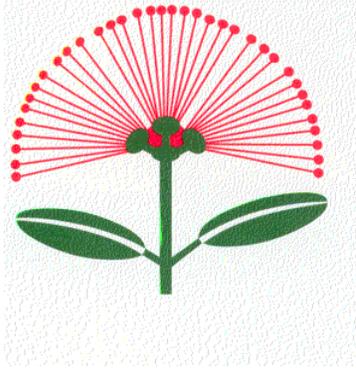


## APPENDIX 1



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From Revd Di Woods

### A survey for spiritual directors in NZ

Dear Director!

I am in my second year of training as a director with SGM, and have chosen as a research topic:  
***The place and nature of spiritual direction for Generation X.***

I am reliant on those who are actually giving direction to Gen Xers to assist me in my research. In addition to your own response, I would be most grateful if you would distribute copies of this to anyone you know who is giving spiritual direction to someone under the age of 38.

*[N.B. Gen X describes people born between 1961-82, and is also a term created and used by the Western world, of their own people. By researching Gen X, I am, therefore, confining the research to this general cultural category.]*

**Please return survey forms to Di Woods, PO Box 327, Tauranga by September 10 1999**

1. **Director's name & contact information** if you're happy to answer further questions, or for clarification: *(the information given is confidential & will not be used for any purpose beyond this research)*

2. **About the director:** (please circle)     male / female

• Your age?             a. under 35

   b. 35-60

   c. over 60

• For how long have you been directing?             a. less than 2 yrs

   b. 2-10 yrs

   c. over 10 yrs

• Are you a trained director, and if so, what training have you had? \_\_\_\_\_

• How many direction sessions have you given to Gen Xers?  
*An approximate answer...*

   a. up to 15

   b. 15-40

   c. over 40

• How many Gen X directees have you ever directed? \_\_\_\_\_

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### 3. About directing Gen X: (feel free to give one-word answers or fuller explanations)

• Do you find it harder to give direction to Gen X (than others)? \_\_\_\_\_

• Do you use a different style of direction for Gen Xers? \_\_\_\_\_

If so, what are the key differences? \_\_\_\_\_

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• Do you believe that Gen Xers understand "spiritual direction" differently to older people? \_\_\_\_\_

If so, what are the key differences? \_\_\_\_\_

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• Have you ever decided to terminate a direction relationship due, in some part, to the directee being Gen X? *(If so, please comment further in the box below)* \_\_\_\_\_

• Do you feel adequately equipped / trained to be directing Gen X? \_\_\_\_\_

• Spiritual direction has tended to be something people embark on in their 40s or later. Do you believe that Gen X is simply the latest "younger generation" who will look for spiritual direction when they reach their 40s? *(May I suggest you read the next question before answering!)* \_\_\_\_\_

• Or is there something different about this particular generation of people that means they will search out spiritual direction at a younger age than people have in the past? If you suspect this, why? \_\_\_\_\_

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### 4. What insights do you have into the place and nature of spiritual direction for Gen X?

Any further comments?

**Please return survey forms to *Di Woods, PO Box 327, Tauranga* by September 10 1999**

Many thanks for the time and consideration you have given in participating in this survey... Dī