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# **SPIRITUAL GROWTH MINISTRIES**



**Resources for the Spiritual Journey**

**2020 Calendar**

**Website: [www.sgm.org.nz](http://www.sgm.org.nz)**

# SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

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# SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

This Calendar outlines retreats and other events which individuals may find of benefit in their spiritual journey. However Spiritual Growth Ministries Trust does not give warranty as to the suitability of a particular event for a particular individual. Individuals considering attending an event are responsible for making their own judgement as to whether the event will be suitable for them. Views, teaching or statements at the events are not necessarily those of either Spiritual Growth Ministries Workgroup or Spiritual Growth Ministries Trust.

## SPIRITUAL GROWTH MINISTRIES TRUST

Spiritual Growth Ministries is a network of people from diverse Christian traditions and experience who find depth and meaning through the Christian heritage of contemplative spirituality. SGM aims to enable people to develop spiritual resources for their life and work by deepening their relationship with God in Jesus Christ through spiritual direction, training, retreats and other experiences of prayer.

## SPIRITUAL GROWTH MINISTRIES TRUST WORKGROUP

Jane Wilkinson	Baptist, Wellington (Convenor)
Fran Francis	Vineyard, (Formation Programme Co-ordinator)
David Crawley	Anglican, Auck. (Assistant Prog. Co-ordinator)
Adrienne Bruce	Anglican, Dannevirke (Administrator)
Joanne Garton	Baptist, Auckland.
Diane Gilliam-Weeks	Presbyterian, Wellington. (Refresh Editor)
Trish O'Donnell	Catholic, Christchurch
Jo Anastasiadis	AOG, Wellington
Bruce Maden	Te Aroha Noa, Palmerston North

## HOW YOU CAN HELP SGM

1. Contact the Convenor if you can assist our work in your area.
2. The Spiritual Directors Formation Programme is funded from fees and donations, and SGM seeks continued support both in prayer and financial assistance for this work.
3. The Spiritual Growth Ministries Trust has been established in order to secure the future work of SGM. Financial gifts to the Trust are most welcome and can be made through
  - the SGM website [www.sgm.org.nz](http://www.sgm.org.nz)
  - online banking to **03-0166-0198782-00**
  - or a cheque mailed to the administrator (see opposite page). *Please note that Kiwibank will no longer provide a cheque facility after February 2020. If you have always donated by cheque and do not have an internet banking option, your bank should be able to assist with a manual deposit. Send the administrator a note with your name and address requesting a receipt (see details on page 3).*
4. Friends of SGM contribute regularly to our work. Some prefer to make a regular commitment with an Automatic Payment to the SGM Bank Account (see No. 3 above).
5. Update your will to include a bequest to Spiritual Growth Ministries Trust.
6. Be on our mailing list. Send your name and address to the Administrator.

# SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

**THANK YOU:** We are grateful to Waikanae Baptist Op Shop whose grant has assisted us with the publication costs of this edition of the SGM Calendar.

## SGM ADDRESSES

**Website:** [www.sgm.org.nz](http://www.sgm.org.nz)

**Administrator:** Adrienne Bruce  
P.O. Box 33, Dannevirke 4942  
Email: [admin@sgm.org.nz](mailto:admin@sgm.org.nz)  
Phone: (021) 432 768

**Editor of Refresh:** Diane Gilliam-Weeks,  
32 Kauri St, Eastbourne, Lower Hutt 5013  
Email: [dianegw@actrix.co.nz](mailto:dianegw@actrix.co.nz)

## Spiritual Directors Formation Programme Co-ordinator:

Fran Francis  
14 Oruamo Place, Beach Haven, Auckland 0626  
Email: [fran.francis@sgm.org.nz](mailto:fran.francis@sgm.org.nz)

## AREA CONTACTS

As we seek to encourage more local initiative in our work, we include area contacts who may be able to suggest themes and facilitators if you wish to run an event or short retreat.

Otago	Mary Hepburn	(027) 3508915	<a href="mailto:maryhrsm@gmail.com">maryhrsm@gmail.com</a>
Canterbury	Lorraine Jansen	(03) 384 4322	<a href="mailto:rblajan@xtra.co.nz">rblajan@xtra.co.nz</a>
Nelson	Ilene Allan	(021)102 6778	<a href="mailto:athlene16@gmail.com">athlene16@gmail.com</a>
Wellington	Terry Alve	(027) 6001926	<a href="mailto:terry_alve@gmail.com">terry_alve@gmail.com</a>
Hawkes Bay	Val Chapman	(06) 843 8199	<a href="mailto:valrose@slingshot.co.nz">valrose@slingshot.co.nz</a>
Manawatu	Elsa McInnes	(06) 323 9276	<a href="mailto:elsamcinnnes@inspire.net.nz">elsamcinnnes@inspire.net.nz</a>
Taranaki	Heather Lofthouse	(021) 617 894	<a href="mailto:heather1349@gmail.com">heather1349@gmail.com</a>
Waikato	Kathleen Gavin	(027) 416 8515	<a href="mailto:bkgavin@xtra.co.nz">bkgavin@xtra.co.nz</a>
Auckland	David Crawley	(09) 816 8713	<a href="mailto:davidrcrawley@gmail.com">davidrcrawley@gmail.com</a>
Northland	Anne McCracken	(09) 438 1145	<a href="mailto:annemc2@outlook.com">annemc2@outlook.com</a>

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### SGM JOURNAL - REFRESH

The SGM Journal, **Refresh**, is produced twice a year around a particular theme of contemplative spirituality. The Journal is available from the Administrator:

[admin@sgm.org.nz](mailto:admin@sgm.org.nz) and can also be viewed online at the SGM website [www.sgm.org.nz](http://www.sgm.org.nz)

No charge is made for postage of the Journal, but an annual donation of \$20 would be appreciated to help with costs.

Editor: Diane Gilliam-Weeks, 32 Kauri St, Eastbourne, Lower Hutt, [dianegw@actrix.co.nz](mailto:dianegw@actrix.co.nz)

### FORMATION PROGRAMME FOR SPIRITUAL DIRECTORS

SGM's two-year programme offers comprehensive formation and training in both the theory and practice of spiritual direction. The course includes

- the regular giving of spiritual direction under supervision
- reading and written assignments
- attendance at regular workshops - five single days in each year
- a week-long residential event in the first year, and
- a residential weekend at the end of the second year

This programme prepares graduates to apply for associate membership of the Association of Christian Spiritual Directors in Aotearoa New Zealand (ACSD). After completing a further fifty hours of giving spiritual direction with regular supervision, associate members may apply for full membership.

Formation Programme applicants are expected to have

- experience of receiving regular spiritual direction over at least twelve months
- experience of attending silent, directed retreats
- a degree of maturity based on life and faith experience
- a grasp of the spiritual life, Scripture, and theology
- some understanding of human developmental psychology
- a capacity to listen empathetically and sensitively

Pre- or co-requisites for the programme include:

- gaining familiarity with personality type theory through a Myers-Briggs workshop
- attendance at an Enneagram workshop is a pre-requisite
- participating in a workshop on Christian Dreamwork
- completing a 5-day silent directed retreat
- NZ participants - a Treaty of Waitangi Workshop

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### Formation Programme costs

#### Costs for 2020/21 Programme:

Application fee before 20 Sept:	\$ 50.00
Late applications, after 20 Sept:	\$ 100.00

Programme fee Year One, 2020:	\$ 3,620.00
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N.B. the Y1 fee *includes* \$625 costs for the Residential Week

Programme fee Year Two, 2021:	\$ 2,995.00
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*(All figures include GST)*

A subsidy of \$500 may be available for NZ citizens.

Options include paying by monthly automatic payments or in 3 instalments.

Additional costs include: Supervision fee - \$70 per session approx. (varies according to individual supervisors), books, travel to workshops, and personal monthly spiritual direction. Second year additional costs also include a Closing Weekend retreat.

There are a limited number of places available each year for overseas applicants.

SGM has a 'Donor Sponsorship Fund' from donations generously given by individuals specifically to assist NZ resident programme participants who face financial hardship with fees or travel costs. Participants may request more information about this at the time of their interview.

**Please note that all enquirers are treated individually according to their experience, so, if you:**

- are interested in helping others grow in their relationship with God
- already have people approaching you to talk about their spiritual life
- sense God's invitation to consider this area of ministry
- have been receiving regular spiritual direction for at least twelve months

**Find out more or complete an online application:** [www.sgm.org.nz](http://www.sgm.org.nz)

For further enquiries email the National Co-ordinator: [fran.francis@sgm.org.nz](mailto:fran.francis@sgm.org.nz)

Phone: (027) 4817016

EARLY BIRD APPLICATIONS CLOSE 20 SEPT **BUT** LATE APPLICATIONS ARE WELCOME

## SPIRITUAL DIRECTION

Spiritual direction offers quality listening and assistance in hearing God's voice, reflecting on the journey and facing into the movements of grace in our lives.

Each section of the Calendar lists local contacts who can assist you to find a spiritual director.

The **Association of Christian Spiritual Directors** in Aotearoa New Zealand (ACSD) has members in most parts of the country. Enquiries can be made through: [www.acsd.org.nz](http://www.acsd.org.nz)

The SGM Administrator will also be able to help with contacts in your area:  
[admin@sgm.org.nz](mailto:admin@sgm.org.nz) (021) 432 768

## RETREATS

While the term "retreat" is sometimes loosely used to include conferences, church camps or business strategy and team-building events, none of those is what we mean by the term! A retreat is a time set aside to be with God. It is a time to lay aside our agenda and many of the normal things that fill our lives and our minds, and to focus more completely on God's agenda for us. It is a time to hear God's word of love. It is a time to experience forgiveness and cleansing. It is a time to hear the Lord's call and to sort out our priorities. It is a time for healing and challenge. It's a time to journey further in "the way".

RETREATS ARE LISTED UNDER THE APPROPRIATE REGION.  
REQUESTS FOR INFORMATION AND REGISTRATION SHOULD BE MADE TO THE  
CONTACT PERSON LISTED.

## ACCESSIBILITY INFORMATION

Where we have received the information, we have indicated events that have wheelchair access. This is a guide. People with particular accessibility needs are welcome to enquire with the contact person listed for specific events.

## SGM SPECIAL INTEREST PAPERS

A list of selected special interest papers written by participants of SGM's Spiritual Directors Formation Programme is available on our website. New papers are added throughout the year so check the website periodically for the latest details. [www.sgm.org.nz](http://www.sgm.org.nz)

This section of the Calendar publicises events organised both nationally and locally in various parts of the country. For further information and registrations for these events communicate with the local contact person(s) listed for each event. The Area Contacts listed earlier in the Calendar are people to approach if you would like to arrange a short event or retreat in your Church or area, or you wish to enquire about spiritual direction.

## NATIONAL EVENTS

**March to November – WALKING THE MYSTICAL PATH -  
CONTEMPORARY MYSTICS SHOW US THE WAY**  
Contemplative Living programme undertaken at home.

This is available as an 'at home' programme of resource material for: reading, reflection, spiritual practices, action and includes four spiritual companioning sessions by skype or phone. During the programme we look at five strands of the contemplative path: theology, prayer/meditation, compassion, co-creation and social justice through teachings and practices of contemporary mystics such as Merton, Newell, Bourgeault, Baxter, Rohr, Fox, Doherty, Finley, Aubert, Cowley to name but a few. This is an experiential programme to deepen and support your own knowing of the contemplative Spirit.

Facilitator: Agnes Hermans ACSD

Cost: \$370 for materials and spiritual companioning sessions

Enquiries/registration by 13<sup>th</sup> March to: Agnes on (027) 202 6077 or [amhermans@xtra.co.nz](mailto:amhermans@xtra.co.nz)

**April to November – 30 WEEK IGNATIAN RETREAT**

*following the Spiritual Exercises of Ignatius.*

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Arthur Bruce ACSD

Cost: Negotiable

*Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype or phone*

Enquiries/registration: by 31<sup>st</sup> March 2020 to Arthur (021) 432 768 or  
[arthurlbruce@gmail.com](mailto:arthurlbruce@gmail.com)

**April EASTER WISDOM SCHOOL**

**8-12** Join us in commemorating as a community the Easter 'journey towards freedom'. We'll be guided by the Holy Week liturgies that were developed by Cynthia Bourgeault and Ward Bauman. Cynthia and Ward developed the liturgies so we could participate in them as known everyday realities rather than commemorating something from the distant past.

During this four-day residential retreat we'll also include practices that support shifting from our chattering, controlling selves into open heartedness through the usual Wisdom School practices of silence, qigong, chant, meditation, work, contemplative dialogue, time alone, rest and play.

Facilitators: Pip Nicholls and Bev Silvester-Clark ([bev.s-c@outlook.com](mailto:bev.s-c@outlook.com))  
Venue: Te Moata Retreat Centre, Tairua, Coromandel  
Time: 4pm on the 8th to 2pm on the 12th April  
Cost: \$320 for accommodation and a koha for facilitation  
To Register: Bev on [bev.s-c@outlook.com](mailto:bev.s-c@outlook.com) or Ph (027) 431 6205

**Nov 14 RESEARCH SYMPOSIUM**

Time: 9:30-4:30pm  
Venue: St Francis Retreat Centre, Hillsborough, Auckland.  
Cost: \$100.00

**For more information see the full entry under Auckland.**

For any enquiries please contact Kristen Hobby on [kristenh@sdiworld.org](mailto:kristenh@sdiworld.org)

**Nov 15 INTER-SPIRITUAL GATHERING**

Time: 9:30-4:30pm  
Venue: St Francis Retreat Centre, Hillsborough, Auckland.  
Cost: \$30.00

**For more information see the full entry under Auckland.**

For any enquiries please contact Kristen Hobby at [kristenh@sdiworld.org](mailto:kristenh@sdiworld.org)

**REGIONAL EVENTS**

**NORTHLAND**

**In Northland we have a network of people offering various programmes and events including:**

- quiet days using the arts (such as clay, paint, mosaics, collage) as a vehicle to deepen the reflective process
- opportunities to develop contemplative practices such as Christian meditation, centering prayer, chant, lectio divina (sacred reading)
- talks and seminars with input from guest presenters, either live or DVD / audio
- day or weekend retreats
- ad hoc book study groups
- Retreats in the Midst of Daily Life

These events tend to be planned and promoted 4-8 weeks prior to commencement and promoted via email networks. To link into the communications network around these people and events, please contact Anne McCracken [annemc2@outlook.com](mailto:annemc2@outlook.com) and request that your name be added to the email group for this information.

**ST ISAAC'S RETREAT HOUSE OPONONI**

197 Waiotemarama Gorge Road,  
P.O. Box 93 OPONONI 0445

Phone: (09) 405 8834 Email: [stisaacs.wardens@xtra.co.nz](mailto:stisaacs.wardens@xtra.co.nz)

St Isaac's is an ecumenical place of prayer and quiet set among the Hokianga hills. The ancient Prayer of the Church is prayed twice daily. Eucharist is celebrated on Wednesday. There is a well-stocked library, and the extensive grounds include the Stations of the Cross and a bush walk. Accommodation - in self-contained houses - is available through booking with the warden.

**CHAPEL HOUSE RETREAT**

27 Woodward Road, Whatitiri, RD9 Whangarei, ph: (09) 434 6630

Chapel House, set within the scenic volcanic region of Maungatapere, 20 minutes' drive from Whangarei city, offers peace, quiet and a prayerful atmosphere within a garden, bush and countryside environment. A suitable venue for small group quiet days or similar related activity. Accommodation for longer retreats, as well as spiritual direction, also available. Contact Rosemary for further inquiry at [Rosemary.Blackwell@xtra.co.nz](mailto:Rosemary.Blackwell@xtra.co.nz)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

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### CONTEMPLATIVE PRACTICE CIRCLE

A home-based meeting for Christian contemplative practice that is respectful of many faiths and sources of wisdom. It consists of chant, 30-minute meditation and lectio divina inspired by contemporary mystics and poets. Held in Whangārei on the second and fourth Wednesdays of the month, 7pm-8pm. Contact Agnes Hermans, [amhermans@xtra.co.nz](mailto:amhermans@xtra.co.nz), (027) 202 6077.

### SPIRITUAL DIRECTORS NETWORK

Northland-based spiritual directors meet twice annually, in May and October, for mutual encouragement, information and up-skilling. Venues to be confirmed. For further information, contact Anne McCracken [annemc2@outlook.com](mailto:annemc2@outlook.com).

### WHANGAREI LABYRINTHS

There are two outdoor labyrinths in Whangārei that are available for public use.

St Stephen's Anglican Church, Church Street, Onerahi.

A Chartres style labyrinth at the back of Marion Ross' home at 1 Memorial Drive, Riverside.  
Just turn up and walk. Koha appreciated.

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

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### AUCKLAND

#### OASIS RETREAT CENTRE

206 Albany Heights Rd, Albany. Auckland. Ph. (09) 4159686

The rural bush setting of Oasis offers space, quiet, beauty and birdsong for those who come on retreat and for quiet days, study, and planning days. Contact Andrew Dunn for costs, availability and facilities. Personal spiritual direction and ministry/work supervision is also offered. [www.oasisretreatcentre.org.nz](http://www.oasisretreatcentre.org.nz)

#### VAUGHAN PARK ANGLICAN RETREAT AND CONFERENCE CENTRE –

1043 Beach Road, Long Bay, Auckland 0630

Vaughan Park Anglican Retreat and Conference Centre is a beautiful, restful and refreshing space and place at Long Bay on the North Shore of Tāmaki Makaurau, Auckland.

We offer an inclusive, welcoming and gracious oasis of peace, prayer and generous hospitality to individuals, churches, communities, charitable and corporate groups.

We gift international Scholarships to writers, academics, artists, musicians and creatives and offer an encouraging gateway for those who want to publish, share and showcase their work on our Moments page <https://vaughanpark.nz/moments>

You can find out more about what we offer @ [www.vaughanpark.org.nz](http://www.vaughanpark.org.nz) and/or email us @ [reception@vaughanpark.org.nz](mailto:reception@vaughanpark.org.nz)

#### PEACEMAKERS CONTEMPLATIVE COMMUNITY AND RETREAT CENTRE

116 Fordyce Road, Parakai, Auckland

Come to a quiet, restful and healing Oasis for time out in the unforced rhythms of grace.

Create your own retreat or have me, Susannah Connolly, assist you.

Five-day retreats on request designed for you personally and for your small group.

Spiritual Direction and Supervision is available.

Spiritual Directors - come and create your own retreats for your own groups, at affordable prices.

Phone Susannah Connolly 027 2861264 or email: [counselling@safetynet.co.nz](mailto:counselling@safetynet.co.nz)

**Silent Retreats:** Two days/one week available with Susannah Connolly on request, designed together. Come alone or bring a small group of up to 8.

**Five- and Seven-day silent retreats for SGM participants, directed by Susannah Connolly.**

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### SPIRITUAL DIRECTORS NETWORK AUCKLAND

All Spiritual directors, and those in training, are most welcome to be part of this support group which holds meetings throughout the year. A guest speaker is selected for each gathering where there is opportunity for professional development, spiritual refreshment and fellowship with other spiritual directors. Please come and join us!

#### Refresher Day 2020

Saturday 15 Feb, 9am – 3.30 pm at the Eden Community Church.

Guest speaker: Sheila Pritchard

**Two Evening meetings:** 7.00 – 9.00 pm at the Mercy Spirituality Centre:

Mon 18 May and Tues 13 October (speakers yet to be confirmed)

**One Saturday morning meeting:** 9 am – 12 pm Sat 15 Aug at the Mercy Spirituality Centre.

For further information or to join our email list please contact Jeannie Martin-Blaker:  
jmartin.blaker@gmail.com Ph: (09) 6293082 or Jo Garton: joannegeoff@xtra.co.nz

Please note our website for up to date info: [www.sdnetworkauckland.org](http://www.sdnetworkauckland.org)

### PIRINGA DEBRIEFING CENTRE –

is situated in Algies Bay (just out of Warkworth) and provides a residential personal debrief especially for those involved in different ministry/missions/church contexts. We seek to provide a safe place for people to process the events of the past in order to grow emotionally, mentally, physically and spiritually, so they can move forward into the future in more healthy ways. We believe it is God's desire for each individual to experience deeper wholeness in all areas of our lives, this is especially important in times of transition. People come and stay (self-catering) for a week – arriving Sunday evening and leaving mid-day the following Friday. We only have one unit (e.g. single/couple/family) at a time.

For more information please go to our website [www.piringa.org.nz](http://www.piringa.org.nz)

Gavin and Michelle McConnell.

### TITIRANGI TIME-OUT

A native forest setting/5 min walk to Titirangi beach - comfortable quiet BnB space available for singles/couple to have reflective time-out or retreat (1-5 days). Bush walks, forest and shore birds. Spirituality/theology library. Meals and spiritual direction available. Koha. Mary Betz (ACSD) is a spiritual director and writer and gives workshops and retreats in the areas of ecology, justice and spirituality. She has worked around New Zealand and in Canada in the fields of environment, adult faith education and social justice. Her PhD (Otago 2004) explored images of God. She welcomes people who have lots of questions or who simply want stillness! Contact Mary at [maabetz@gmail.com](mailto:maabetz@gmail.com) or (09) 817 2151.

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### Te Ngakau Waiora MERCY SPIRITUALITY CENTRE



104 The Drive, Epsom, Auckland. 09 638-6238

Within our beautiful grounds we seek to create a peaceful oasis and a place of learning. This fosters the inner search leading to personal, social and spiritual renewal in harmony with creation. We offer retreats, spiritual direction and companionship, and workshops on spirituality and prayer - as well as facilities for hire and accommodation.

Events following are correct at the time of going to print, but changes are possible.

For more details: [www.mercyspiritualitycentre.org.nz](http://www.mercyspiritualitycentre.org.nz)

Contact: [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) or phone (09) 638 6238

MERCY SPIRITUALITY CENTRE		Booking essential	
Event	Speaker/Facilitator	Description	Date
6-day Guided Retreats	Anne Warren chf	Individually directed, residential and, to aid your prayer and personal reflections, they are made in silence.	19-25 April
	Pip Nicholls (5-day)		14-19 July
	Fr Mark Chamberlain (5-day) Cathryn Wiles-Pickard rsm		6-11 September 4-10 October
4- days Guided Retreats	Dr Mary Betz Rev Josh Jones	Being Present – to ourselves, God and all Creation Discovering the rhythm of God	22-26 March 22-26 November
Retreat Days & Weekends	Sarah Cooper Eamon Butler	Reconfigured: Transformed by Reality Homecoming: Being Present to yourself, your family & God Recycling our Rubbish	15 February 27-29 March 4 April
	Joy Cowley & Fr John O'Connor Cathryn Wiles-Pickard rsm	“The presence of God is all around us, is always embracing us” Thomas Keating	11 August
	Fran Francis & Kris Telfer Fr Chris Skinner sm MSC & St Georges Epsom Cathryn Wiles-Pickard rsm	Behold- joining Moses at the Burning Bush Truly Present, Truly Blessed Presence in Unity - Ecumenical Day	23 August 26 September 17 October
	Rev Iain Gow Mary Catherwood rsm	Meditation Retreat Day Discovering the rhythm of God Attending to God's Presence	17 October 22 November 2 December
Dreamwork	Margaret Bowater	Introduction to Dreamwork 101 Dreamwork Refresher 202 (3hrs) Practising Dreamwork Skills Death, Grief & Healing 102 Resolving Nightmares 201 Visionary & Lucid Dreams 103 Introduction to Dreamwork 101 Dreams & Visions in our Christian Heritage	21-22 Feb 31 Jan, 17 Apr, 26 Jun, 28 Aug, 30 Oct or 4 Dec 27-28 March 2 May 20 June 24-25 July 28 November

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

Meditation	Cathryn Wiles-Pickard rsm	Introduction to Christian Meditation (101) Journey & Fruits of Christian Meditation (102) Meditation Retreat Day	16 May 5 September 17 October
Ignatian Spirituality	Laetitia Puthenpadath Fr Mark Chamberlain	Ignatian Contemplation for Lent - Encounter with Jesus at Bethany where Mary anoints him Residential 5-day retreat see above Living our lives as holy lives 7-9pm Praying the Old Testament with Ignatius of Loyola	14 March  6-11 Sept 9 Sept 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> , 29 <sup>th</sup> of September 7-9pm
	Adriana Janus		
Enneagram	Marie Corbett Marie Corbett	Enneagram Unit 1 Enneagram Unit 2	1-3 May 6 June
Muffin Meetings 10.30am-12.30	Various	Two hours of spiritual refreshment on various topics, mornings and evenings throughout the year.	See our website
Workshops	Clare Barnett	Self-Care: Being Present to Yourself as a human BE-ing rather than a human DO-ing	19 June
	Kathleen Rushton rsm	The Presence of the Spirit in the Gospel according to John	25 July
	Steve Tollestrup	The Spirituality of Justice	20 August
Evening 7-9pm	Susan Healy	<b>Te Tiriti O Waitangi:</b> The Treaty of Waitangi: What it means in 2020 & Teaching NZ History: Where Do We Start?	28 February & 10 July
	Rebecca McGinty	Aromatic Anointing – Jesus: “Our Ultimate Healer.”	4 March
	Fr Kevin Waldie	Can we find God in the dark?	11 March
	Marta Cullen	Dance: Being and living the present moment	8 May
	Rachel Marr & Eric Matthews	With NZ Sign language – we have equality	12 May
	Sarah Hart	New Wine in Old Wineskins: Exploring the Lukan Jesus in relation to the Hebrew Bible	15 May
	Mark & Trish Ebery	The Presence of Christ in Sacred Spaces: change and continuity	26 May
	Ron Hepworth with guest storytellers	Storytelling: Seeds that Fell to the Forest Floor	23 June
	Rangi Davis	Māori Spirituality: Being a presence for another	26 June
	Christopher Longhurst	Spiritual Presence in Religious & Non-Religious Visual Art: <i>Behind the scenes of the Vatican’s Masterpieces</i>	3 July
	Auckland Interfaith Council	Feeling a Divine Presence in the light of the different Faiths	29 July
	Fr Merv Duffy Nic Birt	The Presence of the Holy in Images Exploring ancient rock-hewn churches in Ethiopia	26 August 4 September
	Max Maxwell “The Good Guys” Beate Matthies	Taizé Singing - Songs for the Spirit Indian Culture: Goa Guardian Angels	16 October 13 November 27 November

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

Lent	Journey of the Cross Series	Stations of the Cross - Cathryn Wiles-Pickard rsm Pause to Ponder - Anne Warren chf Entering the Mystery of the Cross – Anne Warren chf Contemplation at the Foot of the Cross - Cathryn Wiles-Pickard rsm	13 March 20 March 27 March
	Ignatian Contemplation	Encounter with Jesus at Bethany where Mary anoints him - Laetitia Puthenpadath	3 April 14 March
104 The Drive, Epsom, Auckland 1023 <a href="http://www.mercyspiritualitycentre.org.nz">www.mercyspiritualitycentre.org.nz</a> For more details or if you would a booklet sent to you contact <a href="mailto:info@mercyspiritualitycentre.org.nz">info@mercyspiritualitycentre.org.nz</a> or (09) 638 6238			

**For a full description of events, see the Mercy Centre Programme. Booking is essential.**

### AUCKLAND CONTD.

#### **Feb 15 SPIRITUAL DIRECTORS SUPPORT GROUP REFRESHER DAY**

Don't miss this popular annual event offered by the Auckland Spiritual Directors Network. Spiritual Directors, and those in training, from **all regions** are welcome to this day of professional development, spiritual refreshment, and general good times with people we don't see nearly enough of.

**Morning speaker: Sheila Pritchard. Afternoon speaker: to be announced**

Date: 9.00am – 3.30pm Saturday, 15 February

Cost: \$30 Bring your own lunch. Tea and coffee provided.

Venue: Eden Community Church - cnr 74 View Rd and Alderley Rd, Mt Eden, Auckland (car park entry on Alderley Road).

For more information and registration contact -

Jeannie Martin Blaker: [jmartin.blaker@gmail.com](mailto:jmartin.blaker@gmail.com) (09) 629 3082

or Jo Garton: [joannegeoff@xtra.co.nz](mailto:joannegeoff@xtra.co.nz) (021) 136 7743

#### **Feb 26 LABYRINTH MEDITATION**

You are invited to discover the Labyrinth in Mt Eden at Eden Community Church Prayer Garden and participate in a labyrinth journey through 6 seasons of the Christian calendar. You are warmly welcome to use this inner-city Labyrinth at any time for your personal prayer journey.

Lent - The journey towards Easter – Feb 26

Time: 6pm

Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark on Alderley Road.

Cost: \$5.00 Led by: Katherine Opie

For further information or to register: [richkath.opie@gmail.com](mailto:richkath.opie@gmail.com)

**This is the first of the six seasons. The other five follow in the Calendar:**

**9 April, 12 April, 24 May, 31 May and 29 Nov.**

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

- Mar 22-26** **FOUR-DAY LIVE-IN INDIVIDUALLY GUIDED RETREAT**  
**Being present – to ourselves, God and all creation**  
Lent invites us to stop and ask: Where am I in life? What am I grateful for? What would I like to change? Enjoy reflection, stillness, walks and ‘just being’ in the presence of God and creation. Daily spiritual direction and ideas for prayer and reflection drawn from Scripture and writers like Daniel O’Leary, Ilia Delio, Thomas Merton and Pope Francis.  
**Facilitator** Mary Betz  
**Date** Sunday, 22 March, 7.00pm to Thursday, 26 March, 2.00pm  
**Fee** \$430 + \$60 *non-refundable deposit at time of booking*  
**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238
- Mar 27-29** **WEEKEND RETREAT**  
**Homecoming: Being Present to yourself, your family and God**  
Jesus' parable of *The Prodigal Son* (Lk 15) is one of the most profound insights to the nature of God's compassionate and unconditional love for us. We will explore the spiritual reflections by Henri Nouwen on Rembrandt's painting of the homecoming scene of the younger rebellious son. These valuable spiritual insights can serve to increase our hunger and thirst for a deeper union with God on our interior journey of transformation.  
During this Weekend Retreat, there will be talks, sharing, small group discussion, and times for reflection through silence, prayer and meditation.  
**Presenter** Eamon Butler  
**Date** Friday, 27 March, 7.00-9.00pm, Saturday, 28 March, 9.30am-8.30pm & Sunday, 29 March, 9.30am-12.30pm  
**Fee** \$160 incl. meals on Saturday: \$230 incl. accommodation Fri & Sat  
**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238
- Apr 9** **MAUNDY THURSDAY LABYRINTH MEDITATION.**  
Time: 5.30pm  
Venue: Eden Community Church Prayer Garden - cnr Alderley Road and 74 View Road, Mt Eden. Enter from carpark.  
Cost: \$5.00 Led by: Katherine Opie  
For more information or to register: [richkath.opie@gmail.com](mailto:richkath.opie@gmail.com)
- Apr 12** **RESURRECTION SUNDAY SUNRISE LABYRINTH MEDITATION**  
Join with the women and their journey to the tomb at sunrise. Sense the movement from dark to light.  
Time: 6.00 am

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

- Venue: Eden Community Church Prayer Garden. – cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.  
Cost: \$5.00 Led by: Katherine Opie  
For more information or to register: [richkath.opie@gmail.com](mailto:richkath.opie@gmail.com)
- Apr 24-29** **5-DAY SILENT DIRECTED RETREAT**  
**Your place at the table: enjoying the hospitality of the Trinity**  
Time: 3.00 pm (24 Apr) – 11 am (29 Apr)  
Venue: St Francis' Retreat Centre, 50 Hillsborough Rd, Hillsborough, Auckland  
Cost: \$650.00pp incl all meals, accommodation, linen. (We can accommodate 20 people on this retreat)  
A koha for your spiritual director for daily sessions is appreciated.  
Good food, a beautiful environment, restful rhythms, silence, solitude and engagement with God through the Rublev's icon of The Trinity (or Abraham and the Three visitors). A daily rhythm of communal silence, evening prayer focussed on the Trinity and daily spiritual direction offers refreshment of body and spirit. This retreat is offered by SGM and led by Fran Francis with Eamon Butler and a team of spiritual directors available to meet with retreatants daily.  
If your heart gave a little leap this might be for you! - book your place now.  
Email: [fran.francis@sgm.org.nz](mailto:fran.francis@sgm.org.nz)
- May 2** **GOD'S SPACE DAY RETREAT – Long Bay**  
Time: 9.00am – 5.00pm, Saturday 2<sup>nd</sup> May  
Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.  
Cost: \$50 (includes lunch)  
Contact: Marion Baker, (021) 054 8183. Email: [marion@stchads.org.nz](mailto:marion@stchads.org.nz)
- May 2** **FILM DAY AT OASIS**  
10.00am - 3.00pm, Saturday 2 May  
Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany, Auckland.  
Leaders: Andrew Dunn and Warren Deason. BYO lunch and koha.  
Film to be advised. For information and registration (09) 415 9686 or [dunnzalbany@xtra.co.nz](mailto:dunnzalbany@xtra.co.nz)
- May 14** **MUFFIN MEETING**  
**Conversations with Camus, De Beauvoir, Sartre, Derrida, Foucault and Baudrillard. How 20th century French philosophy can inform our faith**  
Twentieth century France was the centre of explosive new and daring existential and post-modern thought. Yet for many of us their profound insights are locked into difficult to read books, university classrooms or reduced to oversimplified pop

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

'memes'. Join us for a light-hearted and adventurous walk through some of the most profound and controversial thinking of the 20th century. Using non-technical jargon and everyday examples we will ask the question "how do these philosophers help inform our faith"?

**Presenter** Steve Tollestrup

**Date** Thursday, 14 May, 10.30am-12.30pm

**Fee** \$15 incl. morning tea.

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### May 24 ASCENSION SUNDAY LABYRINTH MEDITATION

"He was taken up before their very eyes"...40 days after the Resurrection Jesus was taken into Heaven. Walk the Labyrinth with those followers and enter into the wonder. Time & Venue: 2pm, Eden Community Church Prayer Garden – cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00 Led by: Katherine Opie

For more information or to register: [richkath.opie@gmail.com](mailto:richkath.opie@gmail.com)

### May 31 PENTECOST SUNDAY LABYRINTH MEDITATION

On the 50th day after Easter we celebrate the gift of the Holy Spirit to the disciples of Jesus. Walk the Labyrinth on the Pentecost journey and discover your own flame lit by the Spirit to light your path.

Time & Venue: 2pm, Eden Community Church Prayer Garden – cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00 Led by: Katherine Opie

For more information or to register: [richkath.opie@gmail.com](mailto:richkath.opie@gmail.com)

### Jun 11 MUFFIN MEETING

#### **Climate Change: Can we be present and attentive to this existential threat?**

The impact of climate on our planet is making headlines around the world. In what ways can we make a difference? How can our faith and spiritual practices support us as we change attitudes in the face of climate change? Can we make the shift?

An opportunity to come together to answer these questions and explore ways to face this growing reality in our lives – using the thinking of environmentalists and theologians and other thinkers and activists passionate about our planet.

**Presenter** Bridget Crisp rsm

**Date** Thursday, 11 June, 10.30am-12.30pm

**Fee** \$15 incl. morning tea

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### Jun 19 WORKSHOP

#### **Self-Care: Being Present to Yourself as a human BE-ing rather than a human DO-ing**

In this busy world, it can be a challenge to slow down enough to be present to ourselves - to our inner psyche, spirit and body. Many of us in our professional and personal lives are giving to others, but we often forget to give to ourselves and thus miss opportunities to notice what we really need. This workshop will use a range of health, counselling and mindfulness tools to invite us to remember that self-care is not selfishness, and that wellbeing and sustainability to manage the ups and downs of life requires us to be present to ourselves as human BE-ings.

**Presenter** Clare Barnett

**Date** Friday, 19 June, 10.30am-2.30pm

**Fee** \$35 BYO lunch, MT & tea/coffee provided

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Jun 19-21 MID-WINTER MEN'S RETREAT - Deepening into second half of life spirituality.

This retreat will use the way of Council, poetry, scripture, drumming, song, chant and various contemplative practices as a way of deepening and maturing our individual and corporate connectedness with the "I am" mystery we call God. Hosted at Peacemakers Retreat in Helensville further information is available at [www.counsellingcreatively.co.nz](http://www.counsellingcreatively.co.nz) or phone Andrew Connolly (027) 282 6305 to request a registration form.

Friday 19th June 7pm to Sunday 21st June 3pm. Limited to 12 participants, \$285.00pp Includes accommodation and meals. BYO linen and towels.

### Jul 10-17 SILENT 7-DAY PRIVATE RETREAT FOR SPIRITUAL DIRECTORS – Long Bay

**Date:** 12.00pm Friday 10<sup>th</sup> July – 10.00am Friday 17<sup>th</sup> July

**Venue:** Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

For more information, please contact Marion Baker (021) 054 8183 or [marion@stchads.org.nz](mailto:marion@stchads.org.nz)

### July 14-19 5-DAY INDIVIDUALLY GUIDED RETREAT

A silent individual retreat is a welcomed opportunity to take time away from the responsibilities of everyday life so you can regather and refresh yourself, rekindle your relationship with that that means the most to you, and if a transition is approaching, consider it more clearly. There will be space to rest, pray, read, exercise, explore nature, relax and have an hour each day with a spiritual companion. These retreats are made in silence and there is optional compline each evening.

**Facilitator** Pip Nicholls [www.thegentleartofknowing.co.nz](http://www.thegentleartofknowing.co.nz)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

**Venue** Mercy Spirituality Centre, 104 The Drive, Epsom  
**Time** 7pm on the 14th to 2pm on the 19th.  
**Fee** Early bird \$530 (before 3 Aug)  
After \$570 (incl. \$60 *non-refundable deposit at time of booking*)  
**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Jul 25 WORKSHOP

#### *The Presence of the Spirit in the Gospel according to John*

Jesus 'breathed' on the disciples saying, 'Receive the Holy Spirit' (John 20.22). This recalls the Breath of God hovering over the primordial waters and breathing life. In the Gospel according to John, we shall explore the presence of the Holy Spirit abiding with us now as it was empowering disciples then. With the power of the Holy Spirit, we are called to 'complete the works of God'. We can do so by responding to the cry of the earth and the cry of the marginalised. In this session, we will explore ways in which we can continue Jesus' work in today's world.

**Presenter** Kathleen Rushton rsm  
**Date** Saturday, 25 July, 10.00am-3.30pm  
**Fee** \$45

Please bring your lunch, tea/coffee is provided.

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Aug 20 WORKSHOP

#### *The Spirituality of Justice*

Throughout history, prophets, contemplatives and mystics have had an active concern for the poor and disadvantaged. This participatory workshop explores the themes of presence and deep spirituality that can be found in activism and justice, as well as takeaway contemplative tools for practice and response. It will be especially valued by those concerned for social and environmental justice, and who are exploring where spirituality, activism and praxis meet.

**Presenter** Steve Tollestrup  
**Date** Thursday, 20 August 9.45am-3.30pm  
**Fee** \$45

Please bring your lunch, tea/coffee is provided.

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Aug 21-23 GOD'S SPACE WEEKEND RETREAT – Long Bay

**Time:** 7.00pm Friday 21<sup>st</sup> August – 3.00pm Sunday 23<sup>rd</sup> August 2020.  
**Venue:** Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.  
**Cost:** registration \$50 (non-refundable) + \$220.  
**Contact:** Marion Baker, (021) 054 8183 [marion@stchads.org.nz](mailto:marion@stchads.org.nz)

### Aug 23 RETREAT DAY

#### **Behold - joining Moses at the Burning Bush**

We invite you to "turn aside" for a few hours, leaving behind the demands of daily life. Be present to something that is going on for you: space to behold whatever that is. It is also time for you to *Be* and to *Hold* the particular invitation of God to you. This sensory day will include a tasty lunch. Bring a stone - yes, a stone; your journal and writing materials, suitable clothing if you want to go outdoors. All other resources are provided.

**Presenters** Fran Francis & Kris Telfer ([www.solace.org.nz](http://www.solace.org.nz))

**Date** Sunday, 23 August, 9.30am-4pm

**Fee** \$70 incl. lunch

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Sep 26 RETREAT DAY with Fr Chris Skinner

#### *Truly Present, Truly Blessed*

Fr Chris Skinner is a Marist priest with a passion for singing and song writing. This retreat day will be filled with music and invite us to be present to ourselves, present to one another and the various ways God is present to us. Be refreshed and inspired through silence, prayer, sharing and song - savouring the presence of God in and around us.

**Presenter** Fr Chris Skinner sm

**Date** Saturday, 26 September, 10.00am-3.30pm

**Venue** St Columba Centre, 40 Vermont Street, Ponsonby

**Fee** \$45 BYO lunch, MT & tea/coffee provided

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Oct 9-11 SACRED PATHWAYS SILENT RETREAT WEEKEND

This silent retreat is an opportunity to relax, rest, reflect and pray in a delightful bush setting. Devotionals on a theme and Spiritual Direction is offered.  
**Venue:** Tyburn Monastery, Bombay. South Auckland.  
**Time:** Friday 9 Oct, arrival 5:30 pm to 4 pm Sunday 11 Oct.  
**Cost:** \$200 (includes \$30 registration.) All linen & meals provided.  
Please register by 15th September.

For more information or to register contact:

Audrey Burt (09) 521 0960 email: [da.burt@outlook.com](mailto:da.burt@outlook.com)

or Jo Garton email: [joannegeoff@xtra.co.nz](mailto:joannegeoff@xtra.co.nz) (021) 136 7743

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### Oct 13 MUFFIN MEETING

*“Francis, rebuild my house (for as you see it has fallen into ruin)”*

Eight hundred years ago, Jesus challenged Francis of Assisi to ‘rebuild my house’. If Francis were alive today, might he, like Pope Francis, understand ‘my house’ as our endangered Earth? This session will help us be present to creation as kin, calculate our carbon footprints, and discover which changes can make the most difference in living lifestyles truly respectful of God and creation.

**Presenter** Mary Betz

**Date** Tuesday, 13 October, 10.30am-12.30pm

**Fee** \$15 incl. morning tea

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Oct 17 ECCUMENICAL DAY

**Presence in Unity – Ecumenical Day**

The Apostle Paul wrote in 1 Cor 12:13 that we were “all baptised into one body – Jews or Greeks, slaves or free”. It is in this spirit of peace and unity that God is truly present.

How does this speak to us as the Church of Christ in today’s context?

Join us for this opportunity to get together with Christians of different denominations to celebrate the fruit of reconciliation and harmony.

This event is organised in cooperation between Te Ngakau Waiora Mercy Spirituality Centre and St George’s Anglican Parish, Epsom.

**Presenter** Fr Kevin Waldie sm & Rev Josh Jones

**Music** Sarah Hart & Rev Josh Jones

**Venue** St Columba Centre, 40 Vermont Street, Ponsonby

**Date** Saturday, 17 October, 10.00am-1.00pm

**Fee** \$20 incl. morning tea.

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Oct 17 FILM DAY AT OASIS

10.00am - 3.00pm, Saturday 17 October

Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany, Auckland.

Leaders: Andrew Dunn and Warren Deason. BYO lunch and koha.

Film to be advised. For information and registration (09) 415 9686 or

[dunnzalbany@xtra.co.nz](mailto:dunnzalbany@xtra.co.nz)

### Nov 10 A MORNING IN THE GARDEN

*The Garden – A reflection of God’s Presence among us*

Humans began a relationship with God and earth in a garden - the story is told for us in the second chapter of Genesis.

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

Spend a reflective morning at Mercy Spirituality Centre, where we listen and explore - taking time to reconnect with all our senses to the gifts of the garden, a place of God’s presence among us.

**Presenter** Cathlene Carter & Rita Vessey rsm

**Date** Tuesday, 10 November, 10.30am-12.30pm

**Fee** Koha/Donation

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz) (09) 638 6238

### Nov 14 RESEARCH SYMPOSIUM

Time: 9:30-4:30pm

Venue: St Francis Retreat Centre, Hillsborough, Auckland.

Cost: \$100.00

Spiritual Directors International, with the support of the Patrick and Anthony Wright Formation and Education Fund is excited to host the second SDI Research Symposium, titled “Spiritual Direction without Borders”

Whether you are a student, academic, researcher or practitioner, we offer a collaborative and open space in which to explore research in spiritual direction and spirituality in academic settings. This symposium will allow participants to come together to share knowledge and forge research networks.

*The 2020 SDI Research Symposium includes:*

A keynote presentation by Australian author and academic David Tacey, on the themes of ‘The Spirituality of the Whole Person.’

Panel discussion focused upon the inherent challenges of undertaking research in the areas of spirituality and spiritual direction in academic settings.

Roundtable-style discussions—sharing and debating research on the topic of spirituality and spiritual direction within a diverse range of topics.

For any enquiries please contact Kristen Hobby at [kristenh@sdiworld.org](mailto:kristenh@sdiworld.org)

### Nov 15 INTER-SPIRITUAL GATHERING

Time: 9:30-4:30pm

Venue: St Francis Retreat Centre, Hillsborough, Auckland.

Cost: \$30.00

**Listening for Wisdom**

In our noisy and busy lives, we carry many voices of spirituality within us. Our inherited traditions are familiar, yet the invitation is to encounter those from other traditions in our diverse community.

Together, we will journey by listening deeply to presenters from a diverse range of faith backgrounds. Each will share their notions of how they listen in their spirituality traditions.

After each presentation, we will silently encounter the gifts of their offerings and reflect on how we are touched as individuals by the opportunity to hear deeply and feel the impact of that listening.

For any enquiries please contact Kristen Hobby at [kristenh@sdiworld.org](mailto:kristenh@sdiworld.org)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

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### Nov 21 ONE DAY GOD'S SPACE RETREAT – Hillsborough

Time: 9.00am – 5.00pm Saturday 21<sup>st</sup> November

Venue: St Francis Retreat Centre, Hillsborough, Auckland.

Cost: \$55 (includes lunch.)

Contact: Marion Baker, (021) 054 8183 or [marion@stchads.org.nz](mailto:marion@stchads.org.nz)

### Nov 22 RETREAT DAY

#### Discovering the rhythm of God

Exploring the deeper presence of God in the rhythms of our life's joys and fragilities.

*Discovering the rhythm and presence of God* in the passage: "Love the Lord, your God, and love yourself as your neighbour". During the day there will be opportunities for periods of prayer, silence and musings.

*This retreat day stands alone but also leads into the 4-Day-Retreat led by Rev Josh Jones.*

**Presenter** Rev'd Iain Gow

**Date** Sunday, 22 November, 10.00am-4.00pm

**Fee** \$65 incl. lunch, tea/coffee.

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz)  
(09) 638 6238

### Nov 22-26 INDIVIDUALLY GUIDED FOUR-DAY LIVE-IN RETREAT

#### Discovering the rhythm of God

Discovering the deeper presence of God in the rhythms of our life's joys and fragilities.

"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." (Galatians 5:22)

How 'present' are these spiritual fruits in your life at this moment in time? How can we nurture and harvest them more and how can 'silence' help in this cultivating?

This retreat stands alone but also connects to the retreat day led by Iain Gow.

**Facilitator** Rev'd Josh Jones

**Date** Sunday, 22 November, 5.00pm to Thursday 26 November, 2.00pm

**Fee** \$500 (incl. \$60 non-refundable deposit made on booking) incl. accommodation and all meals

**Bookings/Info:** Mercy Spirituality Centre [info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz)  
(09) 638 6238

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

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### Nov 29 ADVENT LABYRINTH MEDITATION

A Labyrinth journey at the beginning of the 4 weeks anticipating and preparing for the birth of Jesus and Christmas. An opportunity to pause, slow down the body, mind and spirit in anticipation of the busy southern hemisphere end of year and beginning of summer holidays.

Time: 2pm Led by: Katherine Opie

Venue: Eden Community Church Prayer Garden- Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00

For more information or to register: [richkath.opie@gmail.com](mailto:richkath.opie@gmail.com)

# SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

## WAIKATO REGION

**HOUCHEN RETREAT & CONFERENCE CENTRE** is a centre for retreats, appropriate community functions and other forums. Set in 5 acres of beautiful gardens (including a Labyrinth), with accommodation all year round.

Address: 83 Houchens Road, Hamilton, 3206.

Phone: (07) 843 5538

Email: [houchen.house@xtra.co.nz](mailto:houchen.house@xtra.co.nz)

Website: [www.houchenhouse.org.nz](http://www.houchenhouse.org.nz)

Managers: Glyn and Wanda Pemberton

### **BRIDLE CREEK RETREAT**

For those needing some time out with God, Bridle Creek Retreat is a fully self-contained, two-bedroom unit attached to our home in a quiet rural location near Raglan. Personalised guided retreats can be arranged to suit individual needs and/or Spiritual Direction provided if desired. Self-catering or with meals provided on request.

**Contact:** Kathleen Gavin (07) 825 8059 or (027) 416 8515; Email: [bkgavin@xtra.co.nz](mailto:bkgavin@xtra.co.nz) for further information.

Cost: depends on length of stay and catering requirements.

### **MORNINGS OF REFLECTION AND PRAYER**

**Every second Friday or third Friday of the months of March, May – August, October – November**

Facilitator: Jan Sampson

Time: 9:30am - 12pm

Venue: Saint James, 82 Nixon St, Hamilton East

Cost: \$10 appreciated

You are welcome to bring your lunch to eat together after our morning.

Registration: Jan Sampson (07) 859 3373 or [spiritualdirector3@gmail.com](mailto:spiritualdirector3@gmail.com)

### **Feb DAY OF PRAYER AND REFLECTION**

**7 or 8** Reflections around Hope

**or 14** February: Friday 7th or Saturday 8th or Friday 14th

Facilitator: Jan Sampson

Time: 930-3pm

Venue: Saint James, [82 Nixon St, Hamilton East](#)

Koha : \$20 appreciated

You are welcome to bring your lunch to eat together after our morning.

Registration: Jan Sampson (07) 859 3373 or [spiritualdirector3@gmail.com](mailto:spiritualdirector3@gmail.com)

# SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### **June A WEEKEND RETREAT 2020**

**27-28** Date: Saturday 27th (10am) - Sunday 28th (3pm) June

Venue: Tyburn Monastery, Ngakuru, Rotorua.

Facilitator: Jan Sampson

Cost \$150 (includes single room with ensuite, all meals, morning and afternoon teas)

Registrations or enquires: Jan Sampson - [spiritualdirector3@gmail.com](mailto:spiritualdirector3@gmail.com)

### **Sept MORNING OF PRAYER AND REFLECTION**

**11 or 12** The place of Lament in our Lives

**or 18** September: Friday 11th or Saturday 12th or Friday 18th

Facilitator: Jan Sampson

Time: 930-3pm

Venue: Saint James, 82 Nixon St, Hamilton East

Koha : \$10 appreciated

You are welcome to bring your lunch to eat together after our morning.

Registration: Jan Sampson (07) 859 3373 or [spiritualdirector3@gmail.com](mailto:spiritualdirector3@gmail.com)

## BAY OF PLENTY

### TITOKI CHRISTIAN HEALING CENTRE

Titoki is a place of retreat for people to set aside time with the Lord and for themselves; to rest in the peace-filled environment away from life's pressures. Spiritual Direction, Theophostic Prayer Ministry and Debriefing are available at Titoki.

The centre is situated 10 minutes from Whakatane and is based around a charming homestead set in spacious grounds of mature trees and gardens. There are single and double guestrooms available, some with en suite facilities. Delicious meals are included. An upstairs 2-bedroom apartment in the original building offers a space for those wishing to self-cater.

For further details or bookings, ph (07) 308-6503 or email: [info@titoki.org.nz](mailto:info@titoki.org.nz)

April 3 <sup>rd</sup> – 5 <sup>th</sup>	Breaking up with fear.	Facilitated by Janene Forlong.
June 8 <sup>th</sup>	Contemplative pathways	Facilitated by Steve Tollestrup.
June 24 – 28 <sup>th</sup>	A silent retreat	Facilitated by Bert Schoneveld
September 7 <sup>th</sup>	The spirituality of justice	9.30 – 4.30pm. Facilitated by Steve Tollestrup.
September 18 <sup>th</sup> - 20 <sup>th</sup>	The way of the mystic	Facilitated by Alison Morgan.

Please see the Titoki Healing Centre Website for more details. Website: [www.titoki.org.nz](http://www.titoki.org.nz)

## TARANAKI

Taranaki Spiritual Growth ministries group will be able to offer individual spiritual direction, quiet mornings and days in various venues across Taranaki in 2020.

It is also hoped to be able to offer a residential retreat mid-year.

Please get in touch with Heather Lofthouse: [heather1349@gmail.com](mailto:heather1349@gmail.com) or phone (021) 617 894 for dates and further details.

## EAST COAST

For events in Hawkes Bay contact:

**Napier:** Val Chapman 9 Bright Crescent, Napier, 4110  
Phone (06) 843 8199 Email: [valrose@slingshot.co.nz](mailto:valrose@slingshot.co.nz)

**Gisborne:** Cynthia Kearney 12 Victoria St, Gisborne 4010  
Phone (06) 868 6378 or 027 2586378  
Email: [cmkearney@xtra.co.nz](mailto:cmkearney@xtra.co.nz)

### SPIRITUAL DIRECTION and SUPERVISION

One to one: a companion on your spiritual journey to help you explore your relationship with God. Contact Val Chapman (06) 843 8199 Email: [valrose@slingshot.co.nz](mailto:valrose@slingshot.co.nz)

### LABYRINTHS

A Labyrinth in the classical seven-ring design has been created on **Moonwatch Lawn** at Trelinnoe Park, a magnificent private garden off the Napier-Taupo Highway near Te Pohue. The Garden is open all year (\$10 entry charge).

### April to November – 30 WEEK IGNATIAN RETREAT *following the Spiritual Exercises of Ignatius.*

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Arthur Bruce ACSD Cost: Negotiable

*Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype or phone*

Enquiries/registration: by 31<sup>st</sup> March 2020 to Arthur (021) 432 768 or [arthurlbruce@gmail.com](mailto:arthurlbruce@gmail.com)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### MANAWATU

#### AREA CONTACTS:

##### Feilding:

Elsa McInnes (06) 323 9276 [elsamcinnnes@inspire.net.nz](mailto:elsamcinnnes@inspire.net.nz) (021) 0728382

**Palmerston North:** Ruth Rosser (06) 350 3055 [rrpeace@inspire.net.nz](mailto:rrpeace@inspire.net.nz)

**Foxton/Levin:** Hannah Rowan (06) 367 8583 [bexandkate@gmail.com](mailto:bexandkate@gmail.com)

#### MANAWATU SPIRITUAL DIRECTORS SUPPORT GROUP

A spiritual directors support group meets bi-monthly 12.30 to 2.30 pm generally in Feilding. The group's purpose includes opportunity for collegiality, nourishment, refreshment, peer supervision, meditation, reflection and discussion around an agreed theme and prayer. Spiritual directors and those in training to become spiritual directors are invited to join the group. For further information contact Elsa McInnes: (06) 323 9276 or (021) 072 8382 or any of the Association members in Feilding, Palmerston North, Levin or Whanganui.

#### SPIRITUAL DIRECTORS PROFESSIONAL DEVELOPMENT (MANAWATU)

Occasional training days for spiritual directors in the central region are held 2 - 3 times a year generally on Saturdays for about 3-4 hours. Dates and topics are not yet set for 2020, however if you are interested in being on the email list for information about these training days, please contact Pauline Simonsen at: [rpsimonsen@inspire.net.nz](mailto:rpsimonsen@inspire.net.nz)

#### LISTENING SPACE

A quiet morning - time to draw aside from our busy worlds and have space for reflection and being attuned to God's invitations to us.

We meet on the 3rd Monday morning of each month from 9.30am until 12.30pm at various venues in Palmerston North and further afield. It is open to all comers, men and women, is non-denominational, and not affiliated to any particular church.

Someone facilitates a short reflection for about 30mins. The next two hours we spend in silence and gather together at 12.00 noon where we have an opportunity to share with each other. Morning tea & reflection resources are provided. A small koha of \$5 helps cover expenses.

For more information contact: Bev Marsh: [bevlew@inspire.net.nz](mailto:bevlew@inspire.net.nz) or Ann Bennett: [benedicta@xtra.co.nz](mailto:benedicta@xtra.co.nz)

#### JOSEPHITE RETREAT CENTRE

Mt St Joseph, 14 Hillside Tce, Whanganui (Wheelchair Access)

A full printed programme is available on request or visit [www.marymackillop.org.nz](http://www.marymackillop.org.nz)

Monthly Liturgies – 3<sup>rd</sup> Sunday of month from February to December 4pm to 5pm

6 Day Guided, Silent Retreat – Sunday 13 – Saturday 19 Sept, \$575 Live in, \$425 Live out

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

#### THE GATE – A Place to Pray (Te Kawaha ki te Rangi)

Nestled in the foothills of the Tararua Ranges, close to the entrance of the Tararua Forest Park, close to the Otaki River, we offer a space to meet, walk and stay for a personal or group retreat at our off grid house 'The Gate, A Place to Pray,' (Te Kawaha ki te Rangi.)

1350 Otaki Gorge Road, Hautere, Otaki

We offer:

Accommodation for 1 – 20 people.

Beds in the house and huts plus a marae style sleeping area in our upper room.

Opportunity for self-catering.

A small prayer room.

A Tui prayer walk.

A 3 km walk to a dam site through Heritage Forest.

A place of peace and prayer.

A day retreat in March, July and October

The property is run by The Deborah Charitable Trust.

For information please contact Kathleen Campbell: [davidandkathleencampbell@gmail.com](mailto:davidandkathleencampbell@gmail.com)

#### HAERE MAI KI TE RANGIMARIE!

A self-contained one bedroom flat on the beachfront at Waitarere is available for holiday/retreat from February 2020. Sleeps 3. POA. Spiritual Direction available on request. Enquiries welcome. Hannah Rowan [bexandkate@gmail.com](mailto:bexandkate@gmail.com) (027) 215 8544

#### April to November – 30 WEEK IGNATIAN RETREAT *following the Spiritual Exercises of Ignatius.*

This is a 'home-based' alternative to a 30-day Ignatian Retreat (such as I undertook at the Campion Retreat Centre in Melbourne during 2008).

The 30 weeks provides a contemplative journey through the Exercises including daily reading and prayer, and a one-hour session of spiritual direction each week. Preparatory guidance and post-retreat follow-up is included. The purchase of a resource book is required – 'Draw me into your friendship – the Spiritual exercises' by David L Fleming S.J.

Facilitator: Arthur Bruce ACSO Cost: Negotiable

*Consultation and Spiritual Direction sessions are available face-to-face (Dannevirke), by Skype or phone*

Enquiries/registration: by 31<sup>st</sup> March 2020 to Arthur (021) 432 768 or

[arthurlbruce@gmail.com](mailto:arthurlbruce@gmail.com)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

- Feb 1 & 8** **LIVING A SACRED RHYTHM**  
Two days to begin the year well! We will explore how to best structure our days to be life-giving and sustaining, drawing on monastic wisdom, the Rule of St Benedict, Richard Rohr and others. 9.3am – 12 midday Cost: \$20 each day  
Please contact me on [anne\\_chrisp@me.com](mailto:anne_chrisp@me.com) to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See [www.annechrisp.co.nz](http://www.annechrisp.co.nz)
- Mar 7** **MOVING TO THE SECOND HALF OF LIFE**  
Centring on the transitions involved in mid-life, drawing from writings from Sue Monk Kidd and Joyce Rupp.  
Time: 10.00 am to 4,00 pm  
Venue: Shekinah Retreat House, 719 State Highway 1, south of Levin.  
Cost: \$45 (lunch and teas included).  
For more information or to book contact Margie Upson, (022) 087 8986, or email [margieupson@gmail.com](mailto:margieupson@gmail.com)
- Mar 21** **ENNEAGRAM WORKSHOP**  
This full day workshop is a repeat of the two half days run in 2019. The morning will be introductory, while the afternoon extends your understanding and would be suitable on its own for those who already have a basic knowledge of the Enneagram. 9.3am – 4 pm Cost: \$40  
Please contact me on [anne\\_chrisp@me.com](mailto:anne_chrisp@me.com) to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See [www.annechrisp.co.nz](http://www.annechrisp.co.nz)
- May 1-3** **SACRED PATHWAYS RETREAT WEEKENDS**  
**THE WELLSPRING OF LIFE**  
Two opportunities for a weekend retreat on **1-3 May or 5-7 June 2020**  
Enjoy some silence and space for reflection at this silent directed retreat.  
Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.  
Times: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.  
Cost: \$250 (\$50 on registration). For more information and to register contact Ruth Rosser email: [rrpeace@inspire.net.nz](mailto:rrpeace@inspire.net.nz) phone: (06)350 3055  
Or Esmae Goodwin (06)354 8458 or (022) 091 8608

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

- June 5-7** **SACRED PATHWAYS RETREAT WEEKEND**  
**THE WELLSPRING OF LIFE**  
Please see advert for May 1-3 above
- June 21** **DREAMS**  
As we draw close to midwinter and Matariki, we delve into our own dark interior, to ponder and explore the wisdom that comes to us through our dreams. 4 – 7 pm Cost: \$20  
Please contact me on [anne\\_chrisp@me.com](mailto:anne_chrisp@me.com) to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See [www.annechrisp.co.nz](http://www.annechrisp.co.nz)
- July 18** **A DAY OF PRAYER PATHWAYS**  
Step aside from routine and rush to pause and be still with God. Explore new and traditional ways of prayer and meditation. Listen for God's still, small voice in the silence. Receive new joy in connecting with God.  
Date: Saturday 18<sup>th</sup> July 2020. 10.00am – 4.00pm  
Where: All Saints Community Centre, The Square, Palmerston North  
Cost \$25.00 per person (incl. morning tea & lunch)  
Contact: [robbyn@allsaintsnz.com](mailto:robbyn@allsaintsnz.com) or [info@allsaintsnz.com](mailto:info@allsaintsnz.com)  
Last date for registration: 8<sup>th</sup> July 2020
- Sept 12** **THE DIVINE FEMINE**  
In this workshop, we will look at the feminine face of God, some female saints and mystics, and what they offer us. 9.30 am – 4.30 pm Cost: \$20  
Please contact me on [anne\\_chrisp@me.com](mailto:anne_chrisp@me.com) to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See [www.annechrisp.co.nz](http://www.annechrisp.co.nz)
- Sept 25-27** **SACRED PATHWAYS RETREAT WEEKENDS**  
**DANCING TO GOD'S TUNE**  
Two opportunities for a weekend retreat on **Sep 25-27 or 30 Oct – 1 Nov**  
Enjoy some silence and space for reflection at this silent directed retreat.  
Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.  
Times: 7 pm Fri night (after dinner) to 3.30 pm Sun afternoon. All meals provided.  
Cost: \$250 (\$50 on registration). For more information and to register contact Ruth Rosser email: [rrpeace@inspire.net.nz](mailto:rrpeace@inspire.net.nz) phone: (06) 350 3055  
or Esmae Goodwin (06) 354 8458 or (022) 091 8608

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### Oct 10 **MOVING TO THE SECOND HALF OF LIFE**

*(date to be confirmed)*

For those who are approaching or living with the ageing process and the tasks and graces of this stage of life, using Richard Rohr's concepts from his book 'Falling Upwards'.

Time: 10.00 am to 4.00 pm

Venue: Shekinah Retreat House, 719 State Highway 1, south of Levin.

Cost: \$45 (lunch and teas included).

For more information or to book contact Margie Upson, (022) 087 8986, or [margieupson@gmail.com](mailto:margieupson@gmail.com)

### Oct 30 to 1 Nov **SACRED PATHWAYS RETREAT WEEKEND DANCING TO GOD'S TUNE**

Please see advert for Sep 25-27 above

### Nov 21 **RE-CREATING A LIFE**

9.30 am – 4.30 pm Cost: \$100

Kristen Hobby will lead a one-day workshop based upon the book 'Recreating a Life: Learning How to Tell Our Most Life-Giving Story' by Diane Millis PhD (SDI Press), exploring the intersection between Narrative Therapy and Spiritual Direction. Through reflection, writing and conversation with others, we can discover a more promising story of our lives. We need a community, at least one or more conversation partners, to accompany us. Other people help us to see aspects of ourselves and our stories. It's not what we've experienced that defines us, but the stories we tell about our experiences.

Please contact me on [anne\\_chrisp@me.com](mailto:anne_chrisp@me.com) to confirm your attendance a week ahead of the event. If cost is an issue, do let me know, as I hope that money never precludes attendance. See [www.annechrisp.co.nz](http://www.annechrisp.co.nz)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### **KAPITI COAST – WELLINGTON**

Any additions to the Greater Wellington region programme will be placed on the SGM website, [www.sgm.org.nz](http://www.sgm.org.nz) or the Wellington SGM website, <http://www.sgmwellington.nz>

If you would like to be added to the Wellington SGM database and kept informed of events and any additions to this Programme please contact Terry Alve Email: [terry.alve@gmail.com](mailto:terry.alve@gmail.com)

Facilitators for Quiet Days, Retreats, Group Discernment, and individual Spiritual Direction are available in the Wellington area. Please phone one of the following for more details: Jo Anastasiadas (04) 384 4991 or Terry Alve (04) 232 2583.

### **Wellington/Kapiti Coast Labyrinths**

There are four labyrinths in the Greater Wellington area that are available for public use.

- The Frederic & Margaret Wallis Labyrinth at Hutt Hospital  
<http://www.labyrinthsnz.com/lower-hutt-wellington> A Chartres style labyrinth
- The Johnsonville Labyrinth at Johnsonville Uniting Church, 18 Dr Taylor Terrace, Johnsonville <http://www.juc.org.nz>
- The Labyrinth in Porirua Hospital grounds (Ratonga Rua-o-Porirua Campus), Upper Main Drive, next to the Chapel.
- The Hinemoa Labyrinth in Kathryn and Geethal Fernando's garden 62 Hinemoa St, Paraparaumu.  
Phone 027 3487288 (No obligation to ring beforehand. Can just turn up and walk it).  
Chartres style labyrinth.

### **STILLNESS IN YOUR BUSY DAY on Thursdays**

Centering Prayer together

**Times: Thursdays 12:30 to 1:00 pm** from February 2020

**Venue:** St Andrew's on the Terrace

Room location posted each week as you enter

Facilitated by Diane Gilliam-Weeks (027) 497 8374 [dianegw@actrix.co.nz](mailto:dianegw@actrix.co.nz)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### CELTIC PRACTICES FOR SEEKING THE SACRED

A 12-session journey based on the book “The Soul’s Slow Ripening”, by Christine Valters Paintner.

The book covers 12 different Celtic practices: thresholds, the call of dreams, the practice of *periginatio*, blessing, soul friendship, encircling prayer, walking the rounds, learning by heart, seeking solitude, seasonal wisdom, the landscape of theophany and finally, three essential things. Exploring each practice between sessions will involve a commitment to reading a chapter, alongside reflective writing and/or photography.

Wed evenings, 7.30-9pm, at 3 to 4-week intervals between Feb and Nov. Venue to be confirmed but will be in central Wellington.

Cost: \$25 per person (total). There may also be a further charge towards venue hire if necessary. Contact facilitator Judith Lorimer for more information or to register:

[judithlorimer@gmail.com](mailto:judithlorimer@gmail.com)

### Feb 7 DAY SILENT RETREAT

7-14 A seven day, silent, directed retreat in a peaceful rural setting.

Venue: Magnificat Community, South Wairarapa.

See: [www.magnificat.org.nz](http://www.magnificat.org.nz) for details of the venue.

Time: Friday 7 Feb at 7.30pm to Friday 14 Feb after lunch.

Cost: \$650 (\$50 non-refundable with registration, balance \$600 on arrival)

We gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.

Retreat Team: Lew Marsh, Maggie Smith, John Axcell and Jo Anastasiadis.

**This retreat is already full** although two spaces have been reserved for spiritual directors’ training with SGM. If these spaces are not filled by 7<sup>th</sup> Dec they will become available. A waiting list for these spaces and any others due to cancellations is now available, or for advance enquiries about a likely retreat in February 2021, contact: Jo Anastasiadis: [mail4jo@xtra.co.nz](mailto:mail4jo@xtra.co.nz) 11 Apuka St, Brooklyn, Wellington 6021 or (04) 384 4991

### May SACRED PATHWAYS RETREAT WEEKENDS

#### 1-3 THE WELLSPRING OF LIFE

Two opportunities for a weekend retreat on **1-3 May or 5-7 June 2020**

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Times: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

Cost: \$250 (\$50 on registration). For more information and to register contact Ruth Rosser email: [rrpeace@inspire.net.nz](mailto:rrpeace@inspire.net.nz) phone: (06) 350 3055  
Or Esmee Goodwin (06) 354 8458 or (022) 091 8608

### May 16 LEARN TO LEAD A “QUIET DAY” IN YOUR COMMUNITY ‘BEHOLD’ TRAINING DAY

Date: Saturday 16 May in Wellington, 9.30 am to 4 pm.

Venue: TBC

Cost: \$100 (includes access to online training materials, lunch, tea and coffee) would this be the same?

*Behold* offers an accessible way to ‘taste’ the Christian contemplative tradition, through taking part in practical workshops (such as contemplative walking and contemplative photography).

These training days are suitable for anyone! You don’t have to be a trained spiritual director or clergy. You don’t need prior experience in running retreats. At the training, you will experience a *Behold* event, learn how to facilitate *Behold* events in your own community, and gain access to online materials to be used in your preparation. There will be time to catch up with old friends, and make new connections. We hope you’ll come away inspired and equipped to take this exciting initiative out into your community.

**To register** your interest or find out more, please contact **Kerryn and Peter Christensen**: [pkaj.christensen@gmail.com](mailto:pkaj.christensen@gmail.com)

### June SACRED PATHWAYS RETREAT WEEKEND

#### 5-7 THE WELLSPRING OF LIFE

**Please see advert for May 1-3 above**

### Aug 1 A QUIET DAY MEETING JESUS ON THE ROAD

Jesus spent much time on the road and encountered many different people along the way. This day will be an opportunity to spend a relaxed day with Jesus and some of these encounters. Much of the day will be for your own time of reflection, with a variety of ways to spend time with Jesus being offered, using both Scripture and creativity. If you are looking for a day of refreshing or simply some space from the usual ‘noise’ of the week, this day is for you.

Date: Saturday 1 August, 9.30am to 3.30pm

Venue: Home of Compassion, 2 Rhine St (off Murray St), Island Bay

Cost: \$40 includes tea/coffee, please bring your own lunch. If cost is an issue please let me know.

Facilitator: Jo Anastasiadis Contact Jo: (04) 384 4991 or [mail4jo@xtra.co.nz](mailto:mail4jo@xtra.co.nz)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

**Aug 28 - Sep 1** **TWO AND FOUR DAY DIRECTED RETREATS**  
Dates: Friday 28 August - Tuesday 1 September 2020  
Venue: Our Lady's Home of Compassion, Island Bay, Wellington.  
Up to 16 Places Available.  
**Two Day Options:** (Fri night to Sun afternoon; or Sun afternoon to Tues afternoon)  
**Four Day Option:** (Fri night to Tues afternoon)  
Contact: Terry Alve: [terry.alve@gmail.com](mailto:terry.alve@gmail.com)  
Further info and registrations: <http://www.sgmwellington.nz/retreats.html>

**Sept 25-27** **SACRED PATHWAYS RETREAT WEEKENDS**  
**DANCING TO GOD'S TUNE**  
Two opportunities for a weekend retreat on **Sep 25-27 or 30 Oct – 1 Nov**  
Enjoy some silence and space for reflection at this silent directed retreat.  
Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.  
Times: 7 pm Fri night (after dinner) to 3.30 pm Sun afternoon. All meals provided.  
Cost: \$250 (\$50 on registration). For more information and to register contact Ruth Rosser email: [rrpeace@inspire.net.nz](mailto:rrpeace@inspire.net.nz) phone: (06) 350 3055  
Or Esmee Goodwin (06) 354 8458 or (022) 091 8608

**Oct 30 to 1 Nov** **SACRED PATHWAYS RETREAT WEEKEND**  
**DANCING TO GOD'S TUNE**  
**Please see advert for Sep 25-27 above**

**Oct** **WEBINAR RESIDENTIAL RETREAT WITH JIM FINLEY**  
Jim Finley was at Gethsemane Monastery during the 1960's and Thomas Merton was his Spiritual Companion. Jim has written some books about this including *Merton's Palace of Nowhere*. Pat and Pip have both completed the Living School where Jim was one of the three main teachers. We want to share Jim's spiritual treasures with others and a webinar retreat makes this possible (Jim lives in the USA).  
Final details are still in discussion but if this opportunity interests you please contact Pip on: [pip.nicholls@xtra.co.nz](mailto:pip.nicholls@xtra.co.nz)  
Co-facilitated: Pat Neuwelt and Pip Nicholls  
Venue: Home of Compassion, 2 Rhine St., Island Bay, Wellington

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### NELSON / TASMAN AREA

**SILVAN** – 205 Champion Road, Nelson  
Silvan is a 10-acre garden/park setting with established trees, several lakes and places to sit and reflect. It may be used for individual or group retreats and days of prayer.

#### **Facilities:**

- Summerhouse (indoors) available for up to 9 people, but still intimate for one - overlooks the lake.
- Deck with seating area and table, below Summerhouse, on edge of the Lake.
- Toilet facilities in garden
- Garden Gazebo: Indoor sitting area for 4
- Table for 8, under trees and bench seats in garden

**For all enquiries contact: Rick and Sarah Griffin**

[sarahgriffin053@gmail.com](mailto:sarahgriffin053@gmail.com) or (021) 172 0310

#### **AREA CONTACT:**

Ilene Allan

Ph. (021) 102 6778

[athlene16@gmail.com](mailto:athlene16@gmail.com)

#### **CONTEMPLATIVE DAYS ASIDE:**

We continue to offer a Day Aside monthly to “Be still and know that I am God.”  
These are held on the last Friday of the month from February to November at different venues. We begin at 9.30am. The leader introduces the theme and provides possibilities for the day. We finish at 2.30pm.  
All venues have splendid landscapes to enjoy beauty, peace and space in God's creation and to relax with a listening heart in God's presence.  
Art materials are available.

**It is important to register** if you are planning to come. It helps to have an indication of numbers and to confirm the venue, directions and arrange car-pooling if needed.  
Please bring \$6 and your lunch. Tea, coffee and morning tea are provided.  
You may like to bring your Bible, journal, pen, camera, sun hat and suitable footwear if you wish to walk.

#### **VENUES**

Venues for 2020 are from Hira to Brightwater. June is at Fairfield House, Nelson and the cost is \$10. July is a home venue with soup & roll lunch provided.

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### CONTACT PEOPLE

Ilene Allan           Stoke           (021)102 6778   [athlene16@gmail.com](mailto:athlene16@gmail.com)  
Maria Park           Nelson         (03) 548 8576   [mjparkmaria@gmail.com](mailto:mjparkmaria@gmail.com)

### SPIRITUAL DIRECTION

Sue Cunningham       (027) 698 7055   [sue.spiritualdirection@gmail.com](mailto:sue.spiritualdirection@gmail.com)  
Gabrielle Daly-Fong   (021) 112 6804   [compassio@xtra.co.nz](mailto:compassio@xtra.co.nz)  
Karen Moynagh        (03) 544 0551    [karen@moynagh.co.nz](mailto:karen@moynagh.co.nz)  
Watiri Maina         (021) 707 370    [watiri.maina@gmail.com](mailto:watiri.maina@gmail.com)  
Ilene Allan           (021) 102 6778    [athlene16@gmail.com](mailto:athlene16@gmail.com)  
Elinor Galbraith      (027) 648 1396    [galfamily4@gmail.com](mailto:galfamily4@gmail.com) (Motueka)

### COMPASSIO Services at TASMAN BAYS, “Top of the South”

Spiritual Direction, Professional Supervision, Counselling, and Psychotherapy are offered by Gabi [Gabrielle] Daly in Motueka, and further afield by request. Gabi hopes to facilitate some Enneagram and Journaling workshops and retreats also but will happily work in and beside local Spiritual Directors already doing similar works and ministries.

#### EVENTS:

- The Introduction to The Enneagram will be offered in Wellington again, and in Wanaka: dates to be advised.
- A more advanced one-day event in Wellington and Nelson, for those living the Enneagram Wisdom already: a morning workshop on the Stages of Faith, plus an afternoon Retreat, guided and silent on “The Three Modes of God’s Love” based on Patrick Oliver’s writings.

Contact: Gabrielle/Gabi on [compassio@xtra.co.nz](mailto:compassio@xtra.co.nz) (021) 112 6804. SKYPE meetings are available for all services; fees can be considered on a sliding or rising scale. View [www.compassioservices.com](http://www.compassioservices.com) for all that we offer, and for spiritual questions and practices.

### Mar PROPOSED WEEKEND GUIDED RETREAT

**20-22** Venue: Teapot Valley Christian Camp, Brightwater  
Led By: Karen Moynagh & Ilene Allan  
Theme: Dear Heart Come Home  
Cost: \$200pp Twin \$220 Single (\$50 dep. on reg.) ensuite between rooms  
Contact: Ilene Allan       (021) 102 6778    [athlene16@gmail.com](mailto:athlene16@gmail.com)

## SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

### CANTERBURY

#### ROSARY HOUSE SPIRITUAL LIFE CENTRE

Rosary House Spiritual Life Centre is at 22 Gracefield Avenue, Christchurch, close to the centre of Christchurch City. This gracious two-storied house is tucked away in a quiet, tree-lined street. People who come for spiritual direction are provided with a sense of solitude which is consistent with the objectives of the Centre. **Sisters of Mercy**, Mary Catherwood and Anna Clarke provide spiritual direction there and make space available to others who have lost their own spiritual direction venues.

The Centre is also available to people who wish to have a day of prayer and reflection and to individual people who wish to make a personal guided retreat. We are able to provide room space for small group programmes run by ourselves and others, while for bigger groups we have access to Te Manawa Atawhai Catherine McAuley Centre, Upper Riccarton or the Mary Potter Community Centre which is a short distance away. A five-day non-residential Guided Retreat is provided annually in Spring at Villa Maria College. The Sisters of Mercy are delighted to continue this important ministry in a very suitable and stable environment. To find out more or request a copy of the programme ring Rosary House: (03)379 1298 or email [roho@xtra.co.nz](mailto:roho@xtra.co.nz) or see website: [www.sistersofmercy.org.nz](http://www.sistersofmercy.org.nz)

#### TE WAIORA HOUSE - Hororata, Canterbury

Te Waiora House is situated on the outskirts of Hororata, amid spacious grounds and rural surroundings, opposite St John's Church. A modern purpose-built house is available for personal times of rest and refreshment, retreats and group visits. Residential accommodation for up to 10 guests is available (1 double and 4 twin rooms); day visits are welcome, with a beautiful chapel seating 20 plus attached to the house. Modest fees requested, but subsidies may be available if needed.

Contact: Te Waiora House - (03) 318 0789 Email: [tewaiorahouse@xtra.co.nz](mailto:tewaiorahouse@xtra.co.nz)  
or visit our website: [www.tewaiorahouse.org.nz](http://www.tewaiorahouse.org.nz)

#### STILLPOINT CONTEMPLATIVE PRAYER SERVICE

is offered on the first Tuesday of the month 7.30-8.30pm.  
St Barnabas Anglican – corner of Fendalton Rd and Tui St, Fendalton  
Contact Diane Brooker Newton (03) 352 5448 or (027) 431 1334

#### SPIRITUAL DIRECTORS NETWORK (CSN)

Christchurch-based spiritual directors meet regularly throughout the year for mutual encouragement, information and up-skilling. The dates for 2020 are:  
14 February, 3 April, 12 June, 14 August, 9 October, 27 November, usually from 12 - 2pm but times may vary. Venue: Arahura Centre, 406 Barrington Street, Christchurch.  
For further information contact: Glenda Hicks [gmhicks@snap.net.nz](mailto:gmhicks@snap.net.nz)

# SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

## CONTEMPLATIVE PRAYER DAYS 2020

These are quiet days for reflection and prayer around a theme.

Dates: 15 February, 18 April, 13 June, 8 August, 10 October, 28 November

Time: 10.00am – 3.00pm

Location: Hornby Community Ministries, 23 Manurere Street, Hei Hei, Christchurch.

Wheelchair access. Bring your own lunch and koha.

### Contacts:

Trish O'Donnell: [trish.willem@gmail.com](mailto:trish.willem@gmail.com)

Lorraine Jansen: [rblajan@xtra.co.nz](mailto:rblajan@xtra.co.nz)

Barbara Sampson: [barbara.sampson.nz@gmail.com](mailto:barbara.sampson.nz@gmail.com)

## Feb TREE OF LIFE RETREAT

**21-23** Do you ever stop to think about where you have come from (roots), what has been shaped in your life (trunk), and how you are living out the essence of who you are (branches and fruit)?

This weekend retreat focussing on one's Tree of Life is held at a rustic bach at Wainui on Banks Peninsula. Numbers will be limited. For more information and to register interest contact:

Janna Young [jannayoung17@gmail.com](mailto:jannayoung17@gmail.com) or

Barbara Sampson [barbara.sampson.nz@gmail.com](mailto:barbara.sampson.nz@gmail.com)

## Apr AN AUTUMN LETTING GO – TE WAIORA RETREAT DAY

**4** A retreat day with an autumn theme will be held at Te Waiora House on Saturday 4 April.

This day will have a blend of input and quietness, reflection and sharing in the beautiful grounds of Te Waiora House, Hororata, Canterbury.

For more information contact [barbara.sampson.nz@gmail.com](mailto:barbara.sampson.nz@gmail.com) or (027) 498 6763

# SPIRITUAL GROWTH MINISTRIES 2020 CALENDAR

## OTAGO / SOUTHLAND

### Area contact:

Mary Hepburn (03) 974 8807, (027) 350 87915 [maryhrsm@gmail.com](mailto:maryhrsm@gmail.com)

## QUIET DAYS FOR PERSONAL RETREATS

Take time apart with God in the lovely environment of St Margaret's Anglican Church and Retreat centre (4 Seaview Terrace) Brighton. This is your time of personal quiet with God in community.

Friday January 24<sup>th</sup> 10am to 4pm

Friday March 27<sup>th</sup> 10am to 4pm

Friday April 24<sup>th</sup> 10am to 4pm

Friday June 26<sup>th</sup> 10am to 3pm

Friday July 24<sup>th</sup> 10am to 3pm

Friday August 28<sup>th</sup> 10am to 3pm

Friday September 25<sup>th</sup> 10am to 4pm

Friday October 23<sup>rd</sup> 10am to 4pm

We begin and end our time with a brief sharing and the rest of the time is spent in silence.

Some reflections will be available. Each one uses the time and facilities as best works for him/her. Bring your own lunch. Koha appreciated.

Contact Maureen Harley (021) 107 1401 or (03) 456 0573 [maugernz@gmail.com](mailto:maugernz@gmail.com)

## GUIDED RETREAT DAYS

At St Margaret's Brighton (Otago). Quiet reflections based round special times of the Church year under the guidance of a Spiritual Leader.

Saturday February 29<sup>th</sup> Lenten Guided Retreat Day 10am to 4pm

Saturday May 30<sup>th</sup> Pentecost Guided Retreat Day 10am to 4pm

Saturday, November 28<sup>th</sup> Advent Guided Retreat Day 10am to 4pm

For details and to register contact Maureen Harley at (021) 107 1401 or (03) 456 0573 or

[maugernz@gmail.co.nz](mailto:maugernz@gmail.co.nz) or Mary Hepburn rsm [maryhrsm@gmail.com](mailto:maryhrsm@gmail.com)

Koha for leader and facility appreciated.

## MEDITATION

Our weekly quiet Meditation is on each Wednesday 5.30-6.00pm at 17a McBride Street in South Dunedin. All welcome!

(027) 350 8915 or (03) 974 8807 or [maryhrsm@gmail.com](mailto:maryhrsm@gmail.com)

# SPIRITUAL GROWTH MINISTRIES

## 2020 CALENDAR

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### **MAR A 6 DAY SILENT DIRECTED RETREAT**

**1-6** A six-day silent directed retreat in the vast open spaces of the Maniatoto.

Venue: En Hakkore, Orangapai (near Ranfurly)

Time: Sunday 1 March 11.00am to Friday 6 March lunchtime.

Cost: \$475. Registration closes 21 February.

Retreat Team: Kelvin Wright, Barbara McMillan, Judith Anne O'Sullivan, John Franklin

Registrations and enquiries to John Franklin, [john.franklin94@gmail.com](mailto:john.franklin94@gmail.com)

### **APR EASTER SEASON Retreat on Stewart Island (for Clergy/pastors)**

**20-24** Monday 20<sup>th</sup> April– Friday 24<sup>th</sup> April

Stewart Island has many features that make it a great place for a contemplative retreat - memorials and monuments, bush, beaches and birdsong. In fact the Island becomes the vessel that holds the retreat. Following 2 successful Easter season retreats on this special Island, I am again offering the opportunity for clergy and other church workers to receive spiritual refreshment following Easter ministries.

Easter themes will be interwoven with the physical features of the environment.

Spouses are welcome. Numbers are limited so be in quick.

A moderate level of fitness is required for retreatants as we utilise the natural environment, and there are hills to walk up and down. Ask if concerned.

For information please contact: Rev'd Glenda Hicks at [gmhicks@snap.net.nz](mailto:gmhicks@snap.net.nz)  
(027) 711 4166.