Maungatapere, 20 minutes' drive from Whangarei city, offers peace, quiet and a prayerful atmosphere within a garden, bush and countryside environment. A suitable venue for small group quiet days or similar related activity. Accommodation for longer retreats, as well as spiritual direction, also available. Contact Rosemary for further inquiry at Rosemary.Blackwell@xtra.co.nz

SPIRITUAL DIRECTORS NETWORK

Northland-based spiritual directors meet twice annually, in May and October, for mutual encouragement, information and up-skilling. Venues to be confirmed. For further information, contact Anne McCracken annemc2@outlook.com.

WHANGAREI LABYRINTHS

There are two outdoor labyrinths in Whangārei that are available for public use. St Stephen's Anglican Church, Church Street, Onerahi. A Chartres style labyrinth at the back of Marion Ross' home at 1 Memorial Drive, Riverside. Just turn up and walk. Koha appreciated.

Mar THE TIMES ARE URGENT, LET US SLOW DOWN

– a Retreat in the Midst of Daily Life (RIMDL) to be offered in Whangārei in March 2021. This retreat process is a month-long retreat adapted for the contemporary busy life of ordinary persons.

Group sessions for up to 2 hours each will be held at the beginning and end of the retreat. Participants are encouraged to commit to 30 minutes prayer daily in your chosen prayer-style, and will be offered resources and support to cultivate new spiritual practices, as well as three 1:1 sessions, held weekly via zoom or in person, with a trained spiritual companion.

Dates and venue: will be confirmed closer to the time.

For further information contact Anne McCracken annemc2@outlook.com phone (09) 438 1145.

Facilitated by: Agnes Hermans and Anne McCracken

Cost: \$80.

A second RIMDL will also be offered in Whangārei later in 2021.

AUCKLAND

OASIS RETREAT CENTRE

206 Albany Heights Rd, Albany. Auckland. Ph. (09) 4159686

The rural bush setting of Oasis offers space, quiet, beauty and birdsong for those who come on retreat and for quiet days, study, and planning days. Contact Andrew Dunn for costs, availability and facilities. Personal spiritual direction and ministry/work supervision is also offered. www.oasisretreatcentre.org.nz

VAUGHAN PARK ANGLICAN RETREAT AND CONFERENCE CENTRE –

1043 Beach Road, Long Bay, Auckland 0630

Vaughan Park Anglican Retreat and Conference Centre is a beautiful, restful and refreshing space and place at Long Bay on the North Shore of Tāmaki Makaurau, Auckland.

We offer an inclusive, welcoming and gracious oasis of peace, prayer and generous hospitality to individuals, churches, communities, charitable and corporate groups.

We gift international Scholarships to writers, academics, artists, musicians and creatives and offer an encouraging gateway for those who want to publish, share and showcase their work on our Moments page <https://vaughanpark.nz/moments>

You can find out more about what we offer @ www.vaughanpark.org.nz and/or email us @ reception@vaughanpark.org.nz

PEACEMAKERS CONTEMPLATIVE COMMUNITY AND RETREAT CENTRE

116 Fordyce Road, Parakai, Auckland

Come to a quiet, restful and healing Oasis for time out in the unforced rhythms of grace.

Create your own retreat or have me, Susannah Connolly, assist you.

Five-day retreats on request designed for you personally and for your small group.

Spiritual Direction and Supervision is available.

Spiritual Directors - come and create your own retreats for your own groups, at affordable prices.

Phone Susannah Connolly 027 2861264 or email: counselling@safetynet.co.nz

Silent Retreats: Two days/one week available with Susannah Connolly on request, designed together. Come alone or bring a small group of up to 8.

Five- and Seven-day silent retreats for SGM participants, directed by Susannah Connolly.

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

SPIRITUAL DIRECTORS NETWORK AUCKLAND

All Spiritual directors, and those in training, are most welcome to be part of this support group which holds meetings throughout the year. A guest speaker is selected for each gathering where there is opportunity for professional development, spiritual refreshment and fellowship with other spiritual directors. Please come and join us!

Refresher Day 2021

Saturday 20 Feb, 9am – 3.30 pm at the Eden Community Church.

Guest speaker: Dr David Crawley “Narrative and Spiritual Direction”

Meetings throughout the 2021 year are still being planned due to the uncertainty of Covid-19. We are hoping to offer another Zoom meeting, which proved very popular last year, and a Saturday morning workshop. If you are on our emailing list you will be informed of these gatherings.

For further information or to join our email list please contact Jeannie Martin-Blaker: jmartin.blaker@gmail.com Ph: (09) 6293082 or Jo Garton: joannegeoff@xtra.co.nz

Please note our website for up to date info: www.sdnetworkauckland.org

PIRINGA DEBRIEFING CENTRE –

is situated in Algies Bay (just out of Warkworth) and provides a residential personal debrief especially for those involved in different ministry/missions/church contexts. We seek to provide a safe place for people to process the events of the past in order to grow emotionally, mentally, physically and spiritually, so they can move forward into the future in more healthy ways. We believe it is God’s desire for each individual to experience deeper wholeness in all areas of our lives, this is especially important in times of transition. People come and stay (self-catering) for a week – arriving Sunday evening and leaving mid-day the following Friday. We only have one unit (e.g. single/couple/family) at a time.

For more information please go to our website www.piringa.org.nz

Gavin and Michelle McConnell.

TITIRANGI TIME-OUT

A native forest setting/5 min walk to Titirangi beach - comfortable quiet BnB space available for singles/couple to have reflective time-out or retreat (1-5 days). Bush walks, forest and shore birds. Spirituality/theology library. Meals and spiritual direction available. Koha. Mary Betz (ACSD) is a spiritual director and writer and gives workshops and retreats in the areas of ecology, justice and spirituality. She has worked around New Zealand and in Canada in the fields of environment, adult faith education and social justice. Her PhD (Otago 2004) explored images of God. She welcomes people who have lots of questions or who simply want stillness. Contact Mary at maabetz@gmail.com or (09) 817 2151.

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

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Call it Professional Development or Post-formation training – the fresh content, new topics and input from skilled practitioners will support your work with directees. Three dates – August, September and October and one great price or take your pick and attend whichever suits you. The first two will be on Zoom then come to Auckland for 29th October to be together for this last, significant and difficult topic. Workshops led by Fran Francis & David Crawley (Co-ordinators of the SGM Spiritual Directors Formation Programme) joined by skilled practitioners in mental health.

N.B Unfortunately this is not open to general attendance. It is for development of trained spiritual directors.

27 August

Tuning In: Contemplative listening in spiritual direction

24 September
direction

Staying With: Following the movement of God in spiritual

29 October

Hearing the Cries: Mental illness and trauma in spiritual direction

Dates: as above

Venue: Zoom for August and September. Auckland venue for October TBC

Cost: \$95.00 per workshop or \$230.00 for three.

Payment: Online banking to SGM 03 0166 0198782 00 ref 3days

Booking: Email fran.francis@sgm.org.nz for a registration details

Feb 20 SPIRITUAL DIRECTORS SUPPORT GROUP REFRESHER DAY

Don’t miss this popular annual event offered by the Auckland Spiritual Directors Network. Spiritual Directors, and those in training, from **all regions** are welcome to this day of professional development, spiritual refreshment, and general good times with people we don’t see nearly enough of.

Speaker: Dr David Crawley “Narrative and Spiritual Direction”

Date: 9.00am – 3.30pm Saturday, 20 February

Cost: \$30 Bring your own lunch. Tea and coffee provided.

Venue: Eden Community Church - Cnr 74 View Rd and Alderley Rd, Mt Eden, Auckland (car park entry on Alderley Road).

For more information and registration contact -

Jeannie Martin Blaker: jmartin.blaker@gmail.com Ph: (09) 629 3082

or Jo Garton: joannegeoff@xtra.co.nz Ph (021) 136 7743

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Feb 17 ASH WEDNESDAY

You are invited to discover the Labyrinth in Mt Eden at Eden Community Church Prayer Garden and participate in a labyrinth journey through 6 seasons of the Christian calendar. You are warmly welcome to use this inner-city Labyrinth at any time for your personal prayer journey.

Lent - The journey towards Easter

Time: 6pm

Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark on Alderley Road.

Cost: \$5.00 Led by: Katherine Opie

For further information or to register: richkath.opie@gmail.com

This is the first of the six seasons. The other five follow in the Calendar:

1 April, 4 April, 16 May, 23 May and 28 Nov.

Mar 10 PRAYING IN GREY?

Join Fran Francis for an online workshop/retreat to bring some colour to your prayer-life. This online workshop offers fresh approaches to prayer and time with God at the same time! No artistic skill or cleverness is needed. Just bring an open heart, your imagination and a journal/pen. Using contemplative approaches we will pray with a short film, an artwork and enjoy a guided meditation with a scripture passage.

Date: March 10

Time: 7pm-9pm by Zoom

Cost: \$40.00

Book online at www.solace.org.nz

Mar 17 BEYOND WORDS: JOURNALING FOR THOSE WHO LOVE TO HATE IT

An online workshop to tap into ways of engaging in this wonderful practice but without the guilt! You know what I'm talking about. No boring, endless writing. No pressure. Just enjoying the journey of tracking with God. There will be personal reflection time (feel free to turn off your video) and time to listen to each other at the end.

You'll need a spiral bound, *blank* art journal (thicker paper is better than thin) from \$2 shop, The Warehouse or fancypants art shop! A pen, some felt pens or (go crazy) *water-colour pencils!*

Date: March 17

Time: 7pm – 9pm by Zoom

Cost: \$40.00

Book online at www.solace.org.nz

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Mar 24 RETREAT WITH MY FAVOURITE ICON: CHRIST AND HIS FRIEND

Join Fran Francis for an online retreat with the oldest existing Coptic icon in the world – Christ and His Friend. This intimate and touching icon is an icon of relationship. A brief introduction to icons and their place in Christian prayer and some background to this one will be followed by a simple time of guided reflection with the icon, some private time, and will conclude with a time of sharing.

Date: March 24

Time: 7pm-9pm by Zoom

Cost: \$40.00

Book online at www.solace.org.nz

March FILM DAY AT OASIS

27 10.00am - 3.00pm, Saturday 27th March

Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany, Auckland.

Leaders: Andrew Dunn and Warren Deason. BYO lunch and koha.

Film to be advised. For information and registration (09) 415 9686 or

dunnzalbany@xtra.co.nz

Apr 1 MAUNDY THURSDAY LABYRINTH MEDITATION.

Time: 5.30pm

Venue: Eden Community Church Prayer Garden - Cnr Alderley Road and 74 View Road, Mt Eden. Enter from carpark.

Cost: \$5.00 Led by: Katherine Opie

For more information or to register: richkath.opie@gmail.com

Apr 4 RESURRECTION SUNDAY SUNRISE LABYRINTH MEDITATION

Join with the women and their journey to the tomb at sunrise. Sense the movement from dark to light.

Time: 6am (Note: Daylight Saving has finished)

Venue: Eden Community Church Prayer Garden. – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00 Led by : Katherine Opie

For more information or to register: richkath.opie@gmail.com

Apr 6-DAY SILENT DIRECTED RETREAT

23-28 **Your place at the table: enjoying the hospitality of the Trinity**

Restful rhythms of silence, solitude and simplicity will draw you in while Rublev's icon and Abraham and Sarah's encounter with the Three Visitors become the threshold for your enjoyment of God's hospitality. A daily rhythm of communal silence in the morning, evening prayer (centred in the retreat theme), great food,

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

lavish time for personal reflection/walks/resting supported by individual spiritual direction with experienced directors means refreshment of body, mind and spirit is on the menu. If your heart gave a little leap then maybe this is for you!

An SGM retreat led by Fran Francis (National Co-ordinator of the Spiritual Directors Formation Programme) with Eamon Butler and spiritual direction team.

N.B This retreat meets the requirements for applicants to the SDFP for a guided, silent retreat but is open to all.

Dates: 23-28 April (5 nights) ANZAC Day is Monday-ized -a bonus day!

Venue: St Francis Retreat Centre, Hillsborough, Auckland

Cost: \$720.00 for the Friary (private room, all meals, refreshments, linen and non-refundable \$50 deposit). Your spiritual direction sessions are NOT included in the accommodation rate. Please allow \$300.00 for these 4 sessions (for your director's time, mileage and supervision post-retreat as part of ethical practice).

Booking: email fran.francis@sgm.org.nz for registration details

May 8 **GOD'S SPACE DAY RETREAT – Long Bay**

Time: 9.00am – 5.00pm, Saturday 8th May

Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

Cost: \$60 (includes lunch)

Contact: Marion Baker, (021) 054 8183. Email: godspace@xtra.co.nz

May 16 **ASCENSION SUNDAY LABYRINTH MEDITATION**

“He was taken up before their very eyes”...40 days after the Resurrection Jesus was taken into Heaven. Walk the Labyrinth with those followers and enter into the wonder.

Time: 2pm

Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00 Led by : Katherine Opie

For more information or to register: richkath.opie@gmail.com

May 23 **PENTECOST SUNDAY LABYRINTH MEDITATION**

On the 50th day after Easter we celebrate the gift of the Holy Spirit to the disciples of Jesus. Walk the Labyrinth on the Pentecost journey and discover your own flame lit by the Spirit to light your path.

Time: 2pm

Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost; \$ 5.00 Led by : Katherine Opie

For more information or to register: richkath.opie@gmail.com

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

May 26-28 **THE ART OF FACILITATING CONTEMPLATIVE RETREATS**

Is retreat work the next step in your spiritual direction ministry? This SGM live-in workshop will teach you how to plan, create and lead meaningful contemplative retreats in a variety of formats: retreat in daily life, quiet days, residential guided silent retreats and online retreats. This hands-on workshop will produce a unique retreat you can offer. Daily prayer together and a sense of community will enrich the workshop experience. Led by Fran Francis & David Crawley; Co-ordinators of the SGM Spiritual Directors Formation Programme

N.B Unfortunately this is not open to general attendance. It is for development of trained spiritual directors.

Dates: 26-28 May 2020

Venue: St Francis Retreat Centre, Hillsborough, Auckland

Cost: \$450.00 (includes accommodation, linen, meals and teaching resources)

Booking: email fran.francis@sgm.org.nz for registration details

Payment: Online banking to SGM **03-0166-0198782-00** reference **AFCR**

Jul 16-23 **SILENT 7-DAY PRIVATE RETREAT FOR SPIRITUAL DIRECTORS – Long Bay**

Date: 12.00pm Friday 16th July – 10.00am Friday 23rd July

Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

For more information, please contact Marion Baker (021) 054 8183, email: godspace@xtra.co.nz

Jul 30 - **GOD'S SPACE WEEKEND RETREAT – Long Bay**

Aug 1 Time: 7.00pm Friday 30th July – 3.00pm Sunday 1st August 2020.

Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

Cost: registration \$50 (non-refundable) + \$260.

Contact: Marion Baker, (021) 054 8183 marion@stchads.org.nz

Aug 27 **THREE SKILL DEVELOPMENT WORKSHOPS FOR SPIRITUAL DIRECTORS – ATTEND ONE OR ATTEND ALL!**

Call it Professional Development or Post-formation training – the fresh content, new topics and input from skilled practitioners will support your work with directees.

Three dates - August, September and October and one great price or take your pick and attend whichever suits you. The first two will be on Zoom then come to

Auckland for 29th October to be together for this last, significant and difficult topic. Workshops led by Fran Francis & David Crawley (Co-ordinators of the SGM

Spiritual Directors Formation Programme) joined by skilled practitioners in mental health.

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

N.B *Unfortunately this is not open to general attendance. It is for development of trained spiritual directors.*

- 27 August** Tuning In: Contemplative listening in spiritual direction
24 September Staying With: Following the movement of God in spiritual direction
29 October Hearing the Cries: Mental illness and trauma in spiritual direction

Dates: as above

Venue: Zoom for August and September. Auckland venue for October TBC

Cost: \$95.00 per workshop or \$230.00 for three.

Payment: Online banking to SGM **03-0166-0198782-00** reference **3days**

Booking: Email fran.francis@sgm.org.nz for a registration details

Sep 27 **THREE SKILL DEVELOPMENT WORKSHOPS FOR SPIRITUAL DIRECTORS – ATTEND ONE OR ATTEND ALL!**

See details on August 27 entry

Oct **SACRED PATHWAYS SILENT RETREAT WEEKEND**

8-10 This silent retreat is an opportunity to relax, rest, reflect and pray in a delightful bush setting. Devotionals on a theme and Spiritual Direction is offered. Venue: Tyburn Monastery, Bombay. S Auckland
Time: Friday 8 Oct, arrival 5:30 pm to 4 pm Sunday 10 Oct.
Cost: \$200 (Includes \$30 registration.) All linen & meals provided.
Please register by 15th September.

For more information or to register contact:

Jo Garton email: joannegeoff@xtra.co.nz (021) 136 7743

or Audrey Burt (09) 521 0960 email: da.burt@outlook.com

or Jeannie Martin Blaker jmartin.blaker@gmail.com

Oct 29 **THREE SKILL DEVELOPMENT WORKSHOPS FOR SPIRITUAL DIRECTORS – ATTEND ONE OR ATTEND ALL!**

See details on August 27 entry

Nov 20 **ONE DAY GOD'S SPACE RETREAT – Hillsborough**

Time: 9.00am – 5.00pm Saturday 20th November

Venue: St Francis Retreat Centre, Hillsborough, Auckland.

Cost: \$60 (includes lunch.)

Contact: Marion Baker, (021) 054 8183 or godspace@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

Nov 28 **ADVENT LABYRINTH MEDITATION**

A Labyrinth journey at the beginning of the 4 weeks anticipating and preparing for the birth of Jesus and Christmas. An opportunity to pause, slow down the body, mind and spirit in anticipation of the busy southern hemisphere end of year and beginning of summer holidays.

Time: 2pm Led by: Katherine Opie

Venue: Eden Community Church Prayer Garden- Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00

For more information or to register: richkath.opie@gmail.com

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

WAIKATO REGION

BRIDLE CREEK RETREAT

For those needing some time out with God, Bridle Creek Retreat is a fully self-contained, two-bedroom unit attached to our home in a quiet rural location near Raglan. Personalised guided retreats can be arranged to suit individual needs and/or Spiritual Direction provided if desired. Self-catering or with meals provided on request.

Contact: Kathleen Gavin (07) 825 8059 or (027) 416 8515; Email: bkgavin@xtra.co.nz for further information.

Cost: depends on length of stay and catering requirements.

PEACEFUL RURAL SETTING IN NORTHERN HAMILTON

with easy access to SH1, suitable for small group (max 10) Quiet Days, and single/couple desiring some personal down time (1-3 days) to be still and quiet before God.

We offer guided retreats, spiritual direction and or/meals.

Contact: Lin Chu (021) 655 822; email: hweelimlooi@gmail.com

Lin Chu is a spiritual director and supervisor with ACSD and has been facilitating retreats for a number of years. She loves feeding people - spiritually and otherwise...

Cost: Koha

MORNINGS OF REFLECTION AND PRAYER

Second Friday of each month February to November

Facilitator: Jan Sampson

Time: 9:30am - 12pm

Venue: Saint James, 82 Nixon St, Hamilton East

Cost: \$10 appreciated

BYO journal, Bible. Morning tea provided.

You are welcome to bring your lunch to eat together after our morning.

Registration: Jan Sampson (027) 480 5188 or spiritualdirector3@gmail.com

Mar WEEKEND RETREAT 1

26-28 Beloved: This retreat invites us to know how utterly and thoroughly God loves us. Over our time together we will lean into that love and see what it means for us to live out of our belovedness. To give each other time and space, much of this retreat will be in silence apart from the Friday where there will be opportunity in the evening for those that wish to talk together.

Venue: Tyburn Monastery, Ngakuru (near Rotorua)

Time: Friday 26th 4pm - 3pm Sunday 28th March

*the retreat begins with a meal at 630pm followed by an opening session

Facilitator: Jan Sampson

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

Cost: \$190 includes single room with en-suite and all meals

Registration: spiritualdirector3@gmail.com

Apr MORNING OF PRAYER AND REFLECTION 1

23 **Also:** June 25th, September 24th

Facilitator: Jan Sampson

Venue: Baptist Church, Ranfurly St, Otorohanga

Time: 9.30-12pm **Contact:** Kay Skilton on (07) 873 7151

May WEEKEND RETREAT 2

21-23 see details for March 26-28 above

Jun MORNING OF PRAYER AND REFLECTION 2

25 See April 23rd above

Sep MORNING OF PRAYER AND REFLECTION 3

24 See April 23rd above

Oct WEEKEND RETREAT

23-24 We experience change all the time. Some of these are major events while others happen in the quiet of our daily life. In this retreat we will explore how we navigate these changes so that we can find ourselves flourishing.

Date: Saturday 23rd 10am -3pm Sunday 24th October

Venue: Tyburn Monastery, Ngakuru (near Rotorua)

Facilitator: Jan Sampson

Cost: \$150 includes all meals and a single room with en-suite

Registration: spiritualdirector3@gmail.com

This retreat will provide time to reflect on our experiences. Much of it will be in silence, but there will be opportunity in the evening for those that wish to talk together.

BAY OF PLENTY

TITOKI CHRISTIAN HEALING CENTRE

Titoki is a place of retreat for people to set aside time with the Lord and for themselves; to rest in the peace-filled environment away from life's pressures. Spiritual Direction, Theophostic Prayer Ministry and Debriefing are available at Titoki.

The centre is situated 10 minutes from Whakatane and is based around a charming homestead set in spacious grounds of mature trees and gardens. There are single and double guestrooms available, some with en suite facilities. Delicious meals are included. An upstairs 2-bedroom apartment in the original building offers a space for those wishing to self-cater.

For further details or bookings, ph (07) 308-6503 or email: info@titoki.org.nz

Nov SEVEN SACRED PAUSES

19-21 In the tranquil setting of Titoki grounds and chapel, discover more of the monastic rhythm of prayer and how to take their seven sacred pauses into our daily lives. Based on Macrina Wiederkehr's book of the same name, with music written by Velma Frye to support it. Curated by Bert Schoneveld and Margie Upson with personal spiritual direction available.
Date: Friday 19 November 6pm to Sunday 21 November 1pm
Phone: Margie, 0220878986 or email margieupson@gmail.com to confirm a place.

TARANAKI

Taranaki Spiritual Growth ministries group will be able to offer individual spiritual direction, quiet mornings and days in various venues across Taranaki in 2020. Please get in touch with Heather Lofthouse: heather1349@gmail.com or phone (021) 617 894 for dates and further details.

EAST COAST

We currently have no contact person for the East Coast area. Contact the SGM Administrator, the Rev'd Adrienne Bruce (admin@sgm.org.nz) if you do have any queries.

LABYRINTH

A Labyrinth in the classical seven-ring design has been created on Moonwatch Lawn at Trelinnoe Park, a magnificent private garden off the Napier-Taupo Highway near Te Pohue. The Garden is open all year (\$10 entry charge).

April to November – 30 WEEK IGNATIAN RETREAT following the Spiritual Exercises of Ignatius.

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Arthur Bruce ACSD Cost: Negotiable

Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype or phone

Enquiries/registration: by 31st March 2021 to Arthur (021) 432 768 or arthurlbruce@gmail.com

MANAWATU

AREA CONTACTS:

Feilding:

Elsa McInnes (06) 323 9276 elsamcinnnes@inspire.net.nz (021) 0728382

Palmerston North: Ruth Rosser (06) 350 3055 rrpeace@inspire.net.nz

Foxton/Levin: Hannah Rowan (027) 215 8544 revdeaconhannah@gmail.com

MANAWATU SPIRITUAL DIRECTORS SUPPORT GROUP

A spiritual directors' support group meets bi-monthly 12.30 to 2.30 pm generally in Feilding. The group's purpose includes opportunity for collegiality, nourishment, refreshment, peer supervision, meditation, reflection and discussion around an agreed theme and prayer. Spiritual directors and those in training to become spiritual directors are invited to join the group. For further information contact Elsa McInnes: (06) 323 9276 or (021) 072 8382 or any of the Association members in Feilding, Palmerston North, Levin or Whanganui.

SPIRITUAL DIRECTORS PROFESSIONAL DEVELOPMENT (MANAWATU)

Occasional training days for spiritual directors in the central region are held 2 - 3 times a year generally on Saturdays for about 3-4 hours. Dates and topics are not yet set for 2020, however if you are interested in being on the email list for information about these training days, please contact Pauline Simonsen at: rpsimonsen@inspire.net.nz

LISTENING SPACE

A quiet morning - time to draw aside from our busy worlds and have space for reflection and being attuned to God's invitations to us.

We meet on the 3rd Monday morning of each month from 9.30am until 12.30pm at various venues in Palmerston North and further afield. It is open to all comers, men and women, is non-denominational, and not affiliated to any particular church.

Someone facilitates a short reflection for about 30mins. The next two hours we spend in silence and gather together at 12.00 noon where we have an opportunity to share with each other. Morning tea & reflection resources are provided. A small koha of \$5 helps cover expenses.

For more information contact: Bev Marsh: bevlew@inspire.net.nz or Anne Bennett: benedicta@xtra.co.nz

JOSEPHITE RETREAT CENTRE

Mt St Joseph, 14 Hillside Tce, Whanganui (Wheelchair Access)

A full printed programme is available on request or visit www.marymackillop.org.nz

Monthly Liturgies – 3rd Sunday of month from February to December 4pm to 5pm

6 Day Guided, Silent Retreat – Sunday 12 – Saturday 18 Sept, \$575 Live in, \$425 Live out

RANGIMARIE RETREAT

A self-contained one bedroom flat on the beachfront at Waitare is now available. Sleeps 2-4. POA. Spiritual Direction available on request. Enquiries welcome. Hannah Rowan revdeaconhannah@gmail.com (027) 215 8544

April to November – 30 WEEK IGNATIAN RETREAT following the Spiritual Exercises of Ignatius.

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Arthur Bruce ACSD

Cost: Negotiable

Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype or phone

Enquiries/registration: by 31st March 2021 to Arthur (021) 432 768 or arthurlbruce@gmail.com

RE-CREATING A LIFE

Last year, Kristen Hobby intended to come to NZ to lead this one-day workshop, based on the book 'Recreating a Life: Learning How to Tell Our Most Life-Giving Story' by Diane Millis PhD (SDI Press). It is hoped that the workshop will take place in 2021 – **watch out for dates and further details.**

The book explores the intersection between Narrative Therapy and Spiritual Direction. Through reflection, writing and conversation with others, we can discover a more promising story of our lives. We need a community, at least one or more conversation partners, to accompany us. Other people help us to see aspects of ourselves and our stories. It's not what we've experienced that defines us, but the stories we tell about our experiences. For further details and updates, please go to www.annechrisp.co.nz or email Anne on anne_chrisp@me.com

Feb ENNEAGRAM WORKSHOP

10 & 13 This full day workshop provides an introduction to the Enneagram, with the opportunity to explore the types, their underlying motivations and their route to healing. By the end of the day, you may have identified your type, at least received some guidance towards it.

Time: 9.30am – 4 pm

Cost: \$40

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

Venue: will be a private home. Numbers will be limited. If further lockdown occurs, they will be offered via Zoom.

Note: two dates are listed: if there is demand, a mid-week workshop will be run. When registering, please specify which day you wish to attend.

Please contact me on anne_chrisp@me.com to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See www.annechrisp.co.nz

May 21-23 SACRED PATHWAYS RETREAT WEEKEND SOMETHING MORE

An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks.

7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

All meals provided. Cost \$250 (\$50 on registration)

For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR Esmae Goodwin on (022) 091 8608 esmaeg@outlook.co.nz

June 25-27 SACRED PATHWAYS RETREAT WEEKEND SOMETHING MORE

Please see advert for May 21-23 above

June 20 DREAMS

As we draw close to midwinter and Matariki, we delve into our own dark interior, to ponder and explore the wisdom that comes to us through our dreams.

Time: 1pm – 5pm

Cost: \$20

Venue: will be a private home. Numbers will be limited. If further lockdown occurs, they will be offered via Zoom.

Please contact me on anne_chrisp@me.com to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See www.annechrisp.co.nz

Sept 12 THE DIVINE FEMININE

In this workshop, we will look at the feminine face of God, some female saints and mystics, and what they offer us.

Time: 9.30 am – midday

Cost: \$20

Venue: will be a private home. Numbers will be limited. If further lockdown occurs, they will be offered via Zoom.

Please contact me on anne_chrisp@me.com to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See www.annechrisp.co.nz

Sept 10-12 SACRED PATHWAYS RETREAT WEEKEND BEING A PILGRIM

An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks.

7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

All meals provided. Cost \$250 (\$50 on registration)

For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR Esmae on (022) 091 8608 esmaeg@outlook.co.nz

Oct 29 - 31 SACRED PATHWAYS RETREAT WEEKEND BEING A PILGRIM

Please see advert for Sep 10-12 above

KAPITI COAST – WELLINGTON

Any additions to the Greater Wellington region programme will be placed on the SGM website, www.sgm.org.nz or the Wellington SGM website, <http://www.sgmwellington.nz>

If you would like to be added to the Wellington SGM database and kept informed of events and any additions to this Programme please contact Alice Wood email: alicespiritualdirector@gmail.com

Facilitators for Quiet Days, Retreats, Group Discernment, and individual Spiritual Direction are available in the Wellington area. Please phone one of the following for more details: Jo Anastasiadis (04) 384 4991 email: mail4jo@xtra.co.nz or Helen Tripp (04) 586 4626 email: helen.tripp@xtra.co.nz

Wellington/Kapiti Coast Labyrinths

There are four labyrinths in the Greater Wellington area that are available for public use.

- The Frederic & Margaret Wallis Labyrinth at Hutt Hospital
<http://www.labyrinthsnz.com/lower-hutt-wellington> A Chartres style labyrinth
- The Johnsonville Labyrinth at Johnsonville Uniting Church, 18 Dr Taylor Terrace, Johnsonville <http://www.juc.org.nz>
- The Labyrinth in Porirua Hospital grounds (Ratonga Rua-o-Porirua Campus), Upper Main Drive, next to the Chapel.
- The Hinemoa Labyrinth in Kathryn and Geethal Fernando's garden 62 Hinemoa St, Paraparaumu.
Phone 027 3487288 (No obligation to ring beforehand. Can just turn up and walk it).
Chartres style labyrinth.

A SLICE OF SILENCE IN YOUR BUSY DAY

Centering Prayer together

Time: First Thursday of the month 12:30 to 1:00 pm from February 2021

Venue: St Andrew's on the Terrace

Room location posted each week as you enter

Facilitated by Diane Gilliam-Weeks (027) 497 8374 dianegw@outlook.com

Mar 7 DAY SILENT RETREAT

5-12 A seven day, silent, directed retreat in a peaceful rural setting.

Venue: Magnificat Community, South Wairarapa.

See: www.magnificat.org.nz for details of the venue.

Time: Friday 5 March at 7.30pm to Friday 12 March after lunch.

Cost: \$725 (\$50 non-refundable with registration, balance \$675 on arrival)

We gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.

Retreat Team: Lew Marsh, Maggie Smith, John Axcell and Jo Anastasiadis.

This retreat is already full although two spaces have been reserved for spiritual directors' training with SGM. If these spaces are not filled by 11th Dec, they will become available. A wait list for these spaces and any others due to cancellations is now available, or for advance enquiries about a likely retreat in February/March 2022, contact: Jo Anastasiadis: mail4jo@xtra.co.nz 11 Apuka St, Brooklyn, Wellington 6021 or (04) 384 4991

Mar "LOOK MA – NO HANDS!"

12-14 The above expression is generally used when we accomplish something that would normally be achieved with way more attention than "no hands". Such is our journey back to Eden, back to our original freedom – but this time with full awareness of being there... We'll take the weekend to acknowledge the steps all of humanity takes and specifically the steps we ourselves have trod and still need to tread.

So, we'll engage in discussion, reflection and contemplative practices to open us up to the fresh wisdom of contemporary mystics and to the stillness, silence and spaciousness of the monastic rhythm of the Southern Star Abbey.

Venue: Kopua Monastery, Southern Star Abbey, Takapau

Dates: 7pm Friday to 2pm Sunday

Full fee: \$240

Participants: There are 8 spaces or 10 if you're willing to share a room

Facilitator: Pip Nicholls

Further Information/registration by the 14th February 2021 to:

pip.nicholls@xtra.co.nz

May SACRED PATHWAYS RETREAT WEEKEND 21-23 SOMETHING MORE

An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks.

7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

All meals provided. Cost \$250 (\$50 on registration)
For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR
Esmae Goodwin on (022) 091 8608 esmaeg@outlook.co.nz

**June 25-27 SACRED PATHWAYS RETREAT WEEKEND
SOMETHING MORE**
Please see advert for May 21-23 above

Jul 24 QUIET DAY: THE PARABLES OF JESUS
Jesus had much truth to explain through parables. This day will be an opportunity to spend a relaxed day with Jesus and some of his parables. Much of the day will be for your own time of reflection, with a variety of ways to spend time with Jesus being offered, using both Scripture and creativity. If you are looking for a day of refreshing or simply some space from the usual 'noise' of the week, this day is for you.
Date: Saturday 24 July 2021, 9.30am to 3.30pm
Venue: Home of Compassion, 2 Rhine St (off Murray St), Island Bay
Cost: \$40 includes tea/coffee, please bring your own lunch. If cost is an issue, please let me know. I would be sad if cost prevented you from attending.
Facilitator: Jo Anastasiadis
Contact Jo: 04 3844991 or mail4jo@xtra.co.nz

**Sept 10-12 SACRED PATHWAYS RETREAT WEEKEND
BEING A PILGRIM**
An opportunity to enjoy silence and space for reflection at the newly refurbished, comfortable, Elm Lodge 7, El Rancho, Waikanae. Not far from the ocean for beach walks.
7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon.
All meals provided. Cost \$250 (\$50 on registration)
For more information contact Ruth on (06) 350 3055 rrpeace@inspire.net.nz OR
Esmae on (022) 091 8608 esmaeg@outlook.co.nz

Sept 17-22 TWO-FIVE DAY DIRECTED RETREATS
Dates: Friday 17 September - Wednesday 22 September 2021
Venue: Our Lady's Home of Compassion, Island Bay, Wellington.
Up to 16 Places Available.
Two Day Option: (Fri night to Sun afternoon)
Three Day Option: (Sun afternoon to Weds morning)
Five Day Option: (Fri night to Weds morning)
Cost is yet to be determined.

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

We do gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.
Contact: Helen Tripp email: helen.tripp@xtra.co.nz or phone:(04) 586 4626 for further info. Registrations: <http://www.sgmwellington.nz/retreats.html>

**Oct 29 - 31 SACRED PATHWAYS RETREAT WEEKEND
BEING A PILGRIM**
Please see advert for Sep 10-12 above

NELSON / TASMAN AREA

SILVAN – 205 Champion Road, Nelson

Silvan is a 10-acre garden/park setting with established trees, several lakes and places to sit and reflect. It may be used for individual or group retreats and days of prayer.

Facilities:

- Summerhouse (indoors) available for up to 9 people, but still intimate for one - overlooks the lake.
- Deck accessible below the Summerhouse, with table and seating area overlooking the Lake. Toilet facilities in garden.
- Garden Gazebo: Indoor sitting area for 4
- Table for 8, under trees and bench seats in garden

For all enquiries contact: Rick and Sarah Griffin

sarahgriffin053@gmail.com or (021) 172 0310

AREA CONTACT:

Ilene Allan Ph. (021) 102 6778 athlene16@gmail.com

CONTEMPLATIVE DAYS ASIDE:

We continue to offer a Day Aside monthly to “Be still and know that I am God.”

These are held on the last Friday of the month from February to November at different venues. We begin at 9.30am. The leader introduces the theme and provides possibilities for the day. We finish at 2.30pm.

All venues have splendid landscapes to enjoy beauty, peace and space in God’s creation and to relax with a listening heart in God’s presence.

Art materials are available.

It is important to register if you are planning to come. It helps to have an indication of numbers and to confirm the venue, directions and arrange car-pooling if needed.

Please bring \$6 and your lunch. Tea, coffee and morning tea are provided.

You may like to bring your Bible, journal, pen, camera, sun hat and suitable footwear if you wish to walk.

VENUES

Venues for 2021 are from Atawhai to Brightwater. June is at Fairfield House, Nelson and the cost is \$10. July is a home venue with soup & roll lunch provided.

CONTACT PEOPLE

Ilene Allan Stoke (021)102 6778 athlene16@gmail.com
Maria Park Nelson (03) 548 8576 mjparkmaria@gmail.com

SPIRITUAL DIRECTION

Sue Cunningham (027) 698 7055 sue.spiritualdirection@gmail.com
Gabrielle Daly-Fong (021) 112 6804 compassio@xtra.co.nz
Karen Moynagh (03) 544 0551 karen@moynagh.co.nz
Watiri Maina (021) 707 370 watiri.maina@gmail.com
Ilene Allan (021) 102 6778 athlene16@gmail.com

A Retreat is planned for 13-15th August at Garindale, Atawhai. Please contact Ilene Allan (021) 102 6778 athlene16@gmail.com for details nearer the time.

We are available to lead retreat days and/or weekends for your church or group. Please contact Ilene Allan (021) 102 6778 athlene16@gmail.com.

COMPASSIO Services at TASMAN BAYS/NELSON, “Top of the South”

Spiritual Direction, Professional Supervision, Counselling, and Psychotherapy are offered by Gabi [Gabrielle] Daly in Nelson environs, and further afield by request. Gabi intends to facilitate some Enneagram and Journalling workshops, and retreats; happily working beside local SDRs in their ministries.

HAPPENINGS:

Survivors of sexual abuse by church leaders can confidently contact Gabi for on-going care and support www.anchoragetraumasupport.com Gabi is approved by the Catholic Archdiocese of Wellington to offer this mahi. No cost initially, yet a koha is invited for on-going or long-term support. Support will include gentle processes, confidentiality, person-centred counselling, spiritual companionship, and some quiet creative progressions.

The Intermediate Workshop on The Enneagram Personality Types will be offered in NELSON, and in WANAKA [deferred in 2020 due to COVID-19]: dates to be advised.

A more Advanced one-day Enneagram Event in Nelson or Richmond, for those living the Enneagram Wisdom already: this will be comprised of a Morning Workshop on the Stages of Faith and The Enneagram; plus an Afternoon Enneagram Retreat, guided and silent on “The Three Modes of God’s Love” based on Brisbane based, Patrick Oliver’s writings.

A series of Journalling Mornings – based on Julia Cameron’s “The Artist’s Way” and infused with our spiritual mentors’ writings and experience of God.

CONTACT: Gabrielle/Gabi on compassio@xtra.co.nz (021) 112 6804 SKYPE meetings are available for most services; fair-trade fees can be considered on a sliding or rising scale.

ALL YEAR: 1- TO 5-DAY SILENT, DIRECTED OR SELF- DIRECTED RETREAT

Also available as a venue for reflective days or part days. Meets requirements for SDFP guided retreat.

Do you often meet God in nature? Beach? River; Bush walks; native flora and fauna? Rustic? Quirky?

Kawatiri Karakia Korero Kai Koha provides bedroom with en-suite; small private Chapel – ‘The Sanctuary’; local bush, river and beach walks; kereru, tui and weka; quaint village – and two small dogs. Comprehensive library; gardens and reflective places around the garden. Linen provided. Catered or self-catered – simple, home cooking. Check FB page for photos. Fully separate, self-catered, accomodation is also available in the St Peter’s (Granity) church flat, adjacent to Granity beach, and a short cycle ride from 5 River Road.Fee on application.
Contact: Margaret Young with your requirements. Happy to customise and negotiate longer time if needed.

Venue: 5 River Road, Hector, 7822. 30 minutes north of Westport; 3 hours from Nelson; 4 hours from Picton ferry. Happy to pick up from Westport airport or bus depot.

Cost: Koha. This can be negotiated. We trust God - and you – to do what is appropriate to your circumstances and ours.

Booking: email Margaret Young krimaawa@gmail.com or (021) 236 5831 or (03) 280 8013

Kawatiri Karakia Korero Kai Koha is located at 5 River Road, Hector, 7822.

Spiritual Direction and Clinical Supervision available at “The Sanctuary” on site. This Prayer room/Chapel is also available for your own Quiet Day.

Accomodation available if required. K5 is also available as a venue for day retreats .

Fully separate, self-catered, accomodation is also available in the St Peter’s (Granity) church flat, adjacent to Granity beach, and a short cycle ride from 5 River Road.Fee on application.

CANTERBURY

SISTER EVELEEN RETREAT HOUSE

Sister Eveleen Retreat House (SERH) is a spiritual haven nestled among the native trees on Scarborough Hill. It has recently been renovated and is now operating under a new governing board. Everyone is welcome to visit SERH and spend time in prayer and contemplation. There is a daily rhythm of prayer that people are welcome to join without any prior arrangement. Our mission is to maintain SERH as a space for people to come and take time to get to themselves and God in a peaceful setting.

We have a beautiful balcony and garden which is a wonderful place to stop and rest. There is also a small in-house chapel where people are welcome to pray. This is a house for renewal, refreshment, and prayer.

SERH offers 12 beds in eight rooms, with a range of accommodation choices and prices. All our rooms are heated and have captivating views of the sea and sky.

We are open for drop-in prayer, quiet days, individual stays, and privately run retreats. Our director, Edward O'Connor, also runs themed retreats throughout the year.

For more information: www.sistereretreat.com / Edward O'Connor – (022) 563 6879

ROSARY HOUSE SPIRITUAL LIFE CENTRE

Rosary House Spiritual Life Centre is at 22 Gracefield Avenue, Christchurch, close to the centre of Christchurch City. This gracious two-storied house is tucked away in a quiet, tree-lined street. People who come for spiritual direction are provided with a sense of solitude which is consistent with the objectives of the Centre. Sisters of Mercy, Mary Catherwood and Anna Clarke, provide spiritual direction along with other spiritual directors.

The Centre is also available to people who wish to have a day of prayer and reflection and to individual people who wish to make a personal guided retreat. We are able to provide room space for small group programmes run by ourselves and others, while for bigger groups we have access to Te Manawa Atawhai Catherine McAuley Centre, Upper Riccarton or the Mary Potter Community Centre which is a short distance away. A five-day non- residential Guided Retreat is provided annually in Spring at Villa Maria College (4-8 October 2021). The Sisters of Mercy are delighted to continue this important ministry in a very suitable and stable environment.

To find out more or to request a copy of the 2021 programme (lists events and profiles of spiritual directors) ring Rosary House: (03)379 1298 or email roho@xtra.co.nz or see website: www.sistersofmercy.org.nz

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

TE WAIORA HOUSE - Hororata, Canterbury

Te Waiora House is situated in the country village of Hororata, opposite St John's Church, on the outskirts of Canterbury. The modern purpose-built house is surrounded by beautiful and spacious gardens and rural countryside. The house is available to be booked for overnight stays and day visits for times of rest, refreshment and retreats by individuals, church, corporate and community groups. Residential accommodation for up to 10 guests is provided in five ensuite rooms (1 double and 4 twin), with a spacious and homely lounge and dining room, as well as a beautiful chapel seating up to thirty. Fully catered and self-catered options for meals are available. Modest fees are requested, but subsidies may be available if needed. Contact Te Waiora House by: Phone (03) 318 0789 Email: tewaiorahouse@xtra.co.nz visit our website: www.tewaiorahouse.org.nz/ or search for Te Waiora House on Facebook.

STILLPOINT AT ST BARNABAS FENDALTON

You are warmly welcome to join our small contemplative prayer group which meets monthly in the evening at our Church, corner of Fendalton Road and Tui Street.

The evening is based on Ignatian principles, using imaginative prayer and lectio divina, (sacred reading) to draw us closer to our loving God.

Our group has been in recess for a few months but will be recommencing in early 2021. Contact Diane Brooker Newton, (03) 352 5448 / (027) 4311334 for further details or check our website www.stbarnabas.org.nz

CHRISTCHURCH SPIRITUALITY NETWORK (CSN) Meets on the 2nd Friday of February, April, June, August, October, plus the last Friday of November.

We meet at the Arahura Counselling Centre, Barrington Street, from 12.00 – 2.00.
BYO lunch from 12.00 followed by input and discussion from 12.30 pm on some aspect of Christian Spiritual Direction.
Contact: Glenda Hicks. gmhicks@snap.net.nz (027) 711 4166

CONTEMPLATIVE PRAYER DAYS 2021

These are quiet days for reflection and prayer around a theme.

Theme for 2021: Postures of the Heart

Dates: 13 February, 10 April, 12 June, 14 August, 9 October, 27 November

Time: 10.00am – 3.00pm

Location: Hornby Community Ministries, 23 Manurewa Street, Hei Hei, Christchurch.

Wheelchair access. Bring your own lunch and koha.

Contacts:

Trish O'Donnell: trish.willem@gmail.com

Lorraine Jansen: rblajan@xtra.co.nz

Barbara Sampson: barbara.sampson.nz@gmail.com

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

Feb 13 A PRE-LENTEN QUIET DAY

13 *Keeping the Sabbath wholly: what might this mean for you?*

In tune with our society, many Christians have forgotten how to rest. And yet, 'There is great healing when we get into the rhythm of setting aside every 7th day all our efforts to provide for ourselves and make our way in the world. We learn to let God take care of us.'

This is an invitation to explore God's gift and calling to *Shabbat* – Sabbath Rest and how we can build this calling into our lives. There is a booklet to take away and work through further as a Lenten discipline.

Date: Saturday 13th February from 10.00am – 3.00pm

Venue: St David's Anglican Church, 829 Main North Road, Belfast, Christchurch.

Registration and queries: to Rev'd Glenda Hicks; gmhicks@snap.net.nz;

or (027) 711 4166, by Wednesday 10th February.

BYO lunch. Hot drinks provided. Suggested koha: \$20.00

MAR 5-6 FROM DEATH TO LIFE- AND THE SPACES IN BETWEEN. AN EASTER RETREAT.

"Let us let fall away the useless baggage that we carry ... - and let us have the courage to begin again."

This contemplative style retreat will draw from scripture, poetry, and the writings of the mystics. There will be times of sound and of silence, times of movement and of stillness. Some of the themes we anticipate for this retreat are authenticity, letting go, loss and change, liminal space, new beginnings, and living with hope, gratitude and compassion. Amidst the challenges of life, we invite you to set time aside for a time of nurture refreshment and renewal.

This Easter "let us look again at the lives we have been so generously given and let us let fall away the useless baggage that we carry – old pains, old habits, old ways of seeing and feeling --and let us have the courage to begin again. *John O Donahue.*

Retreat Facilitators.

Janna Young has been working as a therapist for 30 years and a Spiritual director for 20 years. She really enjoys participating in the work and movement of the Spirit in people's lives.

Deborah Hercocock has worked for 14 years as a counsellor in the area of grief, loss and change and currently works in a spiritual care role within palliative care. She has a passion for human dignity and a deep respect for the wisdom of the spirit.

Where: Community of the Sacred Name, 300 Tuam Street, Christchurch.

When: Friday 5th March 2pm-6pm and Saturday 6th March 9am-6pm.

What to Bring: Open heart. Willing spirit. Comfortable clothes, personal essentials.

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

SPIRITUAL GROWTH MINISTRIES 2021 CALENDAR

Cost: \$160 per person (in-house accommodation limited to 11 people).
Day rate Friday and Saturday \$ 100. (if costs are a barrier please contact for a reduced rate), Registration.
Email: Deborah at littledebh@gmail.com.

SOUTH CANTERBURY

Mar 'EMBRACING MYSTERY'

10-12

Three Day Retreat via Zoom

This three-day Retreat will offer opportunities for contemplative reflection arising from the writings of Thomas Merton and poetry of Mary Oliver.

The retreat will be organised around two Zoom sessions each day, one each morning to set the theme of the day and one in the early evening to conclude the day's reflections.

Facilitator: Lyndall Brown rsj **Cost:** \$30
Registrations: lyndallb19@gmail.com **Phone:** (021) 185 6750

May 12 'TASTE OF CONTEMPLATIVE PRAYER

Jun 16 *Listening with the ear of the Heart!*

Jul 14 Each of these sessions will gift people with an opportunity to experience Contemplative prayer through the art of 'lectio Divina' and 'Visio Divina' - two ways of being nourished spiritually through spending time with Scripture and with Creation.

Facilitator: Lyndall Brown rsj
Dates: Wednesdays - 12th May 16th June 14th July: 1.30 p.m. – 2.30 p.m.
Venue: Mary MacKillop Heritage Centre Studholme Street Temuka
Registrations: lyndallb19@gmail.com Phone: 021 185 6750
Cost: Koha

SEP 'EARTH AS OUR ORIGINAL MONASTERY'

21-23

Three Day Retreat via Zoom

This three-day guided retreat online will develop three themes from Christine Paintner's book 'Earth as our Original Monastery'. Each day will give an opportunity to cultivate wonder, and gratitude through the intimacy of Nature.

The retreat will be organised around two Zoom sessions each day, one each morning to set the theme of the day and one in the early evening to conclude the day's reflections.

Dates: 21st – 23rd September **Cost:** \$30 **Facilitator:** Lyndall Brown rsj
Registrations: lyndallb19@gmail.com Phone 021 1856750

OTAGO / SOUTHLAND

Area contact:

John Franklin (021) 708 991 john.franklin94@gmail.com
or Sr Mary Hepburn (027) 350 8915 or (03) 974 8807 or maryhrs@gmail.com

QUIET DAYS FOR PERSONAL RETREATS

Take time apart with God in the lovely environment of St Margaret's Anglican Church and Retreat centre (4 Seaview Terrace) Brighton. This is your time of personal quiet with God in community.

Friday	January 22 nd	10am to 4pm
Friday	March 26 th	10am to 4pm
Friday	April 23 rd	10am to 4pm
Friday	June 25 th	10am to 3pm
Friday	July 23 rd	10am to 3pm
Friday	August 27 th	10am to 3pm
Friday	September 24 th	10am to 4pm
Friday	October 22 nd	10am to 4pm

We begin and end our time with a brief sharing and the rest of the time is spent in silence. Some reflections will be available. Each one uses the time and facilities as best works for him/her. Bring your own lunch. Koha appreciated.

Under Covid-19 uncertainty it is essential to register your intent to participate as numbers may be restricted. Please contact Maureen Harley (021) 107 1401 or (03) 456 0573 maugernz@gmail.com

GUIDED RETREAT DAYS

At St Margaret's Brighton (Otago). Quiet reflections based round special times of the Church year under the guidance of a Spiritual Leader.

Saturday	February 20 th	Lenten Guided Retreat Day	10am to 4pm
Saturday	May 22 nd	Pentecost Guided Retreat Day	10am to 4pm
Saturday	November 27 th	Advent Guided Retreat Day	10am to 4pm

Under Covid 19 uncertainty it is essential to register your intent to participate as numbers may be restricted. For details and to register contact Maureen Harley at (021) 107 1401 or (03) 456 0573 or maugernz@gmail.co.nz Koha for leader and facility appreciated.

* St Margaret's may be available at other times for use of groups and individuals. Please contact Christine Shaw, Warden St Margaret's Ph (03) 481 1477

SPIRITUAL GROWTH MINISTRIES

2021 CALENDAR

MEDITATION

Our weekly quiet Meditation is on each Wednesday 5.30-6.00pm at 17a McBride Street in South Dunedin.

All welcome! (027) 350 8915 or (03) 974 8807 or maryhrsm@gmail.com

Feb 28 - 6 DAY SILENT RETREAT, Orangapai

5 Mar A 6-day silent directed retreat in the vast open spaces of the Maniatoto.

Date: 28 February - 5 March

Venue: En Hakkore, Orangapai (near Ranfurly)

Time: Sunday 28 February 11.00am to Friday 5 March lunchtime.

Cost: \$510. Registration closes 19 February. Max 16.

Retreat Team: Barbara McMillan, Kelvin Wright, Lex McMillan, John Franklin

Registrations and enquiries to John Franklin, john.franklin94@gmail.com