

# RETREAT TRAINING

*Learn how to offer 'Behold'  
retreat experiences for your  
community*

## WHEN

**Sat May 11th, 2019**

**9.30am—4.00pm**

## WHERE

**Mt Pleasant Community Centre, Christchurch**

## COST

**\$100** includes access to online materials, lunch, tea and coffee

## REGISTRATIONS / FURTHER INFO

Please contact Kerryn or Peter Christensen

[pkaj.christensen@gmail.com](mailto:pkaj.christensen@gmail.com)

## PARTICIPANTS

The training is suitable for Spiritual Directors and pastors / clergy wanting to extend their training, as well as anyone keen to offer retreat experiences. You don't need prior experience in running retreats— only personal experience of the Christian contemplative tradition.

## BEHOLD

Behold is an SGM initiative, being developed as a way to share Christian prayer and contemplation with the wider community. People who are spiritually hungry may be drawn to meditation or silent prayer and often turn first to Eastern religions, unaware there is a rich tradition of 'listening' or 'contemplative' prayer within the Christian faith. Behold offers an accessible way to 'taste' the Christian contemplative tradition, through taking part in practical retreat experiences (such as contemplative walking and contemplative photography).

## AT THIS TRAINING

You will experience a Behold event, learn how to facilitate Behold events in your own community, and gain access to online materials to be used in your preparation. There will be time to catch up with old friends, and make new connections. We hope you'll come away inspired and equipped to take this exciting initiative out into your area.

## SGM

Spiritual Growth Ministries is a network of people from diverse Christian traditions and experience who find depth and meaning through the whole Christian heritage of contemplative spirituality.

**[WWW.SGM.ORG.NZ](http://WWW.SGM.ORG.NZ)**