
SPIRITUAL GROWTH MINISTRIES



Resources for the Spiritual Journey

2019 Calendar

Website: www.sgm.org.nz

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

CONTENTS

Spiritual Growth Ministries Trust.....	2
Spiritual Growth Ministries Trust Workgroup	2
How You Can Help SGM.....	2
SGM Addresses	3
Area Contacts	3
SGM Journal Refresh	4
Formation Programme for Spiritual Directors.....	4- 5
Spiritual Direction	6
Retreats.....	6
Accessibility Information	6
SGM Special Interest Papers	6
National Events (All regions).....	7
Supervision Training Workshop advert	8
BEHOLD Training Days adverts – see pages 18 and 41	
Regional Events	
Northland	9
Auckland.....	11
Waikato Region.....	24
Bay of Plenty.....	26
Taranaki	28
East Coast.....	29
Manawatu.....	30
Kapiti Coast/Wellington.....	33
Tasman Area/ Nelson.....	37
Canterbury.....	39
Otago/Southland.....	43

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

This Calendar outlines retreats and other events which individuals may find of benefit in their spiritual journey. However Spiritual Growth Ministries Trust does not give warranty as to the suitability of a particular event for a particular individual. Individuals considering attending an event are responsible for making their own judgement as to whether the event will be suitable for them. Views, teaching or statements at the events are not necessarily those of either Spiritual Growth Ministries Workgroup or Spiritual Growth Ministries Trust.

SPIRITUAL GROWTH MINISTRIES TRUST

Spiritual Growth Ministries is a network of people from diverse Christian traditions and experience who find depth and meaning through the Christian heritage of contemplative spirituality. SGM aims to enable people to develop spiritual resources for their life and work by deepening their relationship with God in Jesus Christ through spiritual direction, training, retreats and other experiences of prayer.

SPIRITUAL GROWTH MINISTRIES TRUST WORKGROUP

Jane Wilkinson	Baptist, Wellington (Convenor)
Fran Francis	Vineyard, (Formation Programme Co-ordinator)
David Crawley	Anglican, Auck. (Assistant Prog. Co-ordinator)
Joanne Garton	Baptist, Auckland. (Administrator)
Diane Gilliam-Weeks	Presbyterian, Wellington. (Refresh Editor)
Trish O'Donnell	Catholic, Christchurch
Jo Anastasiadis	AOG, Wellington
Bruce Maden	Te Aroha Noa, Palmerston North

HOW YOU CAN HELP SGM

1. Contact the Convenor if you can assist our work in your area.
2. The Spiritual Directors Formation Programme is funded from fees and donations, and SGM seeks continued support both in prayer and financial assistance for this work.
3. The Spiritual Growth Ministries Trust has been established in order to secure the future work of SGM. Financial gifts to the Trust are most welcome and can be made through
 - the SGM website www.sgm.org.nz
 - online banking to **03-0166-0198782-00**
 - or a cheque mailed to the administrator (see opposite page).
4. Friends of SGM contribute regularly to our work. Some prefer to make a regular commitment with an Automatic Payment to the SGM Bank Account (see No. 3 above).
5. Update your will to include a bequest to Spiritual Growth Ministries Trust.
6. Be on our mailing list. Send your name and address to the Administrator.

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

SGM ADDRESSES

Website: www.sgm.org.nz

Administrator: Joanne Garton
36 Buller Crescent, Manurewa, Auckland 2102.
Email: admin@sgm.org.nz
Phone: (09) 2675957

Editor of Refresh: Diane Gilliam-Weeks,
32 Kauri St, Eastbourne, Lower Hutt 5013
Email: dianegw@actrix.co.nz

Spiritual Directors Formation Programme Co-ordinator:

Fran Francis
14 Oruamo Place, Beach Haven, Auckland 0626
Email: fran.francis@sgm.org.nz

AREA CONTACTS

As we seek to encourage more local initiative in our work, we include area contacts who may be able to suggest themes and facilitators if you wish to run an event or short retreat.

Otago	Mary Hepburn	027 3508915	maryhrsm@gmail.com
Canterbury	Lorraine Jansen	(03) 384 4322	rblajan@xtra.co.nz
Nelson	Karen Moynagh	(03) 544 0551	karen@moynagh.co.nz
Wellington	Terry Alve	027 6001926	terry.alve@gmail.com
Hawkes Bay	Val Chapman	(06) 843 8199	valrose@slingshot.co.nz
Manawatu	Elsa McInnes	(06) 323 9276	elsamcinnnes@inspire.net.nz
Taranaki	Sue Pickering	(06) 758 4952	suepickering@xtra.co.nz
Waikato	Jeanette Vink	(07) 825 8330	jeanette.vink@yahoo.com
Auckland	David Crawley	(09) 816 8713	davidrcrawley@gmail.com
Northland	Anne McCracken	(09) 438 1145	annemc2@outlook.com

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

SGM JOURNAL - REFRESH

The SGM Journal, **Refresh**, is produced twice a year around a particular theme of contemplative spirituality. The Journal is available from the Administrator:

admin@sgm.org.nz and can also be viewed online at the SGM website www.sgm.org.nz

No charge is made for postage of the Journal, but an annual donation of \$20 would be appreciated to help with costs.

Editor: Diane Gilliam-Weeks, 32 Kauri St, Eastbourne, Lower Hutt, dianegw@actrix.co.nz

FORMATION PROGRAMME FOR SPIRITUAL DIRECTORS

SGM's two year programme offers comprehensive formation and training in both the theory and practice of spiritual direction. The course includes

- the regular giving of spiritual direction under supervision
- reading and written assignments
- attendance at regular workshops - five single days in each year
- a week-long residential event in the first year, and
- a residential weekend at the end of the second year

This programme prepares graduates to apply for associate membership of the Association of Christian Spiritual Directors in Aotearoa New Zealand (ACSD). After completing a further fifty hours of giving spiritual direction with regular supervision, associate members may apply for full membership.

Formation Programme applicants are expected to have

- experience of receiving regular spiritual direction over at least twelve months
- experience of attending silent, directed retreats
- a degree of maturity based on life and faith experience
- a grasp of the spiritual life, Scripture, and theology
- some understanding of human developmental psychology
- a capacity to listen empathetically and sensitively

Pre- or co-requisites for the programme include:

- gaining familiarity with personality type theory through a Myers-Briggs workshop
- attendance at an Enneagram workshop is a pre-requisite
- participating in a workshop on Christian Dreamwork
- completing a 5-day silent directed retreat
- NZ participants - a Treaty of Waitangi Workshop

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

Formation Programme costs

Costs for 2019/20 Programme:

Application fee before 20 Sept: \$50.00
Late applications, after 20 Sept: \$100.00

Programme fee Year 1: \$2,975.00 (includes GST)
Programme fee Year 2: \$2,975.00 (includes GST)
(GST at time of printing 15%)

*NB. There may be a slight fee increase for Year 1, 2020.

A subsidy of \$500 may be available for NZ citizens.

Options include paying by monthly automatic payments or in 3 instalments.

Additional costs include: Supervision fee - \$70 per session approx. (varies according to individual supervisor), books, travel to workshops, the Residential Week, and personal monthly spiritual direction.

There are a limited number of places available each year for overseas applicants.

SGM has a 'Donor Sponsorship Fund' from donations generously given by individuals specifically to assist NZ resident programme participants who face financial hardship with fees or travel costs. Participants may request more information about this at the time of their interview.

Please note that all enquirers are treated individually according to their experience, so, if you:

- are interested in helping others grow in their relationship with God
- already have people approaching you to talk about their spiritual life
- sense God's invitation to consider this area of ministry
- have been receiving regular spiritual direction for at least twelve months

Find out more or complete an online application: www.sgm.org.nz

For further enquiries email the National Co-ordinator: fran.francis@sgm.org.nz

Phone: 027 4817016

EARLY BIRD APPLICATIONS CLOSE 20 SEPT **BUT** LATE APPLICATIONS ARE WELCOME

SPIRITUAL DIRECTION

Spiritual direction offers quality listening and assistance in hearing God's voice, reflecting on the journey and facing into the movements of grace in our lives.

Each section of the Calendar lists local contacts who can assist you to find a spiritual director.

The **Association of Christian Spiritual Directors** in Aotearoa New Zealand (ACSD) has members in most parts of the country. Enquiries can be made through: www.acsd.org.nz

The SGM Administrator will also be able to help with contacts in your area:
admin@sgm.org.nz (09) 267 5957

RETREATS

While the term "retreat" is sometimes loosely used to include conferences, church camps or business strategy and team-building events, none of those is what we mean by the term! A retreat is a time set aside to be with God. It is a time to lay aside our agenda and many of the normal things that fill our lives and our minds, and to focus more completely on God's agenda for us. It is a time to hear God's word of love. It is a time to experience forgiveness and cleansing. It is a time to hear the Lord's call and to sort out our priorities. It is a time for healing and challenge. It's a time to journey further in "the way".

RETREATS ARE LISTED UNDER THE APPROPRIATE REGION.
REQUESTS FOR INFORMATION AND REGISTRATION SHOULD BE MADE TO THE
CONTACT PERSON LISTED.

ACCESSIBILITY INFORMATION

Where we have received the information we have indicated events that have wheelchair access. This is a guide. People with particular accessibility needs are welcome to enquire with the contact person listed for specific events.

SGM SPECIAL INTEREST PAPERS

A list of selected special interest papers written by participants of SGM's Spiritual Directors Formation Programme is available on our website. New papers are added throughout the year so check the website periodically for the latest details. www.sgm.org.nz

This section of the Calendar publicises events organised both nationally and locally in various parts of the country. For further information and registrations for these events communicate with the local contact person(s) listed for each event. The Area Contacts listed earlier in the Calendar are people to approach if you would like to arrange a short event or retreat in your Church or area, or you wish to enquire about spiritual direction.

NATIONAL EVENTS

**March to November – WALKING THE MYSTICAL PATH -
CONTEMPORARY MYSTICS SHOW US THE WAY**
Contemplative Living programme undertaken at home.

This is available as an 'at home' programme of resource material for: reading, reflection, spiritual practices, action and includes four spiritual companionship sessions by skype or phone. During the programme we look at five strands of the contemplative path: theology, prayer/meditation, compassion, co-creation and social justice through teachings and practices of contemporary mystics such as Merton, Newell, Bourgeault, Baxter, Rohr, Fox, Doherty, Finley, Aubert, Cowley to name but a few. This is an experiential programme to deepen and support your own knowing of the contemplative Spirit.

Facilitator: Agnes Hermans

Cost: \$330 for materials and spiritual companionship sessions

Enquiries/registration by 14th March to: Agnes on (09) 4362145 or amhermans@xtra.co.nz

SUPERVISION TRAINING for Spiritual Directors

Or if you want a Refresher Day see below **

Is supervision training the next step for you?

As a spiritual director you will have been receiving regular supervision, as well as direction and now you may be seeking training to supervise other spiritual directors.

Here is the opportunity for you:

A 5 day course in the supervision of spiritual directors

Monday to Friday 13-17 May 2019

Mercy Spirituality Centre, 104 The Drive, Epsom, Auckland.

Tutors:

Jeannie Martin Blaker: MApplying, BEd., Higher Dip Tchng. TTC, Cert SD. Cert Supervision (WELTEC)

Jane Wilkinson: RCN, B.Theol, PG Dip Supervision Social Services

Cost: \$550.00 This includes the training, course materials, morning and afternoon teas.

(Bring your own lunch)

Will you need accommodation?

Limited accommodation is available at the Mercy Centre \$450 full accommodation.

****Refresher day for current supervisors of SGM trainees**

Have you been a supervisor of SGM trainees?

Then join us **on Friday 17th May** for a focussed day on working with SGM trainees.

Cost: \$85 for the day, morning and afternoon tea and materials. (Bring your own lunch)

NB Please email your interest in attending to jmartin.blaker@gmail.com or janeinwelly@gmail.com by February 1st 2019 and you will be further information and a registration form.

REGIONAL EVENTS

NORTHLAND

ST ISAAC'S RETREAT HOUSE OPONONI

197 Waiotemarama Gorge Road,

P.O. Box 93 OPONONI 0445

Phone: (09) 405 8834 Email: stisaacs.wardens@xtra.co.nz

St Isaac's is an ecumenical place of prayer and quiet set among the Hokianga hills. The ancient Prayer of the Church is prayed twice daily. Eucharist is celebrated on Wednesday. There is a well-stocked library, and the extensive grounds include the Stations of the Cross and a bush walk. Accommodation - in self-contained houses - is available through booking with the wardens.

In Northland we have a network of people offering various programmes and events including:

- quiet days using the arts (such as clay, paint, mosaics, collage) as a vehicle to deepen the reflective process
- opportunities to develop contemplative practices such as Christian meditation, centering prayer, chant, lectio divina (sacred reading)
- talks and seminars with input from guest presenters, either live or DVD / audio
- day or weekend retreats
- ad hoc book study groups
- group spiritual direction

These events tend to be planned and promoted 4-8 weeks prior to commencement and promoted via email networks. To link into the communications network around these people and events, please contact Anne McCracken annemc2@outlook.com or Bridie Southall johnbridiesouthall@gmail.com and request that your name be added to the email group for this information.

CONTEMPLATIVE PRACTICE CIRCLE

A home-based meeting for contemplative practices inspired by Scripture and the work of Thomas Merton, Thomas Keating, Richard Rohr, Cynthia Bourgeault, James Finley, the Desert Mothers and Fathers, Teilhard de Chardin, poets and mystics. Each evening includes

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

chant, 30 minutes of silence, and lectio divina. Please arrive in silence and settle in. Gold coin koha. All welcome.

Held 7-8pm on the second and fourth Wednesday of the month at 24 Pah Road, Onerahi, Whangarei. For further information, contact Agnes Hermans amhermans@xtra.co.nz or phone 09 4362145.

SPIRITUAL DIRECTORS NETWORK

Northland-based spiritual directors meet twice annually, in May and October, for mutual encouragement, information and up-skilling. Venues to be confirmed. For further information, contact Anne McCracken: annemc2@gmail.com.

LABYRINTH MEDITATIONS

Take time for reflection and the experience of embodied prayer through slowly walking the labyrinth. Walk the labyrinth to deepen into the seasons of Advent, Christmas, Lent, Easter, Pentecost and the Ascension. Led by Agnes Hermans, and limited to 12 participants. Cost is \$10 per person, plus gold coin koha to be placed at entrance to labyrinth. Dates and times will be notified through the Northland email network referred to above, or register your interest by contacting amhermans@xtra.co.nz.

WHANGAREI LABYRINTHS

There are two outdoor labyrinths in Whangarei that are available for public use.

St Stephen's Anglican Church, Church Street, Onerahi.

A Chartres style labyrinth at the back of Marion Ross' home at 1 Memorial Drive, Riverside. Park down the right of way next to the house. Koha appreciated. There is no obligation to ring beforehand, just turn up and walk.

MID-WINTER CONTEMPLATIVE RETREAT IN HOKIANGA

A weekend to share silence, meditation and other contemplative practices such as lectio divina, chant and mindful work will be offered in addition to the Prayer of the Church which is prayed twice daily by the resident community of St Isaac's. Recorded teachings by James Finley on Thomas Merton's Path to the Palace of Nowhere will also be offered. Whilst there will be a clear structure to this retreat, participants will have freedom to choose their level of involvement. Accommodation at St Isaac's is limited to six people in single and twin-share rooms.

Dates: Friday evening July 12th – 2pm Sunday 14th July 2019

Cost: Retreat fee of \$100 plus koha for accommodation and food.

Venue: St Isaac's Retreat House, 197 Waitemarama Gorge Road, Opononi.

For more information or to register please contact retreat facilitator: Agnes Hermans, amhermans@xtra.co.nz, phone 027 202 6077

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

AUCKLAND

OASIS RETREAT CENTRE

206 Albany Heights Rd, Albany. Auckland. Ph. (09) 4159686

The rural bush setting of Oasis offers space, quiet, beauty and birdsong for those who come on retreat and for quiet days, study, and planning days. Contact Andrew Dunn for costs, availability and facilities. Personal spiritual direction and ministry/work supervision is also offered. www.oasisretreatcentre.org.nz

VAUGHAN PARK ANGLICAN RETREAT AND CONFERENCE CENTRE –

1043 Beach Road, Long Bay, Auckland 0630

Vaughan Park is a place of hospitality, conversation, healing and spiritual encounter and an oasis of peace and tranquillity. At its heart is the Ruatara Chapel where there are rhythms of daily prayer and contemplation.

Our exciting and diverse retreat programme can support and inspire your journey of discovery, transformation, faith, creativity, wellness or curiosity. We also offer spiritual direction and companionship.

Come and see how this space and place will endear itself to you. Relax, share, learn, enjoy and find purpose in all the ways that you are seeking to enrich your life.

www.vaughanpark.org.nz or admin@vaughanpark.org.nz or Ph: (09) 473 2600

PEACEMAKERS CONTEMPLATIVE COMMUNITY AND RETREAT CENTRE

116 Fordyce Road, Parakai, Auckland

Come to a quiet, restful and healing Oasis for time out in the unforced rhythms of grace.

Create your own retreat or have me, Susannah Connolly, assist you.

Five day retreats on request designed for you personally and for your small group.

Spiritual Direction and Supervision is available.

Spiritual Directors - come and create your own retreats for your own groups, at affordable prices.

Phone Susannah Connolly 027 2861264 or email: counselling@safetynet.co.nz

Silent Retreats: Two days/one week available with Susannah Connolly on request, designed together. Come alone, or bring a small group of up to 8.

Five and Seven day silent retreats for SGM participants, directed by Susannah Connolly.

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

SPIRITUAL DIRECTORS NETWORK AUCKLAND

All Spiritual directors, and those in training, are most welcome to be part of this support group which holds meetings throughout the year. A guest speaker is selected for each gathering where there is opportunity for professional development, spiritual refreshment and fellowship with other spiritual directors. Please come and join us!

Refresher Day 2019

Saturday 23 Feb, 9am – 3.30 pm at the Eden Community Church.

Guest speaker: Jane Wilkinson

Two Evening meetings: 7.00 – 9.00 pm at the Mercy Spirituality Centre:

Wed 22 May and Tues 22 October (speakers yet to be confirmed)

One Saturday morning meeting: 9 am – 12 pm Sat 10 Aug at the Mercy Spirituality Centre.

For further information or to join our email list please contact Jeannie Martin-Blaker: jmartin.blaker@gmail.com Ph: (09) 6293082 or Jo Garton: joannegeoff@xtra.co.nz

Please note our website for up to date info: www.sdnetworkauckland.org

PIRINGA DEBRIEFING CENTRE –

is situated in Algies Bay (just out of Warkworth) and provides a residential personal debrief especially for those involved in different ministry/missions/church contexts. We seek to provide a safe place for people to process the events of the past in order to grow emotionally, mentally, physically and spiritually, so they can move forward into the future in more healthy ways. We believe it is God's desire for each individual to experience deeper wholeness in all areas of our lives, this is especially important in times of transition. People come and stay (self-catering) for a week – arriving Sunday evening and leaving mid-day the following Friday. We only have one unit (e.g. single/couple/family) at a time.

For more information please go to our website www.piringa.org.nz

Gavin and Michelle McConnell.

TITIRANGI TIME-OUT

A native forest setting/5 min walk to Titirangi beach - comfortable quiet bnb space available for singles/couple to have reflective time-out or retreat (1-5 days). Bush walks, forest and shore birds. Spirituality/theology library. Meals and spiritual direction available. Koha. Mary Betz (ACSD) is a spiritual director and writer, and gives workshops and retreats in the areas of ecology, justice and spirituality. She has worked around New Zealand and in Canada in the fields of environment, adult faith education and social justice. Her PhD (Otago 2004) explored images of God. She welcomes people who have lots of questions or who simply want stillness! Contact Mary at maabetz@gmail.com or ph 09 817 2151.

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

THE MERCY SPIRITUALITY CENTRE Te Ngakau Waiora

Within these beautiful grounds we seek to create a place of learning and for deepening relationship with God. This fosters the inner search leading to personal, social and spiritual renewal. We offer retreats, spiritual direction and companionship, and workshops on spirituality and prayer as well as facilities for hire and accommodation.

Events (see below) are correct at the time of going to print, but changes are possible.

For more details: www.mercyspiritualitycentre.org.nz

Contact: info@mercyspiritualitycentre.org.nz or phone 09 638 6238

MERCY SPIRITUALITY CENTRE		Booking essential	
Event	Speaker/Facilitator	Description	Date
6-day Guided Retreats	Anne Warren chf Cathryn Wiles-Pickard rsm	Individually directed, residential and, to aid your prayer and personal reflections, they are made in silence.	12-18 May 6-12 October
4- days Guided Retreats	Rev Iain Gow Pip Nicholls Fr Mark Chamberlain	5pm start 5pm start 7pm start	7-11 July 1-5 Aug 8-12 Sept
Retreat Days & Weekends	Sarah Cooper	Rediscovering Wholeness in Life: <i>how Gratitude opens the way</i>	16 Feb
	Joy Cowley & Fr John O'Connor	When the Well Seems Dry	23 & 24 March
	Mary Catherwood rsm	Come & rest awhile	10 June
		Be Still & Know the I am God	11 Dec
	Rev Iain Gow	The 4 B's – Blessing, Belonging, Believing & Becoming	7 July
	MSC & Vaughan Park Cathryn Wiles-Pickard rsm	Ecumenical Day	14 July
Dreamwork	Margaret Bowater	Meditation Retreat Day	21 September
		Thank You: <i>a day to celebrate thanksgiving to God for something for which you are grateful</i>	24 August
		The Journey of Thomas Merton The Other half of the Church – A retreat for Women	6 October 9 November
		Introduction to Dreamwork 101 Dreamwork Refresher 202 (3hrs)	22-23 Feb 22 Mar, 31 May, 19 July, 20 Sept or 22 Nov
		Death, Grief & Healing 102 Resolving Nightmares 201 Visionary & Lucid Dreams 103	29-30 March 25 May 29 June 26-27 July

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

		Introduction to Dreamwork 101 Resolving Nightmares 201 Dreams & Visions in our Christian Heritage	24 Aug 30 November
Meditation	Cathryn Wiles-Pickard rsm	Intro to Christian Meditation (101) Intro to Christian Meditation (101) Journey & Fruits of Christian Meditation (102) Meditation Retreat Day	9 March 18 May 20 July 21 September
Ignatian Spirituality	Fr Mark Chamberlain	Residential 4-day retreat see above Love is all around us in disguise 7-9pm	8-12 Sept 10 Sept
Enneagram	Marie Corbett Marie Corbett	Enneagram Unit 1 Enneagram Unit 2	3-5 May 8 June
Note: Change in time for morning sessions (Muffin Meeting) 10.30am-12.30noon		Two hours of spiritual refreshment on various topics, mornings and evenings throughout the year.	See our website
Workshops	Fr Chris Skinner sm Kathleen Rushton rsm	Music Workshop: Psalms and Gratitude Slavery in the New Testament and Displacement of Peoples Today	23 February 24 & 25 May
	Kevin Gallagher	Rediscovering Fire: <i>Exploring the Spirituality of Teilhard De Chardin</i>	27 & 28 September
	Kay Ryan Anne Warren chf	Meaningful Encounter at End of Life Towards an Understanding of Life's Transitions	18 & 19 October 2 & 3 November
	Cathryn Wiles-Pickard rsm	Mandala Reflection Day	7 December
Evening 7-9pm	Elizabeth Snedden rscj	Grateful for God's Goodness: Love Poured Out	1 March
	Ocean Numan & Ron Hepworth Susan Healy	Storytelling & Poetry by Candlelight	4 April
	Fr Merv Duffy Rangi Davis	Te Tiriti O Waitangi: Gratitude for the Land of Aotearoa Hail, Full of Grace Maori Spirituality: Whakawhetai-Gratitude	14 June 5 July 21 June
	Auckland Interfaith Council	Gratitude in the Light of Different Faiths	11 July
Lent	Journey of the Cross Series	Songs of the Spirit (Taizé songs) – Max Maxwell Brother Roger of Taizé – Anne Warren chf Stations of the Cross – Cathryn Wiles-Pickard rsm Artworks by Sieger Köder – Anne Warren chf Contemplation at the Foot of the Cross – Cathryn Wiles-Pickard rsm	8, 15, 22, 27, 29 March & 5, 12 April
	Ignatian Contemplation	Laetitia Puthenpadath	6 April

For more details www.mercyspiritualitycentre.org.nz Contact info@mercyspiritualitycentre.org.nz

For a full description of events, see the Mercy Centre Programme. Booking is essential.

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

AUCKLAND CONTD.

Feb 16 SOULCOLLAGE® PRAYER CARDS

Join us for a quiet day to experience this simple yet profound form of visual prayer adapted from SoulCollage®, an intuitive creative art process. Choosing images that you are drawn to, you will create your own unique collaged cards, and then take time to journal, reflect and dialogue with the images. SoulCollage® is a very simple and enjoyable process and no special artistic ability is required. All materials are provided. Just come along with pen and paper or journal.

"When the soul wishes to experience something, she throws an image of the experience out before her and enters into her own image." ~ Meister Eckhart

Facilitator: Jenny Johnson

Venue: Vaughan Park Anglican Retreat Centre

1043 Beach Rd, Long Bay, Auckland 0630 www.vaughanpark.org.nz

Time: 9.30am – 4.30pm, Saturday 16 Feb

Cost: \$95 (includes retreat, materials and catering)

Registrations: Vaughan Park (09) 4732600 or email admin@vaughanpark.org.nz

Feb 23 SPIRITUAL DIRECTORS SUPPORT GROUP REFRESHER DAY

Don't miss this popular annual event offered by the Auckland Spiritual Directors' Network. Spiritual Directors, and those in training, from **all regions** are welcome to this day of professional development, spiritual refreshment, and general good times with people we don't see nearly enough of.

Speaker: Jane Wilkinson

Date: 9.00am – 3.30pm Saturday, 23 February

Cost: \$30 Bring your own lunch. Tea and coffee provided.

Venue: Eden Community Church - Cnr 74 View Rd and Alderley Rd, Mt Eden, Auckland (car park entry on Alderley Road).

For more information and registration contact -

Jeannie Martin Blaker Email: jmartin.blaker@gmail.com Ph: (09) 6293082

or Jo Garton: joannegeoff@xtraco.nz Ph (09) 2675957

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

Mar 6 LABYRINTH MEDITATION

You are invited to discover the Labyrinth in Mt Eden at Eden Community Church Prayer Garden, and participate in a labyrinth journey through 6 seasons of the Christian calendar. You are warmly welcome to use this inner city Labyrinth at any time for your personal prayer journey.

Lent - The journey towards Easter – Wed 6 March

Time: 6pm

Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark on Alderley Road.

Cost: \$5.00 Led by: Katherine Opie

For further information or to register: richkath.opie@gmail.com

**This is the first of the six seasons. The other five follow in the Calendar:
18 April, 21 April, 2 June, 9 June and 1 Dec.**

Mar 9 FILM DAY AT OASIS

10.00am - 3.00pm, Saturday 9 March

Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany, Auckland.

Leaders: Andrew Dunn and Warren Deason. BYO lunch and koha.

Film to be advised. For information and registration Phone 09 4159686 or Email dunnzalbany@xtra.co.nz

Apr 1 A Reflective Workshop

Gratitude for Creation: An Invitation to Earth-Care

Looking for time-out with God's creation? Concerned about our environment, but unsure what to do? We will reflect on the gift, beauty and intricacy of creation through spiritual writers in our Christian tradition and contemplative walking (or journaling / drawing). We will also explore a checklist of practices and behaviours to lessen our environmental footprint, and share our environmental wisdom with one other.

Presenter Mary Betz

Date 10.30am to 12.30pm, Monday 1 April

Fee \$15

Venue: The Mercy Spirituality Centre, 104 The Drive, Epsom

Bookings/Info: info@mercyspiritualitycentre.org.nz Ph 09 6386238

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

Apr JOURNEY THROUGH HOLY WEEK - Meadowbank

14-19 Take some quiet time for prayer and reflection in the week leading up to Easter. Interactive reflective spaces. Open daily, St Chad's Anglican Church Meadowbank. For opening times and more information see www.stchads.org.nz 38 St Johns Road, Meadowbank, Auckland, (09) 521 5013 or Marion Baker marion@stchads.org.nz
God's Space Retreats - A ministry of St Chad's Anglican Church, Meadowbank, Ak.

Apr 18 MAUNDY THURSDAY LABYRINTH MEDITATION.

Time: 5.30pm

Venue: Eden Community Church Prayer Garden - Cnr Alderley Road and 74 View Road, Mt Eden. Enter from carpark.

Cost: \$5.00 Led by: Katherine Opie

For more information or to register: richkath.opie@gmail.com

Apr 21 RESURRECTION SUNDAY SUNRISE LABYRINTH MEDITATION

Join with the women and their journey to the tomb at sunrise. Sense the movement from dark to light.

Time: 6am

Venue: Eden Community Church Prayer Garden. – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00 Led by: Katherine Opie

For more information or to register: richkath.opie@gmail.com

May 4 GOD'S SPACE DAY RETREAT – Long Bay

Time: 9.00am – 5.00pm, Saturday 4th May

Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.

Cost: \$45 (includes lunch)

Contact: Marion Baker, St Chad's Anglican Church, Meadowbank (09) 521 5013.

Email: marion@stchads.org.nz

May 13-17 SUPERVISION TRAINING for Spiritual Directors

Or if you want a Refresher Day see below **

Is supervision training the next step for you?

As a spiritual director you will have been receiving regular supervision, as well as direction and now you may be seeking training to supervise other spiritual directors.

Here is the opportunity for you:

A 5 day course in the supervision of spiritual directors

Monday to Friday 13-17 May 2019, 9am to 4.30 pm

Mercy Spirituality Centre, 104 The Drive, Epsom, Auckland.

Tutors:

Jeannie Martin Blaker: MApping, BEd., Higher Dip Tchng. TTC, Cert SD. Cert Supervision (WELTEC)

Jane Wilkinson: RCN, B.Theol, PG Dip Supervision Social Services

Cost: \$550.00 This includes the training, course materials, morning and afternoon teas. (Bring your own lunch)

Will you need accommodation?

Limited accommodation is available at the Mercy Centre - \$450 full accommodation.

****Refresher day for current supervisors of SGM trainees**

Already a supervisor of SGM trainees? Then join us **on Friday 17th May** for a day focussed on working with SGM trainees.

Cost: \$85 includes morning and afternoon tea and materials. (Bring your own lunch)

NB Please email your interest in attending to jmartin.blaker@gmail.com or janeinwelly@gmail.com by February 1st 2019 and you will be further information and a registration form.

May 18 'BEHOLD' TRAINING DAY

Date: Saturday 18 May in Auckland – 9.30 am to 4 pm

Venue: Eden Community Church, Mt Eden.

Cost: \$100 (includes access to online training materials, lunch, tea and coffee)

(NB a similar day is also being arranged in Christchurch on 11 May)

Behold is an exciting new SGM initiative, which is being developed as a way to share Christian prayer and contemplation with the wider community. People who are spiritually hungry may be drawn to meditation or silent prayer and often turn first to Eastern religions, unaware there is a rich tradition of 'listening' or 'contemplative' prayer within the Christian faith. *Behold* offers an accessible way to 'taste' the Christian contemplative tradition, through taking part in practical workshops (such as contemplative walking and contemplative photography).

These *Behold* training days are suitable for trained Spiritual Directors as well as other interested people, such as Pastors / clergy. You don't need prior experience in running retreats. At the training, you will experience a *Behold* event, learn how to facilitate *Behold* events in your own community, and gain access to online materials to be used in your preparation. There will be time to catch up with old friends, and make new connections. We hope you'll come away inspired and equipped to take this exciting initiative out into your community.

Inspired? Have questions? To register your interest or find out more, please contact Kerry and Peter Christensen: pkaj.christensen@gmail.com

Jun 2 ASCENSION SUNDAY LABYRINTH MEDITATION

"He was taken up before their very eyes" ...40 days after the Resurrection Jesus was taken into Heaven. Walk the Labyrinth with those followers and enter into the wonder.

Time & Venue: 2pm, Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00 Led by: Katherine Opie

For more information or to register: richkath.opie@gmail.com

Jun 9 PENTECOST SUNDAY LABYRINTH MEDITATION

On the 50th day after Easter we celebrate the gift of the Holy Spirit to the disciples of Jesus. Walk the Labyrinth on the Pentecost journey and discover your own flame lit by the Spirit to light your path.

Time & Venue: 2pm, Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00 Led by: Katherine Opie

For more information or to register: richkath.opie@gmail.com

Jul 7 RETREAT DAY - The 4 B's - Blessing, Belonging, Believing & Becoming

This retreat day will look at Peter's journey into a growing understanding of what it means to be a follower of Christ, and see how that helps us in our development of our own faith and life journey. We will be using a model for understanding that is called: the 4 B's - Blessing, Belonging, Believing, and Becoming and determine what our primary need is and how to seek God in it.

Presenter Rev Iain Gow

Date 10.00am-4.00pm, Sunday, 7 July

Fee \$65 incl. lunch

Bookings/Info: The Mercy Spirituality Centre:

info@mercyspiritualitycentre.org.nz 09 6386238

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

July 7-11 INDIVIDUALLY GUIDED FOUR-DAY LIVE-IN RETREAT
During this silent retreat, we will be reflecting on what is your primary 'need' at the moment. For example, as an individual: do you need pure blessing from God and neighbour at the moment as life is very tough, and if so, what might that look like for you? We will be using a model for understanding that is called: the 4 B's. (Blessing, Belonging, Believing & Becoming).
Facilitator Rev Iain Gow
Date Sunday, 7 July 5.00pm to Thursday 11 July at 2.00pm
Fee Early-Bird \$450 (before 31 May) After \$500 (incl. \$60 non-fundable deposit made on booking)
Fee incl. accommodation and all meals
Bookings/Info: The Mercy Spirituality Centre info@mercyspiritualitycentre.org.nz
09 6386238

Jul 13-20 SILENT 7-DAY PRIVATE RETREAT FOR SPIRITUAL DIRECTORS – Long Bay
Date: 12.00pm Saturday 13th July – 10.00am Saturday 20th
Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.
For more information, please contact Marion Baker, St Chad's Anglican Church, Meadowbank (09)521 5013. Email: marion@stchads.org.nz

Jul 27 FILM DAY AT OASIS
10.00am - 3.00pm, Saturday 27 July
Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany, Auckland.
Leaders: Andrew Dunn and Warren Deason. BYO lunch and koha.
Film to be advised. For information and registration Phone 09 4159686 or Email dunnzalbany@xtra.co.nz

Aug 1-5 RESIDENTIAL FOUR-DAY RETREAT
Walking Home together - E hoki ngatahi ana ki te wa kainga
Each of us has a deep, inner desire to "come home". This notion of home draws us away from restless wandering to explore our roots and our branches. Being Home is like a flower that is neither trying to give anything nor trying to get anything, yet its beauty and its fragrance are freely available; it is simply being itself. Home is where we too can be our most authentic selves.

This walk goes across cultures and it's been told as the Hero's Journey, The Prodigal Son and in the Ox Herding Images to name a few. Come, walk with the support of others, to the awakened heart that is truly home.

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

This four-day intimate, residential retreat is for NINE participants and we'll have group time, time alone, silence, meditation, lectio divina and a short individual session with Pip.

Facilitator Pip Nicholls
Date Thursday, 1 August 5pm to Monday 5 August at 2.30pm
Fee Early-Bird \$450 (before 7 June)
After \$500 incl. accommodation and all meals
Inquiries to: info@mercyspiritualitycentre.org.nz

Aug 2-4 GOD'S SPACE WEEKEND RETREAT – Long Bay

Time: 7.00pm Friday 2nd August – 3.00pm Sunday 4th August 2019.
Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.
Cost: registration \$50 (non-refundable) + \$210.
Contac: Marion Baker, St Chad's Anglican Church, Meadowbank (09) 521 5013.
Email: marion@stchads.org.nz

Aug 3 SOULCOLLAGE® FOR SELF-DISCOVERY

SoulCollage® is an intuitive art process for self-discovery and transformation developed by Seena Frost, combining her passions for spirituality, psychotherapy and creativity. It is a gentle way of getting to know and integrate the many different parts of ourselves. Using images, scissors and glue we create unique and personal collaged cards, then journal and dialogue with them afterwards. This enriches our understanding of ourselves and helps to facilitate growth and wholeness.

All materials are provided and no special artistic ability is required – SoulCollage® is very simple and enjoyable. Just come along with pen and paper or journal.

"Go into your own ground and learn to know yourself there." ~ Meister Eckhart

Facilitator: Jenny Johnson
Venue: Vaughan Park Anglican Retreat Centre
1043 Beach Rd, Long Bay, Auckland 0630 www.vaughanpark.org.nz
Time: 9.30am – 4.30pm, Saturday 3 August
Cost: \$95 (includes retreat, materials and catering)
Registrations: Vaughan Park (09) 4732600 or email admin@vaughanpark.org.nz

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

Aug 24 RETREAT DAY – Thank you

A day to celebrate thanks give to God for something for which you are grateful. It will be a creative day with resources to help you say “thank you” your way. We won’t tell you what to be thankful for - you already know. Together we will create an expression of thanksgiving from the heart. In the peaceful space of Te Ngakau Waiora you will have time to do this thanking properly, thoroughly, deeply. “*I will give thanks to you, LORD, with all my heart*” Ps 9:1

Facilitators Fran Francis & Kris Telfer of Solace Spiritual Direction & Retreats

Date 9.30am-4.00pm, Saturday, 24 August

Fee \$65.00 incl. lunch and tea/coffee provided

Bookings/Info: The Mercy Spirituality Centre info@mercyspiritualitycentre.org.nz
09 6386238

Nov SACRED PATHWAYS SILENT RETREAT WEEKEND

1-3 This weekend retreat is an opportunity to relax, rest, reflect and pray at a beautiful venue overlooking Mission Bay. Spiritual Direction is offered.

Venue: 56 Selwyn Ave, Mission Bay (Wheelchair Access.)

Time: Friday 1 Nov, 6:30 pm (after dinner) to 4 pm Sunday 3 Nov.

Cost: \$230 (Includes \$30 registration.) All linen & meals provided.

Please register by 15th September.

For more information or to register contact:

Audrey Burt (09) 521 0960 email: da.burt@outlook.com

or Jo Garton email: joannegeoff@xtra.co.nz (09) 2675957

Nov 2 FILM DAY AT OASIS

10.00am - 3.00pm, Saturday 2nd November

Venue: Oasis Retreat Centre, 206 Albany Heights Rd, Albany, Auckland.

Leaders: Andrew Dunn and Warren Deason. BYO lunch and koha.

Film to be advised. For information and registration Phone 09 4159686 or Email dunnzalbany@xtra.co.nz

Nov 2-3 WEEKEND WORKSHOP

Towards an Understanding of Life’s Transitions

In the course of our lives, there are many normal and predictable periods of transition – adolescence, early adulthood, midlife and the senior years. These are developmental transitions and every human person experiences them. However, some transitions occur around unexpected events such as serious physical illness, loss of a job, moving house, entering a rest home or the death of a loved one. These transitions are often experienced as more threatening and more disruptive for us. What does a transition feel/look like? How do I know when I am going through a

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

transition? What are the signs? How do I recognise God’s presence in times of transition? What can help me to cope with times of transition?

During the two days we will consider all of the above. There will be time for quiet, personal reflection also.

Presenter Anne Warren chf

Dates Saturday 2 & Sunday 3 November
10.00am-4.00pm

Fee \$130 incl. lunch & tea/coffee provided
\$170 also incl. accommodation for Saturday night (limited availability)

Bookings/Info: The Mercy Spirituality Centre info@mercyspiritualitycentre.org.nz
09 638623

Nov 23 ONE DAY GOD’S SPACE RETREAT – Hillsborough

Time: 9.00am – 5.00pm Saturday 23rd November

Venue: St Francis Retreat Centre, Hillsborough, Auckland.

Cost: \$55 (includes lunch.)

Contact: Marion Baker, St Chad’s Anglican Church, Meadowbank (09) 521 5013.

Email: marion@stchads.org.nz

Dec 1 ADVENT LABYRINTH MEDITATION

A Labyrinth journey at the beginning of the 4 weeks anticipating and preparing for the birth of Jesus and Christmas. An opportunity to pause, slow down the body, mind and spirit in anticipation of the busy southern hemisphere end of year and beginning of summer holidays.

Time: 2pm Led by: Katherine Opie

Venue: Eden Community Church Prayer Garden- Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost: \$5.00

For more information or to register: richkath.opie@gmail.com

WAIKATO REGION

HOUCHEN RETREAT & CONFERENCE CENTRE is a centre for retreats, appropriate community functions and other forums. Set in 5 acres of beautiful gardens (including a Labyrinth), with accommodation all year round.

Address: 83 Houchens Road, Hamilton, 3206.

Phone: 07 8435538

Email: houchen.house@xtra.co.nz

Website: www.houchenhouse.org.nz

Managers: Glyn and Wanda Pemberton

BRIDLE CREEK RETREAT

For those needing some time out with God, Bridle Creek Retreat is a fully self-contained, two bedroom unit attached to our home in a quiet rural location near Raglan. Personalised guided retreats can be arranged to suit individual needs and/or Spiritual Direction provided if desired. Self-catering or with meals provided on request.

Contact: Kathleen Gavin (07) 8258059 or 027 4168515; Email: bkgavin@xtra.co.nz) for further information.

Cost: depends on length of stay and catering requirements.

MORNINGS OF REFLECTION AND PRAYER

Every second Friday of the month starting February

Facilitator: Jan Sampson

Time: 9:30am - 12pm

Venue: Saint James, 82 Nixon St, Hamilton East

Cost: \$10

You are welcome to bring your lunch to eat together after our morning.

Registration: Jan Sampson (07)8593373 or spiritualdirector3@gmail.com

COMPASSIO SERVICES – see advert in Bay of Plenty section below.

Nov 29 ADVENT RETREAT 2019

Date: Friday November 29th (10am) - Saturday 30th November(3pm)

Venue: Tyburn Monastery, Ngakuru, Rotorua.

Facilitator: Jan Sampson

Cost \$90 (includes single room with ensuite, all meals, morning and afternoon teas)

Registrations or enquires: Jan Sampson - spiritualdirector3@gmail.com

Mar 9 BOUNDARIES: How do they work in the second half of life?

In the first half of life, healthy boundaries allow the development of our sense of self as *separate* individuals with our own legitimate needs and wants - an essential stage in our development. But what role do our boundaries play as we grow in awareness of ourselves in *union* with God, Earth, and one another? On this one-day retreat, we will explore how our boundaries continue to support us into the second half of life, securing a sense of responsibility to live out of the truth of who we really are, allowing us to cherish our own uniqueness and freedom, whilst becoming the place of encounter and participation in the divine flow of self-emptying love.

(The second half of life refers here not to our chronological age, but to that stage of our spiritual journey that moves us beyond the concerns of establishing an identity for ourselves, building security, a home, relationships, and roles, and into a kind of undoing / unlearning as we connect with a deeper truth of who we are in God. People of all ages are most welcome at this retreat!)

Venue: St Peter's Cathedral, 51 Victoria Street, Hamilton

Date: Saturday 9th March, 9.30am – 3.30pm

Fee: \$60

Facilitator: Sarah Cooper, www.FourQuartersWhole.com

Please register by Friday 22nd February at FourQuartersWhole.com.

For queries please email: Enquiries@FourQuartersWhole.com

Oct 26 ALLOWING: A Pathway to Transformation

If our spiritual journey is to lead to any kind of deep transformation, sooner or later we must learn how to participate in our own healing and growth through an inner orientation towards *allowing*. On this one-day retreat, we will reflect on what it means to allow mystery, grace, suffering, wonder, uncertainty, love, imperfection, and finally our own death and resurrection. Our allowing becomes an admission, a *letting in*, as well as a letting go; a recognition in which our hearts become open to re-know things as they really are. In this place of openness and surrender, we discover that such generous permission is first of all found in God, and is the essence of love itself.

Venue: St Peter's Cathedral, 51 Victoria Street, Hamilton

Date: Saturday 26th October, 9.30am – 3.30pm

Fee: \$60

Facilitator: Sarah Cooper, www.FourQuartersWhole.com

Please register by Friday 11th October at FourQuartersWhole.com.

For queries please email Enquiries@FourQuartersWhole.com

BAY OF PLENTY

TITOKI CHRISTIAN HEALING CENTRE – A PLACE OF WHOLENESS

Titoki is a place of retreat for people to set aside time with the Lord and for themselves, to rest in the peace-filled environment away from life's pressures. The centre is situated 10 minutes from Whakatane and is based around a charming homestead set in spacious grounds with mature trees and gardens.

There are single and double guestrooms available, some with en-suite facilities. All meals are provided. The centre is also available for groups to hire and self-cater.

Personal retreats are available and can be tailor-made in terms of timing and design. Bert Schoneveld is available for spiritual direction during the personal retreats.

For further details or bookings ph (07) 308-6503 or email:

info@titoki.org.nz Website: www.titoki.org.nz

The following Retreats will all be held at Titoki Christian Healing Centre:-

Mar 7-9 STORY TELLING

The workshop will look at how Jesus used storytelling in the Scriptures to communicate his message. In addition, we will explore ways in which we can tell stories that are memorable, and discuss methods for telling stories from the Bible accurately in an oral style.

Facilitator: Jim Couch

Mar 30 SOUL COLLAGE

Join us for a quiet day to experience this simple yet profound form of visual prayer adapted from SoulCollage®, an intuitive creative art process. Choosing images that you are drawn to you will create your own unique collaged cards, and then take time to journal, reflect and dialogue with the images. SoulCollage® is a very simple and enjoyable process and no special artistic ability is required. All materials are provided. Just come along with pen and paper or journal.

“When the soul wishes to experience something, she throws an image of the experience out before her and enters into her own image.” Meister Eckhart.

Facilitator: Jenny Johnson

Time: 9:30 a.m.-4:30 p.m.

Cost: \$60.00 includes retreat, teas and lunch.

May SPIRITUALITY AND CHRONIC PAIN

17-18 Facilitator: Joyce Budenberg

June SILENT RETREAT

26-30 Facilitator: Bert Schoneveld

Sept INTRODUCTION TO CONTEMPLATIVE SPIRITUALITY

20-22 Facilitator: Bert Schoneveld

Time: Friday evening 20 Sept to 3 p.m. Sunday 22 Sept

Nov WEEKEND RETREAT OF SPIRITUAL DIRECTION & TIMES OF SILENCE

Facilitator: Margie Upson

More details for the retreats will be posted on the website www.titoki.org.nz

COMPASSIO SERVICES

In the first half of 2019 COMPASSIO Services will be offering the following services in Putaruru, Waotu, Hamilton, areas. Check www.compassioservices.com for more.

Please email us if any of the following connect with your heart, spirit, body, or mind.

Contact – 07-883-2780 or Email Gabrielle: compassio@xtra.co.nz to learn more.

Spiritual Direction/Companioning

- Spiritual Direction one:one
- *Group* Spiritual Direction in a modified Quaker tradition, The Clarity Circle

and

- Christian Meditation

Workshops

- The ENNEAGRAM parts A and B and C; and Refresher days
- The Enneagram as a Spiritual Tool
- The Enneagram at work or in business
- Journaling your way to waiora/well-being “Righting your life by Writing”
- Journaling your way to deep relationship with God
- Drawing as a tool for the journey – Mandalas

NB. From the second half of 2019 COMPASSIO Services will be domiciled near Motueka, Tasman District at Gabrielle's new home “The Anchorage”.

Contact – 021-112-6804 or Email Gabrielle compassio@xtra.co.nz learn more.

TARANAKI

Because of changing personal circumstances many of our SGM team are unable to commit to a pre-planned list of Taranaki events for 2019. However, it is hoped that between us we will offer **quiet mornings** at least in Lent [March], around Pentecost [May/June], in 'ordinary time' [August/September] and in early Advent [late November/early December].

AND we WILL be able to offer a **4 day retreat at Stratford** in early October. More details of this retreat '**Be Still and Know with the Christian mystics**' will be available in the new year through our email list or by contacting our new local SGM Contact person:

Heather Lofthouse: heather1349@gmail.com or phone 021 617 894

EAST COAST

For events in Hawkes Bay contact:-

Napier:	Val Chapman	9 Bright Crescent, Napier, 4110
	Phone (06) 843 8199	Email: valrose@slingshot.co.nz
Gisborne:	Cynthia Kearney	12 Victoria St, Gisborne 4010
	Phone (06) 868 6378 or 027 2586378	Email: cmkearney@xtra.co.nz

SPIRITUAL DIRECTION and SUPERVISION

One to one: a companion on your spiritual journey to help you explore your relationship with God. Contact Val Chapman (06) 843 8199 Email: valrose@slingshot.co.nz

LABYRINTHS

A Labyrinth in the classical seven-ring design has been created on **Moonwatch Lawn** at Trelinnoe Park, a magnificent private garden off the Napier-Taupo Highway near Te Pohue. The Garden is open all year (\$10 entry charge).

MANAWATU

AREA CONTACTS:

Feilding:

Elsa McInnes (06) 323 9276 elsamcinnnes@inspire.net.nz 021 0728382

Palmerston North: Ruth Rosser (06) 350 3055 rrpeace@inspire.net.nz

Foxton/Levin: Hannah Rowan (06) 367 8583 bexandkate@gmail.com

MANAWATU SPIRITUAL DIRECTORS SUPPORT GROUP

A spiritual directors support group meets bi-monthly 12.30 to 2.30 pm generally in Feilding. The group's purpose includes opportunity for collegiality, nourishment, refreshment, peer supervision, meditation, reflection and discussion around an agreed theme and prayer. Spiritual directors and those in training to become spiritual directors are invited to join the group. For further information contact Elsa McInnes: (06) 3239276 or 021 0728382 or any of the Association members in Feilding, Palmerston North, Levin or Wanganui.

SPIRITUAL DIRECTORS PROFESSIONAL DEVELOPMENT (MANAWATU)

Occasional training days for spiritual directors in the central region are held 2 - 3 times a year generally on Saturdays for about 3-4 hours. Dates and topics are not yet set for 2019, however if you are interested in being on the email list for information about these training days, please contact Pauline Simonsen at: rpsimonsen@inspire.net.nz

LISTENING SPACE

A quiet morning - time to draw aside from our busy worlds and have space for reflection and being attuned to God's invitations to us.

We meet on the 3rd Monday morning of each month from 9.30am until 12.30pm at various venues in Palmerston North and further afield. It is open to all comers, men and women, is non-denominational, and not affiliated to any particular church.

Someone facilitates a short reflection for about 30mins. The next two hours we spend in silence and gather together at 12.00 noon where we have an opportunity to share with each other. Morning tea & reflection resources are provided. A small koha of \$5 helps cover exps.

For more information contact: Bev Marsh: bevlew@inspire.net.nz or Ann Bennett: benedicta@xtra.co.nz

JOSEPHITE RETREAT CENTRE

Mt St Joseph, 14 Hillside Tce, Whanganui (Wheelchair Access)

A full printed programme is available on request or visit www.marymackillop.org.nz

Monthly Liturgies – 3rd Sunday of month from February to December 4pm to 5pm with exceptions on March 31, April 14, and Sept 22.

THE GATE - PRAYER RETREAT

We have a small Christian prayer retreat in the Otaki Forks area close to the entrance to the Tararua Forest Park, called the Gate, **a Place to Pray at 1400 Otaki Gorge Road**. We are offering for this to be used for day retreats and have accommodation for overnight stay... single rooms...7 people... 2 huts... 1-2 beds, a caravan ...double bed, a converted container.... 2 beds, in the house... 2 single beds and a queen sized bed. We have disability access and toilet and bathroom facilities to accommodate them.

The property is run by the Deborah Charitable Trust so we would need to talk about costs, food, etc as we live here and host people on short stay retreats.

For information please contact Kathleen Campbell: davidandkathleencampbell@gmail.com

Mar 1-3 THE MONASTERY AND THE MARKETPLACE - Kopua Monastery

The most important word in the title of this retreat is the word 'and'. As fewer people are joining the 'desert mothers and fathers' in caves or cells, more people are keen to find that 'cave within our hearts' and a retreat at Kopua Monastery offers this opportunity. Benedict still has much to teach us today as do the many others such as Merton and Finley who spent time as monks.

During this weekend retreat we will engage in contemplative practices to open us up to the fresh wisdom of modern monasticism and to the stillness, silence and spaciousness of the monastic rhythm of the Southern Star Abbey.

Venue: Kopua Monastery, Southern Star Abbey, Takapau

Dates: 7pm Friday to 2pm Sunday

Full fee: \$230

Participants: There are 8 spaces and 10 if you're willing to share a room

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Further Information/registration by 15th February 2019 to: pip.nicholls@xtra.co.nz

Apr 26-28 SACRED PATHWAYS RETREAT WEEKENDS WHAT'S IN A NAME?

Two opportunities for a weekend retreat on **26-28 April or 24-26 May**

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Times: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.

Cost: \$220 (\$40 on registration). For more information and to register contact Ruth Rosser e.mail: rrpeace@inspire.net.nz phone: (06)350 3055

Or Esmae Goodwin (06)354 8458 or 022 0918608

**May 24-26 SACRED PATHWAYS RETREAT WEEKEND
WHAT'S IN A NAME?**

Please see advert for April 26-28 above

Sept 8-14 6 DAY GUIDED RETREAT

Care for our Common Home – Praying with the ‘Earth Stations’

“One of the principle challenges facing humanity in our day”, states Laudato Si 25, is the care of our common home. Mindful that we are part of this amazing Universal Communion of all of creation, this retreat draws us to hear and feel the cry of the Earth and recognise our opportunity to awaken anew to the evolving mysteries and nurture more deeply our creative response “for the protection of our world” (LSi 216). In our hands is the fate of Mother Earth’s purity and welfare.

Date: Sunday 8 – Saturday 14 September

Cost: \$575 Live in/\$425 Live out

Venue: Josephite Retreat Centre – see above

Ann Morrison rsj and Pam Hopper Phone (06) 345 5047 Ext 3.

Email Pam Hopper: pam.hopper@sosj.org.au

Registrations are necessary

**Sept 27-29 SACRED PATHWAYS RETREAT WEEKENDS
OPPORTUNITIES**

Two opportunities for a weekend retreat on **Sep 27-29 or Nov 1-3**

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Times: 7 pm Fri night (after dinner) to 3.30 pm Sun afternoon. All meals provided.

Cost: \$220 (\$40 on registration). For more information and to register contact

Ruth Rosser email: rrpeace@inspire.net.nz phone: (06)350 3055

Or Esmae Goodwin (06)354 8458 or 022 0918608

**Nov 1-3 SACRED PATHWAYS RETREAT WEEKEND
OPPORTUNITIES**

Please see advert for Sep 27-29 above

KAPITI COAST – WELLINGTON

Any additions to the Greater Wellington region programme will be placed on the SGM website, www.sgm.org.nz or the Wellington SGM website, www.sgmwellington.myurl.co.nz

If you would like to be added to the Wellington SGM database and kept informed of events and any additions to this Programme please contact Terry Alve Email: terry.alve@gmail.com

Facilitators for Quiet Days, Retreats, Group Discernment, and individual Spiritual Direction are available in the Wellington area. Please phone one of the following for more details:
Merle Hiscock (04) 976 4693 or Terry Alve (04) 232 2583

Wellington/Kapiti Coast Labyrinths

There are four labyrinths in the Greater Wellington area that are available for public use.

- The Frederic & Margaret Wallis Labyrinth at Hutt Hospital
<http://www.labyrinthsnz.com/lower-hutt-wellington> A Chartres style labyrinth
- The Johnsonville Labyrinth at Johnsonville Uniting Church, 18 Dr Taylor Terrace, Johnsonville <http://www.juc.org.nz>
- The Labyrinth in Porirua Hospital grounds (Ratonga Rua-o-Porirua Campus), Upper Main Drive, next to the Chapel.
- The Hinemoa Labyrinth in Kathryn and Geethal Fernando’s garden 62 Hinemoa St, Paraparaumu.
Phone 027 3487288 (No obligation to ring beforehand. Can just turn up and walk it).
Chartres style labyrinth.

TE UENUKU

Te Uenuku, 408 Mangaone South Road, Reikorangi, Waikanae.

Have you been looking for a place where you can spend a day for quiet reflection? Our 5 hectare property is in a quiet valley flanked by bush covered hills. We have a warm prayer hut together with a renovated woolshed suitable for small groups (up to 10 people). Spiritual direction is available on request. Please ring Jan on 04-2932016.

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

STILLNESS IN YOUR BUSY DAY on Tuesdays

Centering Prayer together

Times: Tuesday's 12:30 to 1:00 pm

Venue: St Andrew's on the Terrace

Room location posted each week as you enter

Facilitated by Susan Jones and Diane Gilliam-Weeks 027 4978374

Feb 7 DAY SILENT RETREAT

8-15 A seven day, silent, directed retreat in a peaceful rural setting.

Venue: Magnificat Community, South Wairarapa.

See: www.magnificat.org.nz for details of the venue.

Time: Friday 8 Feb at 7.30pm to Friday 15 Feb after lunch.

Cost: \$650 (\$50 non-refundable with registration, balance \$600 on arrival)

We gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.

Retreat Team: Lew Marsh, Margaret Smith and Jo Anastasiadis.

****This retreat is already full** but a waiting list is available in case there are cancellations, or for advance enquiries about a likely retreat, probably 7-14 February 2020, contact: Jo Anastasiadis: mail4jo@xtra.co.nz 9 Apuka St, Brooklyn, Wellington 6021. Phone (04) 3844991

Mar 1-3 THE MONASTERY AND THE MARKETPLACE - Kopua Monastery

The most important word in the title of this retreat is the word 'and'. As fewer people are joining the 'desert mothers and fathers' in caves or cells, more people are keen to find that 'cave within our hearts' and a retreat at Kopua Monastery offers this opportunity. Benedict still has much to teach us today as do the many others such as Merton and Finley who spent time as monks.

During this weekend retreat we will engage in contemplative practices to open us up to the fresh wisdom of modern monasticism and to the stillness, silence and spaciousness of the monastic rhythm of the Southern Star Abbey.

Venue: Kopua Monastery, Southern Star Abbey, Takapau

Dates: 7pm Friday to 2pm Sunday

Full fee: \$230

Participants: There are 8 spaces and 10 if you're willing to share a room

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Further Information/registration by the 15th February 2019 to:

pip.nicholls@xtra.co.nz

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

Apr 26-28 SACRED PATHWAYS RETREAT WEEKENDS

WHAT'S IN A NAME?

Two opportunities for a weekend retreat on **26-28 April or 24-26 May**

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Times: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.

Cost: \$220 (\$40 on registration). For more information and to register contact Ruth Rosser email: rrpeace@inspire.net.nz phone: (06)350 3055

Or Esmee Goodwin (06)354 8458 or 022 0918608

May 24-26 SACRED PATHWAYS RETREAT WEEKEND

WHAT'S IN A NAME?

Please see advert for April 26-28 just above

Aug 2-6 TWO AND FOUR DAY DIRECTED RETREATS

Dates: Friday 2 August - Tuesday 6 August

Venue: Our Lady's Home of Compassion, Island Bay, Wellington.

Up to 16 Places Available.

Two Day Options: (Fri night to Sun afternoon; or Sun afternoon to Tues afternoon)

Four Day Option: (Fri night to Tues afternoon)

Contact: Terry Alve: terry.alve@gmail.com

Further info and registrations: <http://www.sgmwellington.nz/retreats.html>

Aug 3 A QUIET DAY WITH JESUS IN JERUSALEM

An opportunity to spend a relaxed day with Jesus and some of His time in and around Jerusalem. Much of the day will be for your own time of reflection, with a variety of ways to spend time with Jesus being offered, using both Scripture and creativity. If you are looking for a day of refreshing or simply some space from the usual 'noise' of the week, this day is for you.

Date: Saturday 3 August, 9.30am to 3.30pm

Venue: Home of Compassion, 2 Rhine St (off Murray St), Island Bay

Cost: \$40 includes tea/coffee, please bring your own lunch. If cost is an issue please let me know.

Facilitator: Jo Anastasiadis

Contact Jo: 04 3844991 or mail4jo@xtra.co.nz

**Sept 27-29 SACRED PATHWAYS RETREAT WEEKENDS
OPPORTUNITIES**

Two opportunities for a weekend retreat on **Sep 27-29 or Nov 1-3**

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Times: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.

Cost: \$220 (\$40 on registration). For more information and to register contact Ruth Rosser email: rrpeace@inspire.net.nz phone: (06)350 3055

Or Esmee Goodwin (06)354 8458 or 022 0918608

**Nov 1-3 SACRED PATHWAYS RETREAT WEEKEND
OPPORTUNITIES**

Please see advert for Sep 27-29 just above

NELSON / TASMAN AREA

SILVAN – 205 Champion Road, Nelson

Silvan is a 10 acre garden/park setting with established trees, several lakes and places to sit and reflect. It may be used for individual or group retreats and days of prayer.

Facilities:

- Summerhouse (indoors) available for up to 9 people, but still intimate for one - overlooks the lake.
- Deck below Summerhouse, on edge of lake. Seating area and Barbeque facilities
- Toilet facilities in garden
- Garden Gazebo: Indoor sitting area for 4
- Table for 8, under trees and bench seats in garden

For all enquiries contact: Rick and Sarah Griffin

sarahgriffin053@gmail.com Cell number: 021 1720310

AREA CONTACT:

Ilene Allan

Ph. 03-547-8279

athlene16@gmail.com

CONTEMPLATIVE DAYS ASIDE:

We continue to offer a Day Aside monthly to “Be still and know that I am God.”

These are held on the last Friday of the month from February to November at different venues. We begin at 9.30am. The leader introduces the theme and provides possibilities for the day. We finish at 2.30pm.

All venues have splendid landscapes to enjoy beauty, peace and space in God’s creation and to relax with a listening heart in God’s presence.

Art materials are available.

It is important to register if you are planning to come. It helps to have an indication of numbers and to confirm the venue, directions and arrange car-pooling if needed.

Please bring \$6 and your lunch. Tea, coffee and morning tea are provided.

You may like to bring your Bible, journal and pen, camera, sun hat in summer, bathing suit if you wish to swim at Kina and suitable footwear if you want to walk.

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

Mid-Winter

Venues for 2019 are from Hira to Brightwater. June is at Fairfield House, Nelson and the cost is \$10pp. July is a home venue with soup lunch provided.

CONTACT PEOPLE

Ilene Allan	Stoke	03-547-8279	athlene16@gmail.com
Maria Park	Nelson	03-548-8576	mjparkmaria@gmail.com

SPIRITUAL DIRECTION

Sue Cunningham	Ph. 03-548-6839	sue.spiritualdirection@gmail.com
Karen Moynagh	Ph. 03-544-0551	karen@moynagh.co.nz
Ilene Allan	Ph. 03-547-8279	athlene16@gmail.com

Mar 15-17 (PROPOSED) WEEKEND GUIDED RETREAT

From 7pm Friday 15th March to 3pm Sunday 17th March

Venue: Bridge Valley Adventure Camp, Wakefield

Cost: \$200 dep. \$50 by 12-12-18 Early Bird Price \$180 if paid by 12-12-18

Contact: Ilene Allan - athlene16@gmail.com

BE REFRESHED

A safe and quiet place in a sunny warm home in Stoke with walkways nearby and a park over the road, is an ideal place for women or couples to take a short break (max. 3 nights) for rest and refreshment. Taking 'time apart' and resting is an opportunity to be still and know God.

A comfortable bedroom, own bathroom & meals catered is offered. Spiritual Direction is available on request.

A reasonable charge can be discussed when making booking.

Contact: Ilene Allan Ph. 03-547-8279 athlene16@gmail.com

COMPASSIO SERVICES

From the second half of 2019 COMPASSIO Services will be domiciled near Motueka, Tasman District at Gabrielle's new home "The Anchorage".

CONTACT – 021-112-6804 or Email: Gabrielle compassio@xtra.co.nz learn more.

See advert in Bay of Plenty section above for more details.

www.compassioservices.com

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

CANTERBURY

ROSARY HOUSE SPIRITUAL LIFE CENTRE

Rosary House Spiritual Life Centre is at 22 Gracefield Avenue, Christchurch, close to the centre of Christchurch City. This gracious two-storied house is tucked away in a quiet, tree-lined street. People who come for spiritual direction are provided with a sense of solitude which is consistent with the objectives of the Centre. **Sisters of Mercy**, Mary Catherwood and Anna Clarke provide spiritual direction there and make space available to others who have lost their own spiritual direction venues.

The Centre is also available to people who wish to have a day of prayer and reflection and to individual people who wish to make a personal guided retreat. We are able to provide room space for small group programmes run by ourselves and others, while for bigger groups we have access to Te Manawa Atawhai Catherine McAuley Centre, Upper Riccarton or the Mary Potter Community Centre which is a short distance away. A five day non-residential Guided Retreat is provided annually in Spring at Villa Maria College. The Sisters of Mercy are delighted to continue this important ministry in a very suitable and stable environment. To find out more or request a copy of the programme ring Rosary House: (03)379 1298 or email roho@xtra.co.nz or see website: www.sistersofmercy.org.nz

TE WAIORA HOUSE - Hororata, Canterbury

Te Waiora House is situated on the outskirts of Hororata, amid spacious grounds and rural surroundings, opposite St John's Church. A modern purpose-built house is available for personal times of rest and refreshment, retreats and group visits. Residential accommodation for up to 10 guests is available (5 twin rooms); day visits are welcome, with a beautiful chapel seating 20 plus attached to the house. Modest fees requested, but subsidies may be available if needed.

Contact: Te Waiora House - (03) 318 0789 Email: tewaiorahouse@xtra.co.nz

or visit our website: www.tewaiorahouse.org.nz

STILLPOINT CONTEMPLATIVE PRAYER SERVICE

is offered on the first Tuesday of the month 7.30-8.30pm.

St Barnabas Anglican – corner of Fendalton Rd and Tui St, Fendalton

Contact Diane Brooker Newton 03-3525448 or 027-431 1334

SPIRITUAL DIRECTORS NETWORK

Christchurch-based spiritual directors meet regularly throughout the year for mutual encouragement, information and up-skilling.

Meetings are 12.00 to 2.00pm on the 2nd Friday every other month starting in Feb.

Venue: Arahura, 406 Barrington Street, Spreydon, Christchurch.

For further information contact Glenda Hicks: gmhicks@snap.net.nz

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

ST LUKE'S SPIRITUALITY CENTRE, Christchurch

The Anglican parish of St Luke's in the City formed the St Luke's Spirituality Centre to foster and encourage spiritual growth. It is for searchers after spiritual truth and seekers open to a living spirituality. It is for those engaged in various parts of the churches who are looking for spiritual nurture and development; for those on the edge of the church who are looking for a spirituality sufficiently open to the Spirit breathing through their own experience; and for those looking for a way, for spiritual practice.

A variety of programmes is run each year. These include short courses; once a month early evening cafe sessions on aspects of spirituality or life in the city; quiet days and weekend retreats. There is also a Healing Service of Eucharist and Anointing in an atmosphere of quiet and contemplation, on the first Saturday of each month, February to December.

We also offer "Living the Questions" discussion groups for those wanting to explore progressive Christianity and spirituality.

For further information, including current venues, see www.stlukesinthecity.org.nz or to join our email contact list, email: spirit@stlukesinthecity.org.nz Or phone (03) 366 2253

CONTEMPLATIVE PRAYER DAYS

These are quiet days for reflection and prayer around a theme.

Dates: 9 February, 13 April, 8 June, 10 August, 12 October, 30 November

Time: 10.00am – 3.00pm

Location: Hornby Community Ministries, 23 Manurewa Street, Hei Hei, Christchurch.

Wheelchair access. Bring your own lunch and koha.

Contacts:

Trish O'Donnell: trish.willem@gmail.com

Lorraine Jansen: rblajan@xtra.co.nz

Barbara Sampson: barbara.sampson.nz@gmail.com

ADVENT CONTEMPLATIVE PRAYER DAY

A time to come aside from the busyness of the season and take time to reflect on your journey in a supportive contemplative environment. The prayer day will be held in Central Christchurch in the beautiful tranquil setting of Rosary House, at the start of Advent (exact date yet to be decided)

For further information please contact Margaret Shearing: mshearing30@gmail.com

SPIRITUAL GROWTH MINISTRIES 2019 CALENDAR

Apr 5-7 SILENT RETREAT WEEKEND IN BANKS PENINSULA

Dates: Fri 5th April at 7pm - Sun 7th April at 2pm

Venue: Bellbird Heights, Living Springs, Governors Bay.

Cost: \$220. All meals provided.

This retreat provides a space to draw deep on God's grace and refresh your soul. Bellbird Heights is set in beautiful bush on Banks Peninsula with views over Lyttelton Harbour (it is set well apart from the rest of the Living Springs complex). There will be several opportunities to gather together for scripture reading and reflection, but the majority of the time is yours to spend in silence with God. You'll have your own comfortable room (unless you'd like to share). On the property and in the local area, there is a range of bush/hill walks, well-developed mountain bike tracks, and even a heated pool if you'd like a swim. Some creative materials will also be provided. Spiritual direction is available during the retreat if desired.

To register, please contact Peter or Kerryn Christensen:

pkaj.christensen@gmail.com 022 341 8801 (Kerryn) 022 342 2164 (Peter)

May 11 'BEHOLD' TRAINING DAY

Date: Saturday 11 May in Christchurch, 9.30 am to 4 pm.

Venue: Mt Pleasant Community Centre, 3 McCormacks Bay Road

Cost: \$100 (includes access to online training materials, lunch, tea and coffee)

(NB a similar day is also being arranged in Auckland on 18 May)

Behold is an exciting new SGM initiative, which is being developed as a way to share Christian prayer and contemplation with the wider community. People who are spiritually hungry may be drawn to meditation or silent prayer and often turn first to Eastern religions, unaware there is a rich tradition of 'listening' or 'contemplative' prayer within the Christian faith. *Behold* offers an accessible way to 'taste' the Christian contemplative tradition, through taking part in practical workshops (such as contemplative walking and contemplative photography).

These training days are suitable for trained Spiritual Directors as well as other interested people, such as Pastors / clergy. You don't need prior experience in running retreats. At the training, you will experience a *Behold* event, learn how to facilitate *Behold* events in your own community, and gain access to online materials to be used in your preparation. There will be time to catch up with old friends, and make new connections. We hope you'll come away inspired and equipped to take this exciting initiative out into your community.

Inspired? Have questions? To register your interest or find out more, please contact Kerryn and Peter Christensen: pkaj.christensen@gmail.com

**SPIRITUAL GROWTH MINISTRIES
2019 CALENDAR**

Nov 22-24 SILENT RETREAT WEEKEND IN BANKS PENINSULA

Dates: Fri 22nd Nov at 7pm - Sun 24th Nov at 2pm

Venue: Bellbird Heights, Living Springs, Governors Bay.

Cost: \$220. All meals provided.

This retreat provides a space to draw deep on God's grace and refresh your soul. Bellbird Heights is set in beautiful bush on Banks Peninsula with views over Lyttelton Harbour (it is set well apart from the rest of the Living Springs complex). There will be several opportunities to gather together for scripture reading and reflection, but the majority of the time is yours to spend in silence with God. On the property and in the local area, there is a range of bush/hill walks, well-developed mountain bike tracks, and even a heated pool if you'd like a swim. Some creative materials will also be provided. Spiritual direction is available during the retreat if desired. You'll have your own comfortable room (unless you'd like to share).

To register, please contact Peter or Kerryn Christensen:

pkaj.christensen@gmail.com 022 341 8801 (Kerryn) 022 342 2164 (Peter)

**SPIRITUAL GROWTH MINISTRIES
2019 CALENDAR**

OTAGO / SOUTHLAND

Area contact:

Mary Hepburn 03 9748807, 027 35087915 maryhrsm@gmail.com

QUIET DAYS FOR PERSONAL RETREATS

Take time apart with God in the lovely environment of St Margaret's Anglican Church and Retreat Centre (4 Seaview Terrace) Brighton. This is your time of personal quiet with God in community.

Friday, March 29th	10am to 4pm
Friday, April 26th	10am to 4pm
Friday, June 28th	10am – 3pm
Friday, July 26th	10am – 3pm
Friday, August 23rd	10am – 3pm
Friday, September 27th	10am to 4pm
Friday, October 25th	10am to 4pm

We begin and end our time together with a brief sharing and the rest of the time is spent in silence. Some reflections will be available. Each one uses the time and facilities as best works for him or her. Bring your own lunch. Koha appreciated.

Please let Maureen know before the day if you are coming.

Maureen Harley at 021 101 7401; 03 456 0573; or maugenz@gmail.com

GUIDED RETREAT DAYS

At St Margaret's in Brighton (Otago). Quiet reflections based round special times of the Church year under the guidance of a Spiritual Leader.

Saturday, March 2nd Lenten Guided Retreat Day 10am to 4pm

Saturday, May 25th Pentecost Guided Retreat Day 10am to 4pm

Saturday, November 30th Advent Guided Retreat Day 10am to 4pm

For details and to register contact Maureen Harley at 021 101 7401; 03 456 0573; or maugenz@gmail.com

or Mary Hepburn rsm maryhrsm@gmail.com,

Koha for Leader and facility appreciated.

SPIRITUAL GROWTH MINISTRIES

2019 CALENDAR

MEDITATION

Our weekly quiet Meditation is on each Wednesday 5.30-6.00pm at 17a McBride Street in South Dunedin. All welcome!

0273508915 or 03 9748807 or email for queries.

MAR A 6 DAY SILENT DIRECTED RETREAT

3-8 A six day silent directed retreat in the vast open spaces of the Maniatoto.

Venue: En Hakkore, Orangapai (near Ranfurly)

Time: Sunday 3 March 11.00am to Friday 8 March lunchtime.

Cost: \$475. Registration closes 22 February.

Retreat Team: Kelvin Wright, Barbara McMillan, Judith Anne O'Sullivan, John Franklin

Registrations and enquiries to John Franklin, john.franklin94@gmail.com