
SPIRITUAL GROWTH MINISTRIES



Resources for the Spiritual Journey

2018 Calendar

Website: www.sgm.org.nz

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

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SGM is an incorporated trust registered with the Charities Commission on 17 June 2008 (CC 26037)

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

This Calendar outlines retreats and other events which individuals may find of benefit in their spiritual journey. However Spiritual Growth Ministries Trust does not give warranty as to the suitability of a particular event for a particular individual. Individuals considering attending an event are responsible for making their own judgement as to whether the event will be suitable for them. Views, teaching or statements at the events are not necessarily those of either Spiritual Growth Ministries Workgroup or Spiritual Growth Ministries Trust.

SPIRITUAL GROWTH MINISTRIES TRUST

Spiritual Growth Ministries is a network of people from diverse Christian traditions and experience who find depth and meaning through the Christian heritage of contemplative spirituality. SGM aims to enable people to develop spiritual resources for their life and work by deepening their relationship with God in Jesus Christ through spiritual direction, training, retreats and other experiences of prayer.

SPIRITUAL GROWTH MINISTRIES TRUST WORKGROUP

Jane Wilkinson	Baptist, Wellington (interim Convenor)
Fran Francis	Vineyard, (Formation Programme Co-ordinator)
David Crawley	Anglican, Auck. (Assistant Prog. Co-ordinator)
Joanne Garton	Baptist, Auckland. (Administrator)
Diane Gilliam-Weeks	Presbyterian, Wellington. (Refresh Editor)
Trish O'Donnell	Catholic, Christchurch
Sue Pickering	Anglican, New Plymouth
Alan Upson	Methodist, Whangarei
Jo Anastasiadis	AOG, Wellington

HOW YOU CAN HELP SGM

1. Contact the Convenor if you can assist our work in your area.
2. The Spiritual Directors Formation Programme is funded from fees and donations, and SGM seeks continued support both in prayer and financial assistance for this work.
3. The Spiritual Growth Ministries Trust has been established in order to secure the future work of SGM. Financial gifts to the Trust are welcome and should be made through the Administrator. Online banking donations to **03-0166-0198782-00**
4. Friends of SGM contribute regularly to our work. Some prefer to make a regular commitment with
 - an automatic payment to the SGM Bank Account (see No. 3 above).
 - through Inland Revenue Department's Payroll Giving schemeIf you would like to give in either of these ways, contact the Administrator for details.
5. Update your will to include a bequest to Spiritual Growth Ministries Trust.
6. Be on our Mailing List. Send your name and address to the Administrator.

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

SGM ADDRESSES

Website: www.sgm.org.nz

Administrator: Joanne Garton
36 Buller Crescent, Manurewa, Auckland 2102.
Email: admin@sgm.org.nz
Phone: (09) 2675957

Editor of Refresh: Diane Gilliam-Weeks,
32 Kauri St, Eastbourne, Lower Hutt 5013
Email: dianegw@actrix.co.nz

Spiritual Directors Formation Programme Co-ordinator:

Fran Francis
14 Oruamo Place, Beach Haven, Auckland 0626
Email: fran.francis@sgm.org.nz

AREA CONTACTS

As we seek to encourage more local initiative in our work, we include area contacts who may be able to suggest themes and facilitators if you wish to run an event or short retreat.

Otago	Mary Hepburn	027 3508915	maryhrsm@gmail.com
Canterbury	Lorraine Jansen	(03) 384 4322	rblajan@xtra.co.nz
Nelson	Karen Moynagh	(03) 544 0551	karen@moynagh.co.nz
Wellington	Terry Alve	027 6001926	terry.alve@gmail.com
Hawkes Bay	Val Chapman	(06) 843 8199	valrose@slingshot.co.nz
Manawatu	Elsa McInnes	(06) 323 9276	elsamcinnnes@inspire.net.nz
Taranaki	Sue Pickering	(06) 758 4952	suepickering@xtra.co.nz
Waikato	Jeanette Vink	(07) 825 8330	jeanette.vink@yahoo.com
Auckland	David Crawley	(09) 816 8713	davidrcrawley@gmail.com
Northland	Anne McCracken	(09) 438 1145	annemc2@outlook.com

SGM JOURNAL - REFRESH

The SGM Journal, **Refresh**, is produced twice a year around a particular theme of contemplative spirituality. The Journal is available from the Administrator: admin@sgm.org.nz and can also be viewed online at the SGM website www.sgm.org.nz

No charge is made for postage of the Journal, but an annual donation of \$20 would be appreciated to help with costs.

Editor: Diane Gilliam-Weeks, 32 Kauri St, Eastbourne, Lower Hutt, dianegw@actrix.co.nz

FORMATION PROGRAMME FOR SPIRITUAL DIRECTORS

SGM's two year programme offers comprehensive formation and training in both the theory and practice of spiritual direction. The course includes

- the regular giving of spiritual direction under supervision
- reading and written assignments
- attendance at regular workshops - five single days in each year
- a week-long residential event in the first year, and
- a residential weekend at the end of the second year

This programme prepares graduates to apply for associate membership of the Association of Christian Spiritual Directors in Aotearoa New Zealand (ACSD). After completing a further fifty hours of giving spiritual direction with regular supervision, associate members may apply for full membership.

Formation Programme applicants are expected to have

- experience of receiving regular spiritual direction over at least twelve months
- experience of attending silent, directed retreats
- a degree of maturity based on life and faith experience
- a grasp of the spiritual life, Scripture, and theology
- some understanding of human developmental psychology
- a capacity to listen empathetically and sensitively

Pre- or co-requisites for the programme include:

- gaining familiarity with personality type theory through a Myers-Briggs workshop (attendance at an Enneagram workshop is also recommended if possible)
- participating in a workshop on Christian Dreamwork
- completing a 5-day silent directed retreat
- NZ participants - a Treaty of Waitangi Workshop

Formation Programme costs

Costs 2018: Application fee: \$50.00
Programme fee Year 1: \$2,735.00 (includes GST)

Costs 2019: Application fee: \$50.00
Programme fee Year 1: *\$2,735.00 (includes GST)

*We are expecting a slight fee increase for 2019.

Subsidies of \$250, \$500 or \$650 may be available. (GST at time of printing 15%)
Options include paying by monthly automatic payments or in 3 instalments.
Additional costs include: Supervision fee - \$65 per session approx. (varies according to individual supervisor), books, travel to workshops, the Residential Week, and personal monthly spiritual direction.

There are a limited number of places available each year for overseas applicants.

SGM has a 'Donor Sponsorship Fund' from donations generously given by individuals specifically to assist NZ resident programme participants who face financial hardship with fees or travel costs. Participants may request more information about this at the time of their interview.

Please note that all enquirers are treated individually according to their experience, so if you:

- are interested in helping others grow in their relationship with God
- already have people approaching you to talk about their spiritual life
- sense God's invitation to consider this area of ministry
- have been receiving regular spiritual direction for at least twelve months

Contact Fran Francis for an application package:

14 Oruamo Place, Beach Haven, Auckland 0626

Phone: (09) 419 1152 or 027 4817016

Email: fran.francis@sgm.org.nz

or go to the SGM website: www.sgm.org.nz

Closing Date for Applications 20 September 2018.
LATE APPLICATIONS MAY BE CONSIDERED.

SPIRITUAL DIRECTION

Spiritual direction offers quality listening and assistance in hearing God's voice, reflecting on the journey and facing into the movements of grace in our lives.

Each section of the Calendar lists local contacts who can assist you to find a spiritual director.

The **Association of Christian Spiritual Directors** in Aotearoa New Zealand (ACSD) has members in most parts of the country. Enquiries can be made through: www.acsd.org.nz

The SGM Administrator will also be able to help with contacts in your area:
admin@sgm.org.nz (09) 267 5957

RETREATS

While the term "retreat" is sometimes loosely used to include conferences, church camps or business strategy and team-building events, none of those is what we mean by the term! A retreat is a time set aside to be with God. It is a time to lay aside our agenda and many of the normal things that fill our lives and our minds, and to focus more completely on God's agenda for us. It is a time to hear God's word of love. It is a time to experience forgiveness and cleansing. It is a time to hear the Lord's call and to sort out our priorities. It is a time for healing and challenge. It's a time to journey further in "the way".

RETREATS ARE LISTED UNDER THE APPROPRIATE REGION.
REQUESTS FOR INFORMATION AND REGISTRATION SHOULD BE MADE TO THE
CONTACT PERSON LISTED.

ACCESSIBILITY INFORMATION

Where we have received the information we have indicated events that have wheelchair access. This is a guide. People with particular accessibility needs are welcome to enquire with the contact person listed for specific events.

SGM SPECIAL INTEREST PAPERS

A list of selected special interest papers written by participants of SGM's Spiritual Directors Formation Programme is available on our website. New papers are added throughout the year so check the website periodically for the latest details. www.sgm.org.nz

This section of the Calendar publicises events organised both nationally and locally in various parts of the country. For further information and registrations for these events communicate with the local contact person(s) listed for each event. The Area Contacts listed earlier in the Calendar are people to approach if you would like to arrange a short event or retreat in your Church or area, or you wish to enquire about spiritual direction.

NATIONAL EVENTS

March to November –

**WALKING THE MYSTICAL PATH -
CONTEMPORARY MYSTICS SHOW US THE WAY**
Contemplative Living programme undertaken at home.

This is available as an 'at home' programme of resource material for: reading, reflection, spiritual practices, action and includes four spiritual companioning sessions by skype or phone. During the programme we look at five strands of the contemplative path: theology, prayer/meditation, compassion, co-creation and social justice/contemplative action through teachings and practices of contemporary mystics such as Merton, Newell, Bourgeault, Baxter, Rohr, Fox, Doherty, Finley, Aubert, Cowley to name but a few. This is an experiential programme to deepen and support your own knowing of the contemplative Spirit.

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Cost: \$330 for materials and spiritual companioning sessions

Enquiries/registration by 14th March to: Pip (04) 562 6364 or pip.nicholls@xtra.co.nz

REGIONAL EVENTS

NORTHLAND

ST ISAAC'S RETREAT HOUSE OPONONI

197 Waiotemarama Gorge Road,
P.O. Box 93 OPONONI 0445

Phone: (09) 405 8834 Email: stisaacs.wardens@xtra.co.nz

St Isaac's is an ecumenical place of prayer and quiet set among the Hokianga hills. The ancient Prayer of the Church is prayed twice daily. Eucharist is celebrated on Wednesday. There is a well-stocked library, and the extensive grounds include the Stations of the Cross and a bush walk. Accommodation - in self-contained houses - is available through booking with the wardens.

In Northland we have a network of people offering various programmes and events including:

- quiet days using the arts (such as clay, paint, mosaics, collage) as a vehicle to deepen the reflective process
- opportunities to develop contemplative practices such as Christian meditation, centering prayer, chant, lectio divina (sacred reading)
- talks and seminars with input from guest presenters, either live or DVD / audio
- day or weekend retreats
- ad hoc book study groups
- Taizé services are offered at 6pm, first Sunday of each month at Christ Church, Regent

These events tend to be planned and promoted 4-8 weeks prior to commencement and promoted via email networks. To link into the communications network around these people and events, please contact Anne McCracken or Bridie Southall and request that your name be added to the email group for this information.

Area contacts:

Anne McCracken annemc2@outlook.com ph (09) 4381145
Bridie Southall southall@ihug.co.nz ph (09) 4386826

AUCKLAND

OASIS RETREAT CENTRE

206 Albany Heights Rd, Albany. Auckland. Ph. (09) 4159686

www.oasisretreatcentre.org.nz

The rural bush setting of Oasis offers space, quiet, beauty and birdsong for those who come on retreat and for quiet days, study, and planning days. Contact us for costs, availability and facilities. Personal spiritual direction and ministry/work supervision is also offered.

VAUGHAN PARK ANGLICAN RETREAT AND CONFERENCE CENTRE – 1043 Beach Road, Long Bay, Auckland 0630

Vaughan Park is just above Long Bay Beach - a place of rolling hills, crashing waves and soaring gulls. It is an oasis of peace that is open to all people of all backgrounds. Vaughan Park is a place of hospitality, conversation, healing and spiritual encounter. At the heartbeat of Vaughan Park is the beautiful Ruatara chapel that looks out to sea and offers rhythms of daily contemplative worship and prayer. There are opportunities for people and organisations to hire facilities for their own retreats, conference space, planning days or personal time away. Equally, we offer retreats ourselves, spiritual direction, companionship, supervision and workshops. The community of Vaughan Park welcomes you.

www.vaughanpark.org.nz or admin@vaughanpark.org.nz or Ph: (09) 473 2600

PEACEMAKERS CONTEMPLATIVE COMMUNITY AND RETREAT CENTRE

116 Fordyce Road, Parakai, Auckland

Come to a quiet, restful and healing Oasis for time out in the unforced rhythms of grace.

Create your own retreat or have me, Susannah Connolly, assist you.

Five day retreats on request designed for you personally and for your small group.

Spiritual Direction and Supervision is available.

Spiritual Directors - come and create your own retreats for your own groups, at affordable prices.

Phone Susannah Connolly 027 2861264 or email: counselling@safetynet.co.nz

Silent Retreats: Two days/one week available with Susannah Connolly on request, designed together. Come alone, or bring a small group of up to 8.

Five and Seven day silent retreats for SGM participants, directed by Susannah Connolly.

Email: info@peacemakersretreat.org.nz

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SPIRITUAL DIRECTORS NETWORK AUCKLAND

All Spiritual directors, and those in training, are most welcome to be part of this support group which holds meetings throughout the year. A guest speaker is selected for each gathering where there is opportunity for professional development, spiritual refreshment and fellowship with other spiritual directors. Please come and join us!

Refresher Day 2018

Saturday 17 March, 9am – 4pm at the Eden Community Church.

Guest speaker: Andrew Pritchard

Two Evening meetings: 7.15 – 9.15 pm at the Mercy Spirituality Centre:

Wed 23 May and Mon 8 October.

One Saturday morning meeting: 9 – 11.30 am Sat 18 Aug at the Mercy Spirituality Centre.

For further information or to join our email list please contact Jeannie Martin-Blaker
jmartin.blaker@gmail.com Ph: (09) 6293082

Please note our new website: www.sdnetworkauckland.org

PIRINGA DEBRIEFING CENTRE –

is situated in Algies Bay (just out of Warkworth) and provides a residential personal debrief especially for those involved in different ministry/missions/church contexts. We seek to provide a safe place for people to process the events of the past in order to grow emotionally, mentally, physically and spiritually, so they can move forward into the future in more healthy ways. We believe it is God's desire for each individual to experience deeper wholeness in all areas of our lives, this is especially important in times of transition. People come and stay (self-catering) for a week – arriving Sunday evening and leaving mid-day the following Friday. We only have one unit (e.g. single/couple/family) at a time. For more information please go to our website www.piringa.org.nz. Gavin and Michelle McConnell.

THE MERCY SPIRITUALITY CENTRE Te Ngakau Waiora

104 The Drive, Epsom, Auckland. Ph (09) 638 6238


Within these beautiful grounds we seek to create a place of learning and for deepening relationship with God. This fosters the inner search leading to personal, social and spiritual renewal. We offer retreats, spiritual direction and companionship, and workshops on spirituality and prayer as well as facilities for hire and accommodation.

Events (next two pages) are correct at the time of going to print, but changes are possible.

For more details: www.mercyspiritualitycentre.org.nz

Contact: info@mercyspiritualitycentre.org.nz or phone 09 638 6238

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MERCY SPIRITUALITY CENTRE			<i>Booking essential</i>	
Event	Speaker/Facilitator	Description	Date	
6-day Guided Retreats	Anne Warren chf Pip Nicholls Cathryn Wiles-Pickard rsm	Individually directed, residential and, to aid your prayer and personal reflections, they are made in silence.	15-21 April 9-15 Sept 4-10 Nov	
Guided Retreats 3-4 days	Christina Cathro rndm Pip Nicholls Fr Mark Chamberlain Christina Cathro rndm	3 x ½ days 10am-1pm incl. lunch 5pm start 7pm start 3 x ½ days 10am-1pm incl. lunch	20-22 March 30 Jun-4 Jul 12-16 Aug 11-13 Dec	
Retreat Days & Weekends	Trio A Due Rev Iain Gow and others Joan Rosier-Jones Pip Nicholls Pip Nicholls Jenny Bell Cathryn Wiles-Pickard rsm Mary Betz Fran Francis & Kris Telfer Joy Cowley	The Healing Power of Singing Venue: St Marys, Ponsonby Interfaith Event Writers' Weekend Workshop Wisdom needs no scapegoat (1) Wisdom needs no scapegoat (2) Connectedness... Christian Adult Resilience Meditation Nurturing our contemplative selves Air. Water. Fire. Stone. A day inspired by John O 'Donohues <i>The Four Elements: Reflection on Nature</i> God is All There Is	24 February 14 July 25-27 May 30 June 9 September 13 October 22 September 3 November 28 April 24 November	
Dreamwork	Margaret Bowater	Introduction to Dreamwork 101 Dreamwork Refresher (3hrs) 202 Death and Grief & Healing 102 Resolving Nightmares 201 Introduction to Dreamwork 101 Visionary & Lucid Dreams 103	23-24 Feb 16 Mar, 27 July, 7 Sept or 23 Nov 20-21 April 30 June 24-25 August 3 November	
Meditation	Cathryn Wiles-Pickard rsm	Intro to Christian Meditation (101) Journey & Fruits of Christian Meditation (102) Meditation Day	21 April 7 July 22 September	

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Ignatian Spirituality	Fr Mark Chamberlain Kevin & Lyn Gallagher Laetitia Puthenpadath	Residential 4-day retreat see above Talk 1: 10am-12 noon & Talk 2: 7-9pm Finding God in All Things – Ignatian Ignatian Retreat in Daily Live (Thurs’)	12-16 Aug 14 Aug & 15 Aug 29/30 Sept 4 Oct - 25 Oct
Enneagram	Marie Corbett Marie Corbett Bruce Drysdale	Enneagram Unit 1 Enneagram Unit 2 The Enneagram Spiritual Life Prayer	4-6 May 9 June 21 July
Morning Series 10am-12noon	Trinity Cultural Diversity Social Justice Ecology	Helen Bergin op Te Ao Maori (7-9pm), Deaf Culture, Korean, Interfaith (7-9pm) & Tongan (7-9pm) Mary Betz, Bridget Crisp rsm, Lyn Smith & Susan Healy Mary Betz and Bridget Crisp rsm	10, 17 & 24 May 27 Feb, 2 May, 4 Oct, 26 Jun & 27 Sept 28 Jun, 5, 12 & 19 Jul 10 & 12 April
Muffin Meetings 10am-12noon	Various	Two hours of spiritual refreshment on various topics, mornings and evenings throughout the year.	See our website
Enneagram	Marie Corbett Marie Corbett Bruce Drysdale	Enneagram Unit 1 Enneagram Unit 2 The Enneagram and the Spiritual Life	4-6 May 9 June 21 July
Evening 7-9pm	Fr Stuart Sellar Fr Neil Darragh Susan Healy Helen Bergin op	St Johns Gospel series (revisited) x5 talks The Laudato Si Pledge Treaty of Waitangi Advent is alive ... Presence of the Holy Spirit	22 Feb-22 Mar 22 May & 11 Oct 15 & 22 June 27 Nov, 4 & 11 Dec
For more details www.mercyspiritualitycentre.org.nz Contact info@mercyspiritualitycentre.org.nz			

*For a full description of events, see the Mercy Centre Programme.
Booking is essential for all events at the Mercy Centre.*

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Feb 14 LABYRINTH MEDITATION

You are invited to discover the Labyrinth in Mt Eden at Eden Community Church Prayer Garden, and participate in a labyrinth journey through 7 seasons of the Christian calendar. You are warmly welcome to use this inner city Labyrinth at any time for your personal prayer journey.

The first of the 7 seasons is Lent - The journey towards Easter

Date & Time: 6pm Wednesday February 14

Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden.

Enter from Carpark on Alderley Road.

Cost: \$5.00 Led by: Katherine Opie

For further information or to register: richkath.opie@gmail.com

Mar 10 THE INNER CLOISTER GARDEN

The cloister garden is an enclosed, contemplative space within a monastery. The writer, Esther de Waal, describes this space as a metaphor for the innermost self. Join us for a quiet day to discover this inner garden... to create contemplative space in our lives, so that we might live more mindfully with the rhythms of the day.

Please bring pen and paper or journal.

It is vital to see the cloister space in my own self

as the pivot around which daily life revolves. ~ Esther de Waal

Facilitator: Jenny Johnson

Venue: Vaughan Park Anglican Retreat Centre

1043 Beach Rd, Long Bay, Auckland 0630 www.vaughanpark.org.nz

Time: 9.30am – 4pm, Saturday 10 March

Cost: \$60 (includes retreat and catering)

Registrations: Vaughan Park (09) 4732600 or email admin@vaughanpark.org.nz

Mar 17 SPIRITUAL DIRECTORS' SUPPORT GROUP REFRESHER DAY

Don't miss this popular annual event offered by the Auckland Spiritual Directors' Network. Spiritual Directors, and those in training, from **all regions** are welcome to this day of professional development, spiritual refreshment, and general good times with people we don't see nearly enough of.

Speaker: Andrew Pritchard

Date: 9.00am – 3.15pm Saturday, 17 March

Cost: \$30 Bring your own lunch. Tea and coffee provided.

Venue: Eden Community Church - Cnr 74 View Rd and Alderley Rd, Mt Eden, Auckland (car park entry on Alderley Road).

For more information and registration contact -

Jeannie Martin Blaker Email: jmartin.blaker@gmail.com Ph: (09) 6293082

or Jo Garton: jogeo@pl.net Ph (09) 2675957

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- Mar 25-30 JOURNEY THROUGH HOLY WEEK - Meadowbank**
Take some quiet time for prayer and reflection in the week leading up to Easter. Interactive reflective spaces. Open daily, St Chad's Anglican Church Meadowbank. For opening times and more information see www.stchads.org.nz, 38 St Johns Road, Meadowbank, Auckland, (09) 521 5013 or Marion Baker marion@stchads.org.nz.
- Mar 29 MAUNDY THURSDAY LABYRINTH MEDITATION**
Date & Time: 6:30pm Thursday 29 March
Venue: Eden Community Church Prayer Garden - Cnr Alderley Road and 74 View Road, Mt Eden. Enter from carpark.
Cost: \$5.00 Led by: Katherine Opie
For more information or to register: richkath.opie@gmail.com
- Apr 1 RESURRECTION SUNDAY SUNRISE LABYRINTH MEDITATION**
Join with the women and their journey to the tomb at sunrise. Sense the movement from dark to light.
Date & Time: 6am (daylight saving has ended) Sunday 1st April
Venue: Eden Community Church Prayer Garden. – Cnr. Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.
Cost: \$5.00 Led by: Katherine Opie
For more information or to register: richkath.opie@gmail.com
- Apr 10 EXPLORING ECOLOGY AND ECO-SPIRITUALITY**
What is ecology? What does it look like in Aotearoa and around the planet? What is our role in protecting it? How is ecology linked with spirituality? This session will remind us of the connectedness of all creation, and our role as kaitiaki (guardians). We will reflect on our own spiritualities in light of the thought of spiritual writers, eco-theologians and Laudato Si! (NB. This is part of a series of workshops on Ecology held at the Mercy Spirituality Centre.)
Presenter: Mary Betz
Date: 10am – 12 noon Tuesday, 10 April
Venue: Mercy Spirituality Centre www.mercyspiritualitycentre.org.nz
Fee \$15 including morning tea

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- Apr 28 Air. Water. Fire. Stone.**
An “elemental” retreat day inspired by John O'Donoghue's *The Four Elements: Reflections on Nature* developed and led by Fran Francis and Kris Telfer of Solace Spiritual Direction. In the peaceful space of Te Ngakau Waiora we'll work creatively with each of the elements as a doorway to and source of deep connection with God. All creative materials and resources are included as is lunch - but bring your own stone! You'll find one over summer if you don't have one already.
Date/time: Sat 28 April 9.30am-4.00pm
Bookings through the Mercy Centre. Cost: See Mercy Centre in this publication.
- May 5 THROUGH JULIAN'S WINDOWS: Living a Balanced Life**
The three windows of St Julian's anchorhold in 13th Century Norwich opened in three very different directions; to the church, to others and to her personal space. In 21st Century Auckland Julian's windows still offer us a view into the balance of our relationships with God, others and our own needs. Take a peek through Julian's windows into your life on this day retreat inspired by Julian and Elizabeth Ruth Obbard's (ODC) book *Through Julian's Windows: Growing into wholeness with Julian of Norwich*.
Created and led by Fran Francis and Kris Telfer of Solace Spiritual Direction.
Date: Sat May 5, 9.30am-4.00pm Bookings through Vaughan Park. Cost and info see <http://www.vaughanpark.org.nz> 2018 programme or www.solace.org.nz
- May 12 ONE DAY GOD'S SPACE RETREAT – Long Bay (Wheelchair access)**
9.00am – 5.00pm Saturday 12th May 2018.
Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.
Cost: \$40 (includes lunch) Contact Marion Baker, St Chad's Anglican Church, Meadowbank (09) 521 5013. Email: marion@stchads.org.nz.
- May 13 ASCENSION SUNDAY LABYRINTH MEDITATION**
“He was taken up before their very eyes”...40 days after the Resurrection Jesus was taken into Heaven. Walk the Labyrinth with those followers and enter into the wonder.
Date & Time: 2pm Sunday 13 May
Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.
Cost: \$5.00 Led by: Katherine Opie
For more information or to register: richkath.opie@gmail.com

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May 20 PENTECOST SUNDAY LABYRINTH MEDITATION

On the 50th day after Easter we celebrate the gift of the Holy Spirit to the disciples of Jesus. Walk the Labyrinth on the Pentecost journey and discover your own flame lit by the Spirit to light your path.

Date & Time: 2pm Sunday 20 May

Venue: Eden Community Church Prayer Garden – Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost; \$5.00 Led by: Katherine Opie

For more information or to register: richkath.opie@gmail.com

Jun 22-24 Mid-Winter Men deepening into second half of life spirituality.

Using The Way of Council (www.centerforcouncil.org) and various contemplative practices as a way of deepening and maturing our individual and corporate connectedness with the Divine Indwelling Spirit. Further information available on the Peacemakers Retreat website: www.peacemakersretreat.org.nz. Email info@peacemakersretreat.org.nz or phone Andrew 0272826305 to request a registration form.

Friday 22nd June 7pm to Sunday 24th June 4pm. Limited to 12 participants, \$245.00pp Includes accommodation and meals. BYO linen and towels.

Jun 28 EXPLORING SOCIAL JUSTICE: PEOPLE WHO MADE A DIFFERENCE

What is social justice and why is it core to our Christianity? How can we who sometimes feel overwhelmed, afraid and powerless take up this call ourselves? We will look at women and men who have gone before us, in Aotearoa and around the world, who have gifted us with a legacy of commitment, prophetic action, strength and courage to make a difference in our own time and place. (NB. This is part of a series of workshops on Social Justice held at the Mercy Spirituality Centre.)

Presenter: Mary Betz

Date: 10am-12 noon Thursday, 28 June 2018

Venue: Mercy Spirituality Centre www.mercyspiritualitycentre.org.nz

Fee \$15 including morning tea.

Jun 30 WISDOM NEEDS NO SCAPEGOAT

In the western religious tradition, the body has frequently been made a scapegoat for the sense of separation and alienation. At times within all contemplative traditions, East and West the thinking mind has been made a scapegoat from which isolation and control arises.

Waking up requires a turning towards and healing these inner divisions. The first retreat day in June will explore this in regards to the body and our feeling selves - the

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second day in September will explore this healing in terms of our intellectual and thinking selves. Each retreat day will stand alone and will naturally flow on to the other day as well.

Facilitator: Pip Nicholls

Date: Saturday 30 June, 10am – 4pm

Enquiries/registration to: The Mercy Centre at info@mercycentreauckland.org.nz or (09) 638 6238

Jun 30 LIKE AN APPLE TO THE TREE... - RESIDENTIAL FOUR DAY RETREAT

-4 Jul To feel connected has many layers and after a one or two day retreat, it can seem as if we're only just beginning to explore them. So, in these FOUR days we'll gently peel back the layers of resistance so we can be connected 'heart to heart'. We will do this through group time, time alone, silence, meditation, lectio divina and a short individual session with Pip.

This intimate retreat is for NINE participants and an existing practise of meditation, Centering prayer or prayer of silence would be helpful but not essential.

Facilitator: Pip Nicholls

Date: Saturday 30 June 5pm to Wednesday 4th July at 2.30pm

Enquiries/registration to: The Mercy Centre at info@mercycentreauckland.org.nz or (09) 638 6238

Jul 6-8 LIVING ROOM: A walk through the house of my life

Explore the "house" of your own life - how Jesus lives in you in a residential weekend retreat at Vaughan Park, Auckland. You'll make a simple little house, have time to be with God in silence. Rest, pray walk the beach and create! It's time for you. No special artistic talents needed. Personal spiritual direction is available on this retreat. Created and led by experienced retreat directors Fran Francis and Kris Telfer of Solace Spiritual Direction.

Date: Fri 6 - Sun 8 July

Enquire or book your place now: bookings through Vaughan Park. Cost and info see <http://www.vaughanpark.org.nz> 2018 programme or www.solace.org.nz

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

Aug 18 SOULCOLLAGE® PRAYER CARDS

Join us for a quiet day to experience this simple yet profound form of visual prayer adapted from SoulCollage®, an intuitive creative art process. Choosing images that you are drawn to, you will create your own unique collaged cards, and then take time to journal, reflect and dialogue with the images. SoulCollage® is a very simple and enjoyable process and no special artistic ability is required. All materials are provided. Just come along with pen and paper or journal.

"When the soul wishes to experience something, she throws an image of the experience out before her and enters into her own image."

~ Meister Eckhart

Facilitator: Jenny Johnson
Venue: Vaughan Park Anglican Retreat Centre
1043 Beach Rd, Long Bay, Auckland 0630 www.vaughanpark.org.nz
Time: 9.30am – 4.30pm, Saturday 18 August
Cost: \$75 (includes retreat, materials and catering)
Registrations: Vaughan Park (09) 4732600 or email admin@vaughanpark.org.nz

Aug 18-19 TWO DAY GOD'S SPACE RETREAT – Long Bay (Wheelchair access)

9.00am Saturday 18th August – 3.00pm Sunday 19th August 2018.
Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.
Cost: registration \$50 (non-refundable) + \$105. (Cancellation fee \$50 two weeks prior to retreat.) Contact: Marion Baker, St Chad's Anglican Church, Meadowbank (09) 521 5013. Email: marion@stchads.org.nz

Sep 1 CHRISTIAN MEDITATION

Introduction to Meditation in the Christian Tradition
Increasingly, Christians are coming to know God more intimately through the practice of contemplative prayer. Meditation in the Christian tradition is the prayer of silence and listening, the practice of the presence of God, the prayer of the heart. Seminar leader Vincent Maire is a member of the NZ Community for Christian Meditation and works as a hospice spiritual carer. In this seminar he will explain the roots of Christian Meditation, discuss the practice and how the practice of Presence is lived out in daily life. The seminar will include two periods of meditation. Lunch is provided.

Facilitator: Vincent Maire
Date: 9.30 am – 4.00 pm Saturday 1 September
Venue: Vaughan Park: admin@vaughanpark.org.nz or vaughanpark.org.nz
Cost: \$60 includes retreat, teas and lunch
Visit www.christianmeditationnz.org.nz to find out more about Christian meditation and www.vaughanpark.org.nz to book your place. Numbers are limited.

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

Sep 9 WISDOM NEEDS NO SCAPEGOAT

At times within all contemplative traditions, East and West the thinking mind has been made a scapegoat from which isolation and control arises. Waking up requires a turning towards the healing of these inner divisions. This second retreat day (see the 30th June) will explore this healing in terms of our intellect and thinking selves. The day will stand alone and will naturally flow on from the previous retreat day as well.

Facilitator: Pip Nicholls
Date: Saturday 9th September, 10am – 4pm
Enquiries/registration to: The Mercy Centre at info@mercycenterauckland.org.nz or (09) 638 6238

Sep

9 – 15 6-DAY INDIVIDUALLY GUIDED RETREAT

A silent retreat is a welcomed opportunity to take time away from the responsibilities of everyday life so you can regather and refresh yourself, rekindle your relationship with that that means the most to you, and if a transition is approaching, consider it more clearly. There will be space to rest, pray, read, exercise, explore nature, relax and have an hour each day with a spiritual companion. These retreats are made in silence and there is optional Compline each evening.

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz
Venue: Mercy Spirituality Centre, 104 The Drive, Epsom
Enquiries/registration to: The Mercy Centre at info@mercycenterauckland.org.nz or (09) 638 6238

Sep 28 - 30 SACRED PATHWAYS SILENT RETREAT WEEKEND

This weekend retreat is an opportunity to relax, rest, reflect and pray at a beautiful venue overlooking Mission Bay. Spiritual Direction is offered.

Venue: 56 Selwyn Ave, Mission Bay (Wheelchair Access.)
Time: Friday 28 Sept, 6:30 pm (after dinner) to 4 pm Sunday 30 Sept.
Cost: \$225 (Includes \$30 registration.) All linen & meals provided.
Please register by 15th September.

For more information or to register contact:
Audrey Burt (09) 521 0960 email: da.burt@outlook.com
or Marjorie Blaiklock (09) 8173359 or Jo Garton email: jogeff@pl.net

Oct 7-14 SILENT 7-DAY PRIVATE RETREAT FOR SPIRITUAL DIRECTORS – Long Bay

12.00pm Sunday 7th October – 10.00am Sunday 14th October 2018.
Venue: Vaughan Park Anglican Retreat Centre, Long Bay, Auckland.
For more information, please contact Marion Baker, St Chad's Anglican Church, Meadowbank (09)521 5013. Email: marion@stchads.org.nz

Nov 3 RETREAT DAY - Nurturing our contemplative selves

This day will invite us to reflect gently on how our year or, indeed, our lives, have evolved so far. What has made us happiest, what has weighed us down, and what do we hope for our futures?

There will be opportunities for meeting self and God through prayer; wisdom input from spiritual writers; questions for quiet reflection; time for walking, journaling, or artwork, and some spiritual direction if desired.

Facilitator: Mary Betz

Date: 9.30am - 3.30pm , Saturday 3 November 2018

Venue: Mercy Spirituality Centre www.mercyspiritualitycentre.org.nz

Fee: \$45 Please bring your own lunch, tea and coffee provided.

Nov 24 ONE DAY GOD'S SPACE RETREAT – Hillsborough (Wheelchair access)

9.00am – 5.00pm Saturday 24th November 2018.

Venue: St Francis Retreat Centre, Hillsborough, Auckland.

Cost: \$45 (includes lunch.) Contact: Marion Baker, St Chad's Anglican Church, Meadowbank (09) 521 5013. Email: marion@stchads.org.nz.

Dec 2 ADVENT LABYRINTH MEDITATION

A Labyrinth journey at the beginning of the 4 weeks anticipating and preparing for the birth of Jesus and Christmas. An opportunity to pause, slow down the body, mind and spirit in anticipation of the busy southern hemisphere end of year and beginning of summer holidays.

Date & Time: 2pm Sunday 2nd December

Venue: Eden Community Church Prayer Garden- Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost : \$5.00 Led by: Katherine Opie

For more information or to register: richkath.opie@gmail.com

Dec 16 CHRISTMAS LABYRINTH MEDITATION

“For unto us a child is born, unto us a son is given.” Walk towards the miracle of the holy birth and fulfilment of promise. Come and find hope and peace in new beginnings. Pause from the activity of Christmas ‘doings’ to ‘be’ in the wonder.

Date & Time: 2pm Sunday 16 December

Venue: Eden Community Church Prayer Garden. Cnr Alderley Road and 74 View Road, Mt Eden. Enter from Carpark.

Cost \$5.00 Led by: Katherine Opie

For more information or to register email: richkath.opie@gmail.com

WAIKATO REGION

HOUCHEN RETREAT & CONFERENCE CENTRE is a centre for retreats, appropriate community functions and other forums. Set in 5 acres of beautiful gardens (including a Labyrinth), with accommodation all year round.

Address: 83 Houchens Road, Hamilton, 3206.

Phone: 07 8435538

Email: houchen.house@xtra.co.nz

Website: www.houchenhouse.org.nz

Managers: Glyn and Wanda Pemberton

BRIDLE CREEK RETREAT

For those needing some time out with God, Bridle Creek Retreat is a fully self-contained, two bedroom unit attached to our home in a quiet rural location near Raglan. Personalised guided retreats can be arranged to suit individual needs and/or Spiritual Direction provided if desired. Self-catering or with meals provided on request.

Contact: Kathleen Gavin (07) 8258059 or 027 4168515; Email: bkgavin@xtra.co.nz) for further information.

Cost: depends on length of stay and catering requirements.

MORNINGS OF REFLECTION AND PRAYER

Every second Friday of the month starting February.

Facilitator: Jan Sampson

Time: 9:30am - 12pm

Venue: Saint James, 82 Nixon St, Hamilton East

Cost: \$10

You are welcome to bring your lunch to eat together after our morning.

Registration: Jan Sampson (07)8593373 or spiritualdirector3@gmail.com

BAY OF PLENTY

TITOKI CHRISTIAN HEALING CENTRE – A PLACE OF WHOLENESS

Titoki is a place of retreat for people to set aside time with the Lord and for themselves; to rest in the peace-filled environment away from life's pressures.

The centre is situated 10 minutes from Whakatane and is based around a charming homestead set in spacious grounds of mature trees and gardens. There are single and double guestrooms available, some with en suite facilities. An upstairs 2-bedroom apartment in the original building offers a space for those wishing to self-cater.

For further details or bookings, ph (07) 308-6503 or email: info@titoki.org.nz
Website: www.titoki.org.nz

Personal retreats are also available and can be tailor-made in terms of timing and design. Bert Schoneveld is available for spiritual direction during the personal retreats.

Titoki will run themed retreats throughout the 2018 year. Please check their website for details. Website: www.titoki.org.nz

COMPASSIO Services

Gabrielle Daly continues to offer retreats, workshops, spiritual direction, and professional supervision in the wider Waikato and Bay of Plenty.

For all of her activities and for articles, opinions, and blogs that will surely assist all of us to grow in Christ, please regularly read her website <http://www.compassioservices.com> or Phone her 021-112-6804 or email her compassio@xtra.co.nz

Mar THE HEART'S JOURNEY THROUGH THE SEASONS

9-11 A retreat based around Joyce Rupp's writings.

To explore the connection between nature's seasons and our spiritual lives, recognise and affirm where we are on our journey and be refreshed for the path ahead.

Date: 7p.m Friday March 9 - 1 pm Sunday March 11

Venue: Tyburn Monastery, Ngakura, Rotorua.

Cost: \$200

Contact retreat facilitator Margie Upson: margie.upson@gmail.com, 02208789869 for bookings or see www.shalomcounselling.net

Sep DEAR HEART, COME HOME

A retreat based around Joyce Rupp's writings.

To come to a place of rest with mid-life transitions and see what it means to come into a second half of life spirituality.

Led by Linda Parnell and Margie Upson

September, 2018. Dates to be confirmed. This will be a 2 night weekend retreat.

Check Titoki Healing Centre's website www.titoki.org.nz , or phone 07-3086503 for details and bookings.

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

TARANAKI

Spiritual Growth Ministries TARANAKI 2018 [www.sgm.org.nz]

The SGM Taranaki team will be offering a range of contemplative events in 2018 –

- if you would like to be on our emailing list and be advised of these opportunities,
- if you want to arrange for a retreat or quiet day for a group, or
- if you'd like to be put in touch with a spiritual director in your area, please contact

Sue Pickering (06) 758 4952 / 021 450 760 or suepickering@xtra.co.nz

QUIET DAY IN MANAIA

FEBRUARY 24th

The opportunity to spend a time of stillness in the beautiful "Quiet Garden" of Rev David Self.

A Quiet Garden affiliated to the Quiet Garden Trust.

"God and a garden: a Quiet Day in Lent"

This day is structured so that you can come for the morning or the afternoon or the whole day.

Hosted and Facilitated by: Rev David Self and Rev Ailsa Claridge

Venue: Stone House Cottage, 2 Tauhuri St, Manaia

Time: 9.30am until 3pm, Saturday 24th February

Bring your Bible, writing materials, your lunch, outdoor chair, rug or cushion as needed for comfort.

Coffee and tea provided.

To register or for more information please contact Ailsa (06) 7538247 or 021 758247

or email Butterfly.arr@xtra.co.nz

QUIET MORNINGS IN AND AROUND NEW PLYMOUTH

These run from 9am until 12 noon and provide a welcome break from the busyness of daily life. Final details and reminders will be sent through our email lists and church networks:

FEB	17th	Heather Lofthouse	Oakura	'Where to from here?'
MAR	17th	Titia Broekhuizen	St Mary's NP	'The Psalms'
MAY	19th	Sue Pickering	St Mary's NP	'Fan into flame'
JUNE	16th	Richard and Beth West	St Mary's NP	'Like a tree planted by streams...'
AUG	18th	Sue Pickering	St Mary's NP	'Blessings'
SEPT	22nd	Heather Lofthouse	Oakura	'Equinox'
OCT	to be advised			
NOV	17th	Sue Pickering	St Chad's tbc	'Who's coming to dinner?'

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

QUIET MORNINGS IN STRATFORD AND HAWERA

Hosted by the Central and South Taranaki Anglican Ministry Regions, Quiet Mornings will be offered through the year, Please contact Ailsa Claridge: Butterfly.arr@xtra.co.nz for details

RETREAT

Starts **JULY SUNDAY 8th** with dinner at 6.30pm [arrivals from 5.30pm] and ends on **THURSDAY 12th** with lunch.

Theme: 'Opening to God through the practice of contemplative prayer'

Conducted by: Rt Rev Kelvin Wright, recently retired Bishop of Dunedin.

Location: St Mary's Diocesan School, Stratford

This silent retreat will include input from Bishop Kelvin and optional spiritual direction with a local team.

Early registration or expressions of interest are recommended.

Please contact Sue Pickering on suepickering@xtra.co.nz or ph (06) 758 4952 or 021 450 760

Following this retreat a weekly contemplative prayer group will be started if there is sufficient interest.

EAST COAST

For events in Hawkes Bay contact:-

Napier: Val Chapman 9 Bright Crescent, Napier, 4110
Phone (06) 843 8199 Email: valrose@slingshot.co.nz

Gisborne: Cynthia Kearney 12 Victoria St, Gisborne 4010
Phone (06) 868 6378 or 027 2586378 Email: cmkearney@xtra.co.nz

SPIRITUAL DIRECTION and SUPERVISION

One to one: a companion on your spiritual journey to help you explore your relationship with God. Contact Val Chapman (06) 843 8199 Email: valrose@slingshot.co.nz

LABYRINTHS

A Labyrinth in the classical seven-ring design has been created on **Moonwatch Lawn** at Trelinnoe Park, a magnificent private garden off the Napier-Taupo Highway near Te Pohue. The Garden is open all year (\$10 entry charge).

For events involving the labyrinth (eg. Winter Solstice, New Year's Eve, Days of Pilgrimage at Trelinnoe) contact Margaret Gwynn. Phone (06) 835 2122.

A Chartres style Labyrinth is located at Twyford on the outskirts of Hastings. Access for individuals and groups by arrangement. Facilitated events every few months. For information and directions Phone Alison Kerr (06) 879 6160

MANAWATU

AREA CONTACTS:

Feilding	Phone	Email	Cell Phone
Elsa McInnes	(06) 323 9276	elsamcinn@inspire.net.nz	021 0728382

Palmerston North

Ruth Rosser	(06) 350 3055	rrpeace@inspire.net.nz	
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Foxton/Levin

Hannah Rowan	(06) 367 8583	bexandkate@gmail.com	
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MANAWATU SPIRITUAL DIRECTORS SUPPORT GROUP

A spiritual directors support group meets bi-monthly 1pm -3pm generally in Feilding. The group's purpose includes opportunity for collegiality, nourishment, refreshment, peer supervision, meditation, reflection and discussion around an agreed theme and prayer. Spiritual directors and those in training to become spiritual directors are invited to join the group. For further information contact Elsa McInnes: (06) 3239276, or any of the Association members in Feilding, Palmerston North, Levin or Wanganui.

SPIRITUAL DIRECTORS PROFESSIONAL DEVELOPMENT (MANAWATU)

Saturday training days for spiritual directors in the central region are held 2 - 3 times a year generally on Saturday mornings for about 3 hours. Dates are not yet set for 2018, however suggested (not confirmed!) topics for 2018 may include: Reflecting on Patrick Oliver's Enneagram workshops; spiritual conversations in wider life; bookclub-style group re-reading of favourite Spiritual Direction texts; connections between Transactional Analysis and Spiritual Direction: how we relate to God. Presenters also to be confirmed.

If you are interested in being on the email list for information about these training days, please contact Pauline Simonsen on rpsimonsen@inspire.net.nz

LISTENING SPACE

A quiet morning - time to draw aside from our busy worlds and have space for reflection and being attuned to God's invitations to us.

We meet on the 3rd Monday morning of each month from 9.30am until 12.30pm at various venues in Palmerston North and further afield. It is open to all comers, men and women, is non-denominational, and not affiliated to any particular church.

Someone facilitates a short reflection for about 30mins. The next two hours we spend in silence and gather together at 12.00 noon where we have an opportunity to share with each other. Morning tea and reflection resources are provided. A small koha of \$5 helps cover expenses.

For more information contact Bev Marsh: bevlw@inspire.net.nz or Ann Bennett: benedicta@xtra.co.nz

JOSEPHITE RETREAT CENTRE

Mt St Joseph, 14 Hillside Tce, Whanganui (Wheelchair Access)

A full printed programme is available on request or visit www.marymackillop.org.nz

Tending the Soul – Quiet days 2nd Monday of the month from April to September 10am–3pm

Monthly Liturgies – 3rd Sunday of month from February to December 4pm-5pm.

6 Day Guided Retreat – 9 to 15 September

5.30 pm Sunday 9th – midday Saturday 15th September

\$575 Live in.

\$425 Live out. **Registrations are necessary**

Phone (06) 345 5047 Ext 3. Email Pam Hopper: pam.hopper@sosj.org.au

Sacred Pathways Retreat Weekends

27-29 APRIL or 25-27 MAY Two opportunities for a weekend retreat

INVITATIONS

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Dates: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided. Cost: \$200 (\$40 on registration). For more information and to register contact Ruth Rosser email: rrpeace@inspire.co.nz phone: (06)350 3055 or Esmae Goodwin (06)354 8458

Sacred Pathways Retreat Weekends

28-30 SEPTEMBER or 2-4 NOVEMBER Two opportunities for a weekend retreat:

P A T H W A Y S

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge 7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Dates: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.

Cost: \$200 (\$40 on registration) For more information and to register contact Ruth Rosser email: rrpeace@inspire.co.nz phone: (06)350 3055

Or Esmae Goodwin (06)354 8458

KAPITI COAST – WELLINGTON

Any additions to the Greater Wellington region programme will be placed on the SGM website, www.sgm.org.nz or the Wellington SGM website, www.sgmwellington.myurl.co.nz

If you would like to be added to the Wellington SGM database and kept informed of events and any additions to this Programme please contact Terry Alve Email: terry.alve@gmail.com

Facilitators for Quiet Days, Retreats, Group Discernment, and individual Spiritual Direction are available in the Wellington area. Please phone one of the following for more details:

Andrew Pritchard (04) 904 6764; Merle Hiscock (04) 976 4693 or Terry Alve (04) 232 2583

Wellington/Kapiti Coast Labyrinths

There are four labyrinths in the Greater Wellington area that are available for public use.

- The Frederic & Margaret Wallis Labyrinth at Hutt Hospital
<http://www.labyrinthsnz.com/lower-hutt-wellington> A Chartres style labyrinth
- The Johnsonville Labyrinth at Johnsonville Uniting Church, 18 Dr Taylor Terrace, Johnsonville <http://www.juc.org.nz>
- The Labyrinth in Porirua Hospital grounds (Ratonga Rua-o-Porirua Campus), Upper Main Drive, next to the Chapel.
- The Hinemoa Labyrinth in Kathryn and Geethal Fernando's garden 62 Hinemoa St, Paraparaumu.
Phone 027 3487288 (No obligation to ring beforehand. Can just turn up and walk it).
Chartres style labyrinth.

TE UENUKU

Te Uenuku, 408 Mangaone South Road, Reikorangi, Waikanae.

Have you been looking for a place where you can spend a day for quiet reflection? Our 5 hectare property is in a quiet valley flanked by bush covered hills. We have a warm prayer hut together with a renovated woolshed suitable for small groups (up to 10 people). Spiritual direction is available on request. Please ring Jan on 04-2932016.

**SPIRITUAL GROWTH MINISTRIES
2018 CALENDAR**

STILLNESS IN YOUR BUSY DAY

Centering Prayer together

Times: Thursday's 12:30 to 1:00 pm

Venue: St Andrew's on the Terrace

Room location posted each week as you enter

Facilitated by Susan Jones and Diane Gilliam-Weeks 027 4978374

A CONTEMPLATIVE PRAYER GROUP meets monthly on the Kapiti Coast at St Paul's Anglican Church, cnr Kapiti Road and Langdale Avenue.

The meeting is from 7.30 to 8.30 pm on the **second Thursday of each month.**

Contact: Molly King mdking@clear.net.nz Ph: 04 203 3310/ for further details 021 103 6383

LECTIO DIVINA AND TIME FOR SILENCE – Lower Hutt

Jan 30 and the last Tuesday of every month except December.

Venue: St James, Woburn Road, Lower Hutt (wheelchair accessible)

Time: 12noon to 1pm

Pip (04) 562 6364 or pip.nicholls@xtra.co.nz

"A CARING SPACE" A REFLECTION DAY(S) particularly for those who care for a loved one of any age, at home or in a care facility. An opportunity to explore with God the holiness in the daily task of caring for another, to find the joys amid the sorrows. Led by Gill Schaap and Veronica Parton, dates and venues in the Wellington region to be advised.

For more information please contact Veronica vjpdap@gmail.com or 021 238 6675.

Feb 7 DAY SILENT RETREAT

9-16 A seven day, silent, directed retreat in a peaceful rural setting.

Venue: Magnificat Community, South Wairarapa.

See: www.magnificat.org.nz for details of the venue.

Time: Friday 9 Feb at 7.30pm to Friday 16 Feb after lunch.

Cost: \$650 (\$50 non-refundable with registration, balance \$600 on arrival)

We gratefully acknowledge a Grant from the Wallis Trust that reduces the cost to participants for this retreat.

Retreat Team: Jo Anastasiadis, Lew Marsh, Andrew Pritchard, Margaret Smith.

This retreat is already full but a waiting list is available in case there are cancellations, or for advance enquiries about a likely retreat, probably 8-15 February 2019, contact: Andrew Pritchard: pritchard.alp@gmail.com

25 Rongomau Lane, Raumatī South, Paraparaumu 5032. Phone (04) 904 6764

**SPIRITUAL GROWTH MINISTRIES
2018 CALENDAR**

Mar 10 A QUIET DAY FOR DOUBTERS

A gentle day to allow and ponder our doubts.

Date: 10am – 4pm Saturday, March 10

Max 6 participants. \$60

BYO lunch, tea and coffee supplied

Venue: Broadmeadows

Trish McBride 478 6332 mcbride@paradise.net.nz

Mar 16-18 BENEDICT FOR THE BIZARR at Kopua Monastery

It's never a good idea to throw out the baby with the bathwater! It's also a very helpful idea to 'replenish the bathwater' every so often on retreat. The founder of western monasticism, Benedict, had much to teach those who came to join him in the fifth century and he still does to the myriad of us who are seeking the 'silence within our hearts'.

During this retreat we will engage in contemplative practices to open us up to the fresh wisdom of Benedict and to the stillness, silence and spaciousness of the monastic rhythm of the Abbey.

Venue: Kopua Monastery, Southern Star Abbey, Takapau, Southern Hawkes Bay

Dates: 7pm Friday to 2pm Sunday

Full fee: \$220

Participants: There are 8 spaces on the retreat and if you're willing to share a room, 10 spaces.

Facilitator: Pip Nicholls www.thegentleartofknowing.co.nz

Further Information/registration by the 2nd March to: Pip (04) 562 6364 or pip.nicholls@xtra.co.nz

Apr 7 WELCOMING THE INNER CHILD

When: Saturday 7th April, 10am - 3.30pm. Come at 9.30am, for a 10 am start.

Where: Te Uenuku, 408/410 Mangaone South Rd, Reikorangi, Waikanae.

Unfortunately, there is no wheelchair access.

Facilitators: Kathryn Fernando and Judy O'Byrne.

Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."

We will explore this call from Jesus in a creative, reflective and meditative manner.

Cost: \$20 Bring your own lunch, writing materials and journal.

Morning and afternoon tea, drawing materials, and a beautiful rural environment will be provided. Register with Kathryn at: kathryn@kapiti.xyz

Phone no: 04 9022309 or 027 3487288

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

Apr 21 **REVIEWING THE JOURNEY**

A day to ponder our life stages, key events and changing understandings of God and our faith journey.

Date: 10am – 4pm Saturday, April 21

Max 6 participants. \$60

BYO lunch, tea and coffee supplied

Venue: Broadmeadows

Trish McBride 478 6332 mcbride@paradise.net.nz

Sacred Pathways Retreat Weekends

27-29 APRIL or 25-27 MAY Two opportunities for a weekend retreat

INVITATIONS

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge 7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Dates: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided. Cost: \$200 (\$40 on registration). For more information and to register contact Ruth Rosser email: rrpeace@inspire.co.nz phone: (06)350 3055 or Esmee Goodwin (06)354 8458

May **OUT OF SILENCE CAME THE WORD AND THAT WORD 19-20 IS EXPRESSED AS 'OUR' INNER ALIVENESS**

Yes, in 'the beginning was the Word' and the beginning that John was referring to was Silence and the poet Rumi wrote that silence was God's first language. Today physicists tell us that out of formlessness comes all form (energy)... So what is this Silence, this formlessness and how do we open to it? This Silence expresses itself as an Inner Aliveness of compassionate love for the world... To have stillness without movement is an oxymoron. During the retreat we will look at ways of glimpsing silence and then harnessing its fruits to express our Word, our uniqueness and our authenticity for both enjoyment and for the relief of dis-ease in our neighbourhoods and towns. We'll move from spiritual practice to spiritual practical – knowing that it is both/and.

Facilitator: Pip Nicholls

Venue: Home of Compassion Retreat Centre, 2 Rhine St, Island Bay, Wellington

Dates: 10am Saturday 19th May to 3pm Sunday 20th May

Fee: \$175 for residential and \$120 for non-residential. There will be a session after tea on Saturday evening.

Enquiries/registration to: islandbay@compassion.org.nz or (04) 383-7769

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR

Jul 14 **A QUIET DAY WITH JESUS ON AND AROUND LAKE GALILEE**

An opportunity to spend a relaxed day with Jesus and some of His encounters and experiences around Lake Galilee. Much of the day will be for your own time of reflection, with a variety of ways to spend time with Jesus being offered, using both Scripture and creativity. If you are looking for a day of refreshing or simply some space from the usual 'noise' of the week, this day is for you.

Date: Saturday 14 July, 9.30am to 3.30pm

Venue: Home of Compassion, 2 Rhine St, Island Bay

Cost: \$25 includes tea/coffee, please bring your own lunch. If cost is an issue please let me know.

Facilitator: Jo Anastasiadis. Contact Jo: 04 3844991 or mail4jo@xtra.co.nz

Aug 24-28 **TWO AND FOUR DAY DIRECTED RETREATS**

Dates: Friday 24 August - Tuesday 28 August 2018

Venue: Our Lady's Home of Compassion, Island Bay, Wellington.

Up to 15 Places Available.

Two Day Options: (Fri night to Sun night; or Sun afternoon to Tues afternoon)

Four Day Option: (Fri night to Tues afternoon)

Contact: Terry Alve: terry.alve@gmail.com

Further info and registrations: <http://www.sgmwellington.nz/retreats.html>

28-30 SEPTEMBER

or 2-4 NOVEMBER

Two opportunities for a weekend retreat:

SACRED PATHWAYS RETREATS

Enjoy some silence and space for reflection at this silent directed retreat.

Venue: Elm Lodge 7, El Rancho, Waikanae. Comfortable accommodation not far from the river and the ocean.

Dates: 7 pm Friday night (after dinner) to 3.30 pm Sunday afternoon. All meals provided.

Cost: \$200 (\$40 on registration) For more information and to register contact Ruth Rosser email: rrpeace@inspire.co.nz phone: (06)350 3055

Or Esmee Goodwin (06)354 8458

NELSON / TASMAN AREA

SILVAN – 205 Champion Road, Nelson

Silvan is a 10 acre garden/park setting with established trees, several lakes and places to sit and reflect. It may be used for individual or group retreats and days of prayer.

Facilities:

- Summerhouse (indoors) available for up to 9 people, but still intimate for one - overlooks the lake.
- Deck below Summerhouse, on edge of lake. Seating area and Barbeque facilities
- Toilet facilities in garden
- Garden Gazebo: Indoor sitting area for 4
- Table for 8, under trees and bench seats in garden

Accommodation: (self-contained)

- Silvan Cabin: in centre of garden, for a single person, or couple

For all enquiries contact: Rick and Sarah Griffin

sarahgriffin053@gmail.com Cell number: 021 1720310

AREA CONTACT:

Ilene Allan Ph. 03-547-8279 athlene16@gmail.com

CONTEMPLATIVE DAYS ASIDE:

We continue to offer a Day Aside monthly to “Be still and know that I am God.”

These are held on the last Friday of the month from February to November at different venues. We begin at 9.30am. The leader introduces the theme and provides possibilities for the day. We finish at 2.30pm.

All venues have splendid landscapes to enjoy beauty, peace and space in God’s creation and to relax with a listening heart in God’s presence.

Art materials are available.

IT IS IMPORTANT TO REGISTER if you are planning to come. It helps to have an indication of numbers and to confirm the venue, directions and arrange car-pooling if needed. Please bring \$6 and your lunch. Tea, coffee and morning tea are provided.

You may like to bring your Bible, journal and pen, camera, sun hat in summer, bathing suit if you wish to swim at Kina and suitable footwear if you want to walk.

KINA DAYS ASIDE BY THE SEA:

February 23rd; April 27th; June 29th; September 28th; November 30th

Garden Venues:

March 30th; May 25th; August 31st; October 26th

Mid-Winter July:

Home venue with soup lunch provided and celebration with community.

It is proposed to form a group after Easter with those interested in & who have done the Enneagram to further share their experiences. It is not intended to be Enneagram training.

Contact: Susan Ledingham Ph. 03-547-4384 susanroger@xtra.co.nz

CONTACT PEOPLE

Ilene Allan	Stoke	03-547-8279	athlene16@gmail.com
Maria Park	Nelson	03-548-8576	mjparkmaria@gmail.com

SPIRITUAL DIRECTION

Sue Cunningham	Ph. 03-548-6839	sue.spiritualdirection@gmail.com
Karen Moynagh	Ph. 03-544-0551	karen@moynagh.co.nz

BE REFRESHED

A safe and quiet place in a sunny warm home in Stoke with walkways nearby and a park over the road, is an ideal place for women or couples to take a short break (max. 3 nights) for rest and refreshment. Taking ‘time apart’ and resting is an opportunity to be still and know God. A comfortable bedroom, own bathroom& meals catered is offered. Spiritual Direction is available on request.

A reasonable charge can be discussed when making booking.

Contact: Ilene Allan Ph. 03-547-8279 athlene16@gmail.com

CANTERBURY

ROSARY HOUSE SPIRITUAL LIFE CENTRE

Rosary House Spiritual Life Centre is at 22 Gracefield Avenue, Christchurch, close to the centre of Christchurch City. This gracious two-storied house is tucked away in a quiet, tree-lined street. People who come for spiritual direction are provided with a sense of solitude which is consistent with the objectives of the Centre. **Sisters of Mercy**, Mary Catherwood and Anna Clarke provide spiritual direction there and make space available to others who have lost their own spiritual direction venues.

The Centre is also available to people who wish to have a day of prayer and reflection and to individual people who wish to make a personal guided retreat. We are able to provide room space for small group programmes run by ourselves and others, while for bigger groups there is still access to the Mary Potter Community Centre which is a short distance away. A five day non-residential Guided Retreat is provided annually in Spring at Villa Maria College. The Sisters of Mercy are delighted to re-establish this important ministry in a very suitable and stable environment. To find out more or request a copy of the programme ring Rosary House: (03)379 1298 or email roho@xtra.co.nz or see website: www.sistersofmercy.org.nz

TE WAIORA HOUSE - Hororata, Canterbury

Te Waiora House is situated on the outskirts of Hororata, amid spacious grounds and rural surroundings, opposite St John's Church. A modern purpose-built house is available for personal times of rest and refreshment, retreats and group visits. Residential accommodation for up to 10 guests is available (5 twin rooms); day visits are welcome, with a beautiful chapel seating 20 plus attached to the house. Modest fees requested, but subsidies may be available if needed.

Contact: Te Waiora House - (03) 318 0789 Email: tewaiorahouse@xtra.co.nz or visit our website: www.tewaiorahouse.org.nz

STILLPOINT CONTEMPLATIVE PRAYER SERVICE

is offered on the first Tuesday of the month 7.30-8.30pm.
St Barnabas Anglican – corner of Fendalton Rd and Tui St, Fendalton
Contact Diane Brooker Newton 03-3525448 or 027-4311334

SPIRITUAL DIRECTORS NETWORK

Christchurch-based spiritual directors meet regularly throughout the year for mutual encouragement, information and up-skilling. The dates for 2018 are:

9 February, 13 April, 8 June, 10 August, 12 October and 30 November.

Venue to be confirmed

For further information contact:

Margaret Shearing: mshearing30@gmail.com

ST LUKE'S SPIRITUALITY CENTRE, Christchurch

The Anglican parish of St Luke's in the City formed the St Luke's Spirituality Centre to foster and encourage spiritual growth. It is for searchers after spiritual truth and seekers open to a living spirituality. It is for those engaged in various parts of the churches who are looking for spiritual nurture and development; for those on the edge of the church who are looking for a spirituality sufficiently open to the Spirit breathing through their own experience; and for those looking for a way, for spiritual practice.

A variety of programmes is run each year. These include short courses; once a month early evening cafe sessions on aspects of spirituality or life in the city; quiet days and weekend retreats. There is also a Healing Service of Eucharist and Anointing in an atmosphere of quiet and contemplation, on the first Saturday of each month, February to December.

We also offer "Living the Questions" discussion groups for those wanting to explore progressive Christianity and spirituality.

For further information, including current venues, see www.stlukesinthecity.org.nz or to join our email contact list, email: spirit@stlukesinthecity.org.nz Or phone (03) 366 2253

LENTEN RETREAT IN DAILY LIFE

A Lenten Retreat in Daily Life will be held from **24 February to 3 March 2018.**

There will be a gathering on the first Saturday afternoon at Hornby Community Ministries, 23 Manurewa Street, Hei Hei. Each retreatant will commit to a time of prayer each day and also meet each day with an assigned prayer guide. On the second Saturday there will be a morning gathering to celebrate and conclude. Numbers will be limited.

For further information contact:

Margaret Shearing at mshearing30@gmail.com or

Barbara Sampson at barbara.sampson.nz@gmail.com

CONTEMPLATIVE PRAYER DAYS 2018

These are quiet days for reflection and prayer around a theme.

Theme for 2018: 'From the mountains to the sea'

Dates: **10 February, 14 April, 9 June, 11 August, 13 October, 24 November**

Time: 10.00am – 300pm

Location: Hornby Community Ministries, 23 Manurewa Street, Hei Hei, Christchurch.

Wheelchair access. Bring your own lunch and koha.

Contacts:

Trish O'Donnell

trish.willem@paradise.net.nz

Barbara Sampson

barbara.sampson.nz@gmail.com 027 498 6763

Lorraine Jansen

rblajan@xtra.co.nz

QUIET DAYS IN CHRISTCHURCH

Feb 17 KEEPING THE SABBATH WHOLLY: what might this mean for you?

In keeping with our society, too many Christians have forgotten how to rest. And yet, "There is great healing when we get into the rhythm of setting aside every 7th day all our efforts to provide for ourselves and make our way in the world. We learn to let God take care of us."

This is an invitation to explore God's gift and calling to Shabbat – Sabbath Rest and how we can build this calling into our lives. The timing allows you to make this a Lenten project.

WHEN: Saturday 17th February from 9.30 – 3.00.

WHERE: St Silas Anglican Church, Cnr Tuckers and Main North Roads, Redwood. Registration and queries to Rev'd Glenda Hicks; gmhicks@snap.net.nz; or 0277114166.

BYO lunch. Hot drinks provided. Suggested koha: \$10.00

Oct 13 "EXPLORING RETIREMENT WITH GOD": A Retreat Day

An opportunity to reflect prayerfully on key questions for "retirement" years, and to explore important spiritual tasks for later in life. Suitable for anyone, though particularly those who are contemplating or have recently moved into 'retirement'.

WHEN: Saturday October 13th from 9.30 – 3.00.

WHERE: St Silas Anglican Church, Cnr Tuckers and Main North Roads, Redwood. Registration and queries to Rev'd Glenda Hicks; gmhicks@snap.net.nz; or 0277114166.

BYO lunch. Hot drinks provided. Suggested koha: \$10.00

OTAGO / SOUTHLAND

Area contact:

Mary Hepburn 03 9748807, 027 35087915 maryhrsm@gmail.com

QUIET DAYS

Take time apart with God in the lovely environment of St Margaret's Anglican Church and Retreat Centre in Brighton. This quiet day is yours ...

Friday, March 23, 10.00-4pm

Friday, April 27, 10.00-4pm

Friday, June 22, 10.00-3pm

Friday, July 28, 10-3pm

Friday, August 24, 10-3pm

Friday, September 28, 10 – 4pm

Friday, October 26, 10-4pm

Use the time and facilities as best works for you. Bring your own lunch. Some art materials and reflections will be available. If you need help at any time please seek the person leading the day. Koha appreciated.

Please let Maureen know before the day if you will be coming.

Maureen at 021 1071 401 or 03 4560573 or maugernz@gmail.com

GUIDED RETREAT DAYS

At St Margaret's in Brighton. Quiet reflection days based round special times of the Church year.

Saturday, February 17, 10-4pm. Lent.

Saturday, May 19, 10-4pm. Pentecost.

Saturday, Dec 3, 10-4pm, Advent

Contact Maureen Harley at 021 1071 401 or 03 456 0573027 3508915 or 03 9748807 or maryhrsm@gmail.com

Koha appreciated.

MEDITATION

You are welcome to join us for silent Meditation on Wednesdays 5.30-6pm, at 17a McBride Street, South Dunedin.

Contact Mary Hepburn rsm – 027 3508915 or 03 9748807 or maryhrsm@gmail.com

OTHER QUIET DAYS, RETREATS, RETREAT IN DAILY LIFE:

May be held in Otago / Southland during 2018.

You may want to have an event near where you live – talking together can help to make other events happen! Many of us look forward to those times aside from everyday life where we can rest, listen, reflect, and be open to the gift that God longs to share with us.

‘I am with you on the journey, always with you’ – we do not journey alone....

If you are interested in any of these please contact Mary Hepburn: 03 9748807 or 027 3508915 or maryhrsm@gmail.com

MAR 4-9 A 6 DAY SILENT DIRECTED RETREAT -

in the vast open spaces of the Maniatoto.

Venue: En Hakkore, Orangapai (near Ranfurly)

Time: Sunday 4 March 11.00am to Friday 9 March lunchtime.

Cost: \$475

Retreat Team: Kelvin Wright, Mary Hepburn, John Franklin

Registrations and enquiries to Mary Hepburn, maryhrsm@gmail.com, 027 350 8915

STEWART ISLAND

EASTER SEASON Retreat on Stewart Island (for Clergy and pastoral workers)

Monday 9th – Friday 13th April

Stewart Island has many features that make it a great place for a contemplative retreat - memorials and monuments, bush, beaches and birdsong. In fact the Island becomes the vessel that holds the retreat. Following three successful Spring retreats on this special Island, I am moved to offer this opportunity for clergy and other Church workers to receive spiritual refreshment following Easter ministries. Easter themes will be interwoven with the physical features of the environment. (I am an enthusiast, having grown up on the Island).

Spouses are welcome. Numbers are limited so be in quick.

A moderate level of fitness is required for retreatants.

For information please contact: Rev. Glenda Hicks at gmhicks@snap.net.nz; ph 0277114166

A SPRING RETREAT – late September

Stewart Island has many features that make it a great place for a contemplative retreat - memorials and monuments, bush, beaches and birdsong. In fact the Island becomes the vessel that holds the retreat.

Following three successful retreats in the past three years a five-day retreat is being planned for September 2018.

A moderate level of fitness is required for retreatants.

For information about dates, accommodation and costs please contact:

Barbara Sampson at barbara.sampson.nz@gmail.com

or Glenda Hicks at gmhicks@snap.net.nz

SPIRITUAL GROWTH MINISTRIES 2018 CALENDAR
