Dear Director!

I am in my second year of training as a director with SGM, and have chosen as a research topic: *The place and nature of spiritual direction for Generation X.*

I am reliant on those who are actually giving direction to Gen Xers to assist me in my research. In addition to your own response, I would be most grateful if you would distribute copies of this to anyone you know who is giving spiritual direction to someone under the age of 38.

[N.B. Gen X describes people born between 1961-82, and is also a term created and used by the Western world, of their own people. By researching Gen X, I am, therefore, confining the research to this general cultural category.]

Please return survey forms to Di Woods, PO Box 327, Tauranga by September 10 1999

1. **Director’s name & contact information** if you’re happy to answer further questions, or for clarification: (the information given is confidential & will not be used for any purpose beyond this research)

2. **About the director:** (please circle)
   - **male / female**
   - Your age?  
     a. under 35
     b. 35-60
     c. over 60
   - For how long have you been directing?  
     a. less than 2 yrs
     b. 2-10 yrs
     c. over 10 yrs
   - Are you a trained director, and if so, what training have you had?  
     __________________________
   - How many direction sessions have you given to Gen Xers?  
     *An approximate answer…*
     a. up to 15
     b. 15-40
     c. over 40
   - How many Gen X directees have you ever directed?  
     ______
APPENDIX 1

3. About directing Gen X: (feel free to give one-word answers or fuller explanations)
   - Do you find it harder to give direction to Gen X (than others)? __________________________
   - Do you use a different style of direction for Gen Xers? _______________________________
     If so, what are the key differences? ____________________________________________
     __________________________________________________________________________
   - Do you believe that Gen Xers understand “spiritual direction” differently to older people? ____
     If so, what are the key differences? ___________________________________________
     __________________________________________________________________________
   - Have you ever decided to terminate a direction relationship due, in some part, to the directee
     being Gen X? (If so, please comment further in the box below) ______________________
   - Do you feel adequately equipped / trained to be directing Gen X? ________________
   - Spiritual direction has tended to be something people embark on in their 40s or later.
     Do you believe that Gen X is simply the latest “younger generation” who will look for spiritual
     direction when they reach their 40s? (May I suggest you read the next question before answering!)
     __________________________________________________________________________
   - Or is there something different about this particular generation of people that means they will
     search out spiritual direction at a younger age than people have in the past? If you suspect
     this, why?
     __________________________________________________________________________

4. What insights do you have into the place and nature of spiritual direction for Gen X?

Any further comments?

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Many thanks for the time and consideration you have given in participating in this survey... Dî

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